

# Vemma Works

*Complete Nutrition For the Entire Family!*

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*Tag Archives: increased energy*

## Vemma Boosts Energy Part 1

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## Energy – Vitality

### Testimonials:

Jennifer: “I started taking the minerals & mangosteen a few months ago and it helped me tremendously with overall energy. I have 3 kids and run a business (salon) and also work as a stylist there. My 5 year old always has dark circles under her eyes so I thought I would give it a try with her especially since it was liquid and she could swallow it. She loved the taste and after a few weeks the circles went away. I also give it to my 22 month old and she loves it. She flaps her arms in the morning for it. They both go to the same daycare and lately the whole daycare has been sick, both the kids and the teachers. **They have not gotten sick since they have been taking the minerals & mangosteen.** My 13 year old also takes it and it helps her with energy as she plays on a fast-pitch softball team that travels. I think it's great for adults but also great for children because they can swallow it and it's actually nutritious. Children's vitamins these days are just glorified candy. So, that's my testimonial about the minerals & mangosteen, me and my children will keep taking it!!”

*Jennifer*

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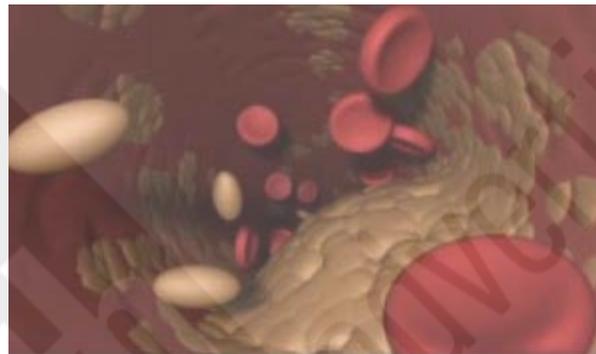
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## High Cholesterol Part 3 and HIV

June 20, 2012 Vemma AIDS related fatigue, Alanine aminotransferase, aspartate, bilirubin, Cholesterol, Creatine, Crestor, energy, fail nap, glucose, hemoglobin, high blood pressure, HIV, increased energy, lactate dehydrogenase, liver damage, Omacor, Tricor, triglycerides, Zetia



Don's Story

"Paul, I got your message asking if I'd share some specifics on my lab results since starting mangosteen and minerals. Feel free to take a look at the following information and share it with anyone who might like to take a look.

When you listen to the Dr. Edwards CD, it mentions that many of the health improvements from taking mangosteen and minerals can be documented by actually lab results. This has definitely been the case with me. I had a complete set of labs done at the National Institute of Health a week before I started taking Mangosteen & Minerals, a second set of labs 3 weeks after starting Mangosteen & Minerals and a

third set of labs last Friday (7 weeks after starting Mangosteen & Minerals).

After looking my labs over last Friday two different physicians at NIH asked me, “What have you be doing differently the last six weeks?” Both of them were shocked at the improvement in my labs. Here’s some of the changes since I started Mangosteen & Minerals:

The first thing I noticed ... and the change I’m most thrilled about ... is I’ve had a very noticeable increase in my energy level. Ever since I had pneumonia in 1995, I’ve suffer from AIDS related fatigue. I’ve felt like someone “unplugged” me about 2-3pm, and I’ve needed a nap almost daily. Within 10 days of starting Mangosteen & Minerals, I noticed I wasn’t running out of steam mid-afternoon, and I haven’t had a nap in 6 weeks.

Here’s a few of the changes in my labs:

My triglycerides have gone from 292 down to 201 My HDL (good cholesterol) is up from 25 to 42 .... a Huge improvement My cholesterol is down from 234 to 217.

Note: Two weeks before starting Mangosteen & Minerals, my Lipid Physician took me off Crestor and Tricor because my liver was definitely suffering overkill from processing both those drugs in addition to all my HIV meds ... He left me on Omacor (prescription fish oil) and Zetia. He told me to expect an increase in my cholesterol and triglycerides since I was stopping Crestor and Tricor. However, instead of going up, both actually decreased after I started mangosteen and minerals.

My hemoglobin is up from 11.4 to 13.1 My Creatine level is down from 827 to 257 Glucose down from 105 to 99 My Blood Pressure is down 10-15 points Alanine Aminotransferase down from 171 to 94 Bilirubin Total down from 1.5 to .9 Bilirubin Direct down from .3 to .2 Aspartate down from 157 to 66 Lactate Dehydrogenase down from 234 to 186.

I’m in two different studies at NIH and the newest one is a study at dealing with liver damage suffered by most people who have been on HIV meds for a number of years. My liver function tests have been significantly higher than normal for several years. Since starting mangosteen and minerals, there has been significant improvements in almost all my liver function labs ... most of my liver function tests went from being in the “High” into the “Normal” range.

These are only some of my lab results from NIH. Glancing at the complete list of results it’s clear that there is distinct improvement in many areas and at least minor



*Let's Get This  
Partea Started!*

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