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## Fibromyalgia

### Testimonials:

**LuAnn:** Next week it will be a year since starting the Mangosteen and Minerals. What an amazing year it has been! My health saw a 180 degree turnaround. Going from primarily bedridden to living a life of quality and joy has been amazing! I really liked the Minerals and Mangosteen from the very first dose. I had tried every pill under the sun for my Fibromyalgia, Chronic Fatigue Syndrome and migraine headaches. Some things helped a bit, but never for long. Most things didn't help at all. Even massage, chiropractic care and acupuncture treatments did little to ease my symptoms. I had a dramatic upswing after taking the Mangosteen and Minerals for even a short time! My chronic fatigue was gone! I am no longer sleeping my life away. Living on pain pills for migraines became a thing of the past. Having taken pills two or three times per day has changed to only two or three times per month now. My Fibromyalgia issues have been resolved by about 85%. Some days, one dose of the Mangosteen and Minerals is enough, but I listen to my body and will take another 2 ounces if I feel the need to do so. Another plus is that I have not picked up a cold or flu bug in the past year! The Mangosteen and Minerals really did change my life!

*LuAnn - California*

"For ten years up until nine months ago, I was barely able to function physically in terms of everyday tasks like house cleaning, grocery shopping, walking, sitting, and standing. I had to quit my good full time job. Mentally I was incapable of working due to poor memory, being in a deep fog, exhausted, and the pain was so bad I just wanted to die. I saw doctors, had many tests done, and my Neurologist told me I had Fibromyalgia and Polyneuropathy (many dead nerves). I had numbness in my left toes and the tips of my fingers on my left hand . He said there was no cure, and told me to go home and keep taking the medication I was prescribed. I was on two anti-depressants, plus pain medications Lyrica,Celebrex, Ralivia, Tramadol, and many more (all of which have many horrific side effects). Eleven months ago my son introduced me to the mangosteen and mineral product. I was willing to try anything because the way I was living, was not living at all. I starting to take 2 oz. per day, and after a week I had more energy. After a couple of weeks I decided to take 4 oz. a day. Within the first month I could feel that my pain was subsiding. I stopped taking lyricia, and couple of weeks after that I stopped taking Celebrex and Tramadol because my pain was going away. Now my pain is gone, I feel my toes and fingers, no more numbness or tingling, and without the use of any pain medication! Today I am a whole new different person. I feel 100% better than I did one year ago. I was in the financial industry for 25 years, and the mangosteen and mineral product has given me the health and the financial freedom we all want. I'm back in action and telling everyone about this, "one of kind... amazing antioxidant"! I cannot say enough about this incredible vitamin, mineral and mangosteen supplement. It has literally saved my life."

**Lynette:** "I have had chronic fatigue since the age of 14. The symptoms of fibromyalgia have come and gone through the years, increasing dramatically the last

LIVER
LUPUS
MEMORY ISSUES
MIGRAINE HEADACHES
MITRAL VALVE REGURGITATION
MOLES, TAGS, WARTS
MRSA
MULTIPILE SCLEROSIS
OVERALL GREAT HEALTH RESULTS
P.M.S.
PAIN - DEPRESSION
PERIPHERAL NEUROPATHY
POLYCYSTIC KIDNEY DISEASE
PROSTATE CHALLENGES
PSORIASIS - ECZEMA
RHEUMATOID ARTHRITIS
SEASONAL ALLERGIES
SINUS ISSUES
SJOGRENS DISORDER
SLEEPING DISORDER
TENNIS ELBOW
THYROIDITIS
TMJ
TRIGLYCERIDES
URINARY TRACT INFECTIONS
VIRUS
WEIGHT LOSS

few years. The doctors could find nothing wrong, except to say I now had arthritis too. Taking mangosteen and minerals has been like a miracle in my life. As long as I have this product in my system, I am fine. I have never in my life felt this good."

*Lynette F - California*

**LuAnn:** "Hi, I'm LuAnn from Oceanside, Ca. For the last ten years I have suffered with several problems including fibromyalgia, chronic fatigue syndrome, and of course depression, because of dealing with the above. It really affected my family and how we were doing. I was in bed twenty-two hours a day, sleeping most of that time to try to deal with the pain. My family had to pick up the slack for the things I wasn't able to do. I was introduced to the minerals and mangosteen product and started taking it. Within five days, I started feeling better. I was actually starting to get up out of bed. Each day my symptoms began to subside at an increased rate. In a few weeks, I noticed that the pain I had suffered with for so long was beginning to go away. I just felt good. I took the product for a few months and realized that it made a big difference. Well, unfortunately, I let it run out and was off of it for awhile. The symptoms started to recur. I knew it was the minerals and mangosteen that had made the difference in my life. I so I got back on the program. It has made such a huge difference not only in my health but in the health of my family. I actually have my family back again. We are active. We are doing things together. I'll tell you I don't know what we would do without it. I'm going to be on it forever!"

*LuAnn - California*

**Ken & Debbie:** "Hello, we are Ken and Debbie from a small town in north Alabama called Grant. Both of us have been on the minerals and mangosteen for about nine weeks now and have had unbelievable results for the health problems that we each have. "... About nineteen years ago, Debbie was diagnosed with the debilitating disease, fibromyalgia. This is a disease that affects the muscles and the tissues that surround the joints. The disease causes the muscles and the tissues to stay inflamed constantly. You also suffer from chronic fatigue because of the inability to achieve restful sleep because of the disease. There are also many other side affects from the disease...constant pain, depression, and weight problems just to name a few. For this disease, there is no cure. All of this was multiplied by a car accident that Debbie was involved in on July 8, 2002 when a gentleman t-boned her in the driver's side of her car at a red light. The accident left her with three bulging discs in her neck and other discs bulging down in the center of her back, neuropathy in both feet and both legs! , and carpal tunnel in both hands. Needless to say, Debbie hurt day and night. After being on the minerals and mangosteen Total Nutrition product for six weeks, Debbie became totally pain free with energy that she had not experienced in years! Nineteen years to be exact. It has been a miracle for her."

*Ken & Debbie - Alabama*

**Patricia:** "I was diagnosed with Fibromyalgia in 1980. Actually, I have had aches and pains in legs for my whole life, as far back as I can remember. The Doctors just ended up giving me pain pills. Then I ended up in the emergency room, unconscious for 18 hours, as I had unintentionally took too many pain pills. Thank the Lord that I came out of it or I wouldn't be here to tell this story. I started taking the minerals & mangosteen just two weeks ago. I really didn't think it would do any good because nothing has for the past 25 years, I mean NOTHING!! I couldn't believe it. For the first time, my legs stopped hurting. All along I just needed the Minerals, Vitamins and the Mangosteen. All I can tell you for sure is that my Fibromyalgia is gone!!! Thank you!"

*Patricia*

**Dolores:** "Hi my name is Dolores. I live in Oberlin Ohio. My story is quite complicated. I was diagnosed with high blood pressure in November of 2004. Soon after I became diabetic. I began to have chest pain. After seeing a cardiologist, I found that I had two blocked arteries on the left side of my heart 80% and 70% which were corrected by stints. Before the month was over, I was back in for the third stint. Because of where the blockage was, two months later I had open heart surgery. A year later I was back in having another stint and another stint to make a long story short. I now have nine stints. I have Asthma, Fibromyalgia, sleep apnea, migraine headaches, and I was

experiencing hair loss and very dry skin. Obviously because of all these conditions I suffered with much pain and depression. I was introduced to the mangosteen and minerals from a member of the church. After two weeks on the program I noticed a dramatic change in my life. I notice I was no longer laying in bed to control the pain of the fibromyalgia. My blood pressure was down, my cholesterol was down even though I was not taking the medication as prescribed because I wanted to see for myself if it would work. After my next check up, the cholesterol was down and so was my blood sugar. My hair is growing back and my skin is clearing up. I have more energy, not to mention I am sleeping more restful at night. I no longer have to take naps during the day and I am able to cook dinner on occasion. Thanks to this product my life is more normal. I thank you . "

*Dolores - Ohio*