

# TESTIMONIALS

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## ACID REFLUX

▶ I reluctantly started taking **MANGOSTEEN AND MINERALS** and didn't expect much from it. After 3 days my acid reflux was gone and after 7 days, I couldn't feel an ulcer which had been so painful for over a year. I was very happy but when I stopped to realize that I had not had a headache for a week I was thrilled. I had been taking 2 to 6 aspirin a day for as long as I could remember.

I've been on this amazing liquid nutrition for 5 weeks and I want to tell everyone I know! I'm busy educating my children and grandchildren about good nutrition and I'm reminding them to take their **MANGOSTEEN AND MINERALS** every single day!

**Mary Friedrichs –Tuscon, Arizona**

## ADD/ADHD

▶ “My 8 year old son was diagnosed with ADHD 2 years ago. Teachers have complained about him fighting with other kids, and not paying attention in school. His grades were C's, D's, and F's. His mother and I are divorced, so I only see him on weekends. I started giving him a shot of **MANGOSTEEN & MINERALS** on Saturdays and Sunday before he went home to his mother. His teachers started noticing that he was always fine on Mondays, but then would go back to his old habits on Tuesdays. I told my ex-wife about **MANGOSTEEN & MINERALS** and she started getting it for our son to take everyday. Now his grades are A's and B's and he's nice to other kids. His teachers can't believe the change in him! He's a normal kid again.”

**John - Hartford, CT**

## ACID REFLUX/HEARTBURN/GERD

▶ My name is Pat Robnett. I am 63 years old and work full time managing an antique store. I am very thankful for what **MANGOSTEEN AND MINERALS** have done for my health. I was introduced to **MANGOSTEEN AND MINERALS** by my husband who had attended a local meeting while I was out of town. The information interested me enough to attend one of the meetings when I returned. I ordered the product that week and have been taking one shot per day for the past three weeks. I was surprised to see results so quickly. A few years ago I was diagnosed with GERD or acid reflux. My doctor prescribed medication, which helped in the beginning, but only if I used bottles of Tums each day with the medicine. Even then the acid reflux never really went away. Sometimes depending on what I ate the acid reflux would be really bad, especially at bed time. I had learned to live with it. I am very excited to say that after only the first three days on **MANGOSTEEN AND MINERALS** my acid reflux went away. Within weeks I noticed that my skin was softer and the red bumps that I had on the back of my arms for years have disappeared. In the mornings I used to have sinus drainage, which also has gone away. I now have more energy and feel better than I have in years.”

**Pat Robnett - Hermann, Missouri**

▶ For more than 10 years I would often awake with heartburn in the middle of the night. Since using **MANGOSTEEN AND MINERALS** Nutrition Program my heart burn is completely gone. I have not experienced heart burn at all since I began this program 3 months ago.

**Gary Buckler - Hermann, MO**

▶ “My name is Candy Krull. I have had acid reflux disease for about 5 years now and in the past year it would flare ups so bad that I would have to get out of bed and sleep upright in a chair. I also have the usual sinus problems with the changing of the seasons; sinus drainage, sore throat, nasal congestion, etc. Since being introduced to **MANGOSTEEN AND MINERALS** the beginning of September, I started drinking one shopt a day and I have not experienced any of the symptoms associated with the acid reflux or had any problems with my sinuses. I keep waiting for the symptoms to start because like any normal person would think “It just can't be the **MANGOSTEEN AND MINERALS**, that's just too simple!” But is is and I'm so thankful for it!. I am

not good at remembering to take vitamins, but certainly remember to drink my **MANGOSTEEN AND MINERALS** in the morning because it taste so good and makes me feel good all day long. My kids love it too!" **Candy Krull - Hermann, Missouri -- Greg.**[151@centruytel.net](mailto:151@centruytel.net)

▶ I have a very hyper acidic stomach and have been taking Prilosec for six year (one a day ) and that was the only way I could get any relief from the burning deep inside. After getting on **MANGOSTEEN AND MINERALS** for two weeks I have cut my pills down to one a week and I feel great with the results, plus now I have more energy and a few less pains have left in my body.

I recommend this to all and wish everyone knew about our product. **Ronnie Allen - Springville, Alabama**

## **MANGOSTEEN & MINERALS: Must read story about AIDS/HIV!**

▶ The first thing I noticed ... and the change I'm most thrilled about ... is I've had a **very noticeable increase in my energy level**. Ever since I had pneumonia in 1995, I've suffer from AIDS related fatigue. I've felt like someone "unplugged" me about 2-3pm, and I've needed a nap almost daily. Within 10 days of starting on **MANGOSTEEN & MINERALS** I noticed I wasn't running out of steam mid-afternoon, and I haven't had a nap in 6 weeks. **Here's a few of the changes in my labs:**

**My triglycerides** have gone from 292 down to 201

**My HDL** (good cholesterol) is up from 25 to 42.... A Huge improvement

**My cholesterol** is down from 234 to 217

Note: Two weeks before starting **MANGOSTEEN & MINERALS**, my Lipid Physician took me off Crestor and Tricor because my liver was definitely suffering overkill from processing both those drugs in addition to all my HIV meds ... He left me on Omacor (prescription fish oil) and Zetia. He told me to expect an increase in my cholesterol and triglycerides since I was stopping Crestor and Tricor. However, instead of going up, both actually decreased after I started **MANGOSTEEN & MINERALS**

**My hemoglobin** is up from 11.4 to 13.1

**My Creatine level** is down from 827 to 257

**Glucose down** from 105 to 99

**My Blood Pressure** is down 10-15 points

Alanine Aminotransferase down from 171 to 94

Bilirubin Total down from 1.5 to .9

Bilirubin Direct down from .3 to .2

**Aspartate down** from 157 to 66

**Lactate Dehydrogenase down** from 234 to 186

I'm in two different studies at NIH and the newest one is a study at dealing with liver damage suffered by most people who have been on HIV meds for a number of years. My liver function tests have been significantly higher than normal for several years. Since starting **MANGOSTEEN & MINERALS**, there have been significant improvements in almost all my liver function labs ... most of my liver function tests went from being in the "High" into the "Normal" range.

These are only some of my lab results from NIH. Glancing at the complete list of results its clear is there is distinct improvement in many areas and at least minor improvement in practically everything tested.

All is can say is, "**HAVE YOU HAD YOUR SHOT OF MANGOSTEEN AND MINERALS TODAY?**"  
**Don :-), DON C**

### **ALLERGIES/Prostate**

▶ “For 5 years I took an antihistamine and decongestant to battle severe allergies. At the time I was unaware of the study that a large percentage of men who have a prolonged use of the antihistamines will suffer prostate problems. Unfortunately, I became one of these men experiencing symptoms at the age of 38. After two surgeries and years of antibiotics, I still suffered from chronic prostatitis (swollen prostate) which in turn caused continuous bladder infections. Inflammation of the prostate was the underlying cause of these recurring symptoms. I took Vioxx and Celebrex until they were withdrawn from the market. I then used 1600 mg. of ibuprofen per day. This helped greatly but caused stomach irritation.

In November of 2004, Ruth and I were introduced to **MANGOSTEEN AND MINERALS** by B.K Boreyko. I have now been on the product for 8 months and have been off all antibiotics and ibuprofen. In addition, I no longer get up 5 to 6 times per night to urinate which allows me better rest. At 43, I am symptom free for the first time in 5 years. For me, **MANGOSTEEN AND MINERALS** has literally changed my life and my health.”

**Jeff Elliot - Normal, Illinois**

▶ Since taking **MANGOSTEEN & MINERALS** I have been able to reduce my allergy medication to every other day. **My knee pain has reduced** to where I almost don't notice it and **no longer take Aleive**. I have not had a migraine since I have been on the product and have had increased energy.

**MANGOSTEEN & MINERALS** has really been key in making me feel great everyday! " . , Todd Dallas , Texas I have been able to reduce my allergy medication to every other day. My knee pain has reduced to where I almost don't notice it and no longer take Aleive. I have not had a migraine since I have been on the product and have had increased energy.

**MANGOSTEEN & MINERALS** has really been key in making me feel great everyday! "

**Todd, Dallas , Texas**

## **ANXIETY AND DEPRESSION UNBELIEVEABLE TESTIMONY**



▶ “I started on the mangosteen & minerals Jan. 2006 to see if it would help my anxiety & depression.

During the first week I noticed I was sleeping through the night instead of tossing and turning. I then realized I actually had energy that lasted all day. My Depression lifted and my feelings of anxiety went away. My doctor cut my Zoloft from 100 mg. to 50 for now and hope to get off it all together soon. \

I had patches of eczema since I was a kid that went away and am done with the white steroid creams. My 9 year old son and I both are off of Nasonex, Albuterol, Advair & Singulair for **asthma & allergies**. He used to have a chronic cough and we both had chronic sinus infections. It has been well over a year since we've been to the Dr. for any of these. Our immune systems are built up and we have not had a cold or flu either!

I used to crave chocolate and salty foods and I rarely do anymore. I lost weight and kept it off for once! I used to get stressed out and now feel I can handle things better and don't have ANY migraines that used to be brought on by stress. I used to see a chiropractor for a patch of arthritis in my mid back and joint pain. I have not been there in over a year and the pain is gone! The pain in my foot called Planters Fachitis is gone as well! It was very very painful!!! I have better concentration and mental clarity with energy to get through the day.

I drink 2 ounces of the juice in the am and 2 after lunch and am feeling like I'm 21 again rather than 41!"

**Mary Dickman, Normal , IL**

## ARTHRITIS/RHEUMATOID ARTHRITIS

▶ “I have been taking the **MANGOSTEEN AND MINERALS** product now for about 8 weeks. After 1 week, my rheumatoid arthritis was so much better in my knees, that I didn’t need to take steps 1 step at a time!”

**Lee Ann – Missouri**

▶ “Hello, we are Ken and Debbie from a small town in north Alabama called Grant. Both of us have been on the **MANGOSTEEN AND MINERALS** for about nine weeks now and have had unbelievable results for the health problems that we each have.”

▶ “...Ken, also, has multiple health problems. Ken has rheumatoid arthritis, ankylosing spondylitis, osteoarthritis, and osteoporosis. These diseases put Ken in a wheelchair 4 years ago. Ken has had 37 surgeries because of these diseases. The ankylosing spondylitis totally fused his neck when he was 38 years old, forced him out of the work force, and put him on total disability. Ken’s daily regimen included 11 different medications. One of those 11 medications included 180 oxycodone pain pills a month to help him to be able to walk around and deal with the horrible pain that he experienced on a daily basis. He was also on a dangerous cancer medication that is being used to help treat rheumatoid arthritis called methotrexate. The methotrexate was a required medication for him to be able to take another arthritis treatment called Remicade. This is an IV that Ken would receive every 6 weeks to help control the pain and stiffness from his arthritic diseases. Ken was also on a blood thinner called Coumadin which is nothing more than rat poison. He had to go every six weeks and have blood drawn because of the high risk of all of these drugs killing his liver and other body organs. Ken started the **MANGOSTEEN AND MINERALS** program about nine weeks ago, and after about two weeks on the program he became totally pain free and drug free.” **Ken and Debbie – Alabama**

## ALLERGIES, ARTHRITIS, EYES, HEADACHE, MIGRAINE, RESTLESS LEG SYNDROME

▶ “Larry & I (Maureen) are taking a new **MANGOSTEEN AND MINERALS** super liquid supplement that is helping so much that I decided to start sharing it with others.

When I started taking it I immediately felt my eye sight improve in my left eye the very next day! I have had rheumatoid arthritis for the last four years. I have taken Embrel shots and Methotrexate for two years. I went into remission and the arthritis disappeared for 6 months after taking a cleanse kit and taking metal magnet. The disease came back and went into my eyes. So, after taking **MANGOSTEEN AND MINERALS** I felt my energy come back, felt my eyes clear, and the swelling in my left ankle went completely away after three months.

I stopped taking Tylenol arthritis 6 times a day after taking **MANGOSTEEN AND MINERALS** for about 6 weeks. I can’t tell you how great it is to not feel pain in my body. The pain would constantly be there 24-7 and move around to different areas.

Larry has restless leg syndrome and felt immediate relief, and was not tossing and turning at night. Because he was sleeping better, I am now sleeping better too. He has not had a single migraine headache in five months of taking **MANGOSTEEN AND MINERALS**. Our allergies have completely gone away this last summer.

**Maureen Benes – Vail, CO.**

▶ “I was taking the following medications; Fosamax for osteoporosis in my legs – 1 pill a week, Methrexate 5 mg – 4 pills at once, one time a week, Folic Acid –1 pill every day for arthritis. None of this was helping me, until I started taking the **MANGOSTEEN AND MINERALS**. I have quit all of the medicines, except for the Fosamax. I initially started **MANGOSTEEN AND MINERALS** in my orange juice once a day and in two

weeks, I could see a lot of difference in the way I felt. All of my pain was just about gone. Every day I started feeling better and I now am not in any pain at all.

My hands were so bad I would close my hands and my fingers would close and lock. I would have to take each hand and pull my fingers open, and they had so much pain I wanted to cry. But now I have taken most of the 4 bottles of the **MANGOSTEEN AND MINERALS** for two months and I am feeling great, no pain at all. Believe me, I know what pain is and I had enough of it, and I am so happy to be pain free so far. I will always take it.” **Mary Vaught – Indiana**

▶ “For years I have had problems with rheumatoid arthritis. For the past few years my finger would lock in a closed position and I would have to use my other hand to pry my finger open. It had gotten so bad that my doctor ordered braces to keep my finger opened. My daughter introduced me to the **MANGOSTEEN AND MINERALS** Nutrition Program and within a few weeks of drinking one shot per day my finger no longer locked up. I am seeing noticeable improvements in my health and the longer I use **MANGOSTEEN AND MINERALS**. A shot per day of the product helps to relieve some of my pain and inflammation associated with the arthritis.” **Norman Lloyd – Hermann, Missouri.**

▶ “Arthritis Much Improved! I’ve experienced better joint mobility and pain relief with **MANGOSTEEN AND MINERALS**. I have been on **MANGOSTEEN AND MINERALS** since March 2005.”

▶ “In July of 2003, I was taken to the hospital with a serious infection in my groin area. Little did I know that this would develop into a long hospital stay. I knew I had Lymphedema in my legs. (Lymphedema is the chronic swelling or feeling of tightness in the arm or hand due to an accumulation of lymphatic fluid in the soft tissue of the arm. The condition occurs when lymph vessels, which normally carry excess fluid out of the limbs and back into central circulation, have had their flow interrupted). I wore support hose every day, not knowing that I had a new infection called Necrotizing fasciitis – a bacterial infection. This bacteria attacks the soft tissue and the fascia, which is a sheath of tissue covering the muscle. Because of this infection, the doctors wanted to amputate my left leg. We would not consent to that, believing that God would make a way to save the leg. After ten surgeries, all my skin was removed from my knee down to the top of my foot. They also cut an area from the inside of my leg (above the knee) about eight by ten inches wide. The doctors left this area open so it could heal from the inside out. By this time it was August of 2005, I still had three open sores on my leg which the doctors have never been able to heal. I am a diabetic and take one pill a day for it. This is why the leg has taken so long to heal.

My sister-in-law Barbara told me about **MANGOSTEEN AND MINERALS**. She knows all that I had been through and advised me to start immediately on the product. She asked me and my husband over to their house after church on Sunday and I agreed. That morning I got up and my arthritis acted up in my good leg. I was in tears but determined to attend church and go to Barb’s house. I had my husband get my cane so I could walk. Throughout the morning the pain remained. After church I really wanted to just go home but said “Let’s go to Barb’s, they’re expecting us.” After we arrived, the first thing they did was to offer us a dose of **MANGOSTEEN AND MINERALS** just to try it out and show us how good it tastes. They did not know how much pain I was really experiencing. After lunch, we had a meeting at their house attended by other friends. After the meeting I stood up and noticed immediately that the pain in my leg was gone! It has not returned since, seeing as we started immediately on the **MANGOSTEEN AND MINERALS** Nutrition Program. By the way, my husband’s arthritis has disappeared also. Since then I have been to the doctor twice and he has noticed that the sores on my leg were starting to heal for the first time. We told him about the **MANGOSTEEN AND MINERALS** Nutrition program and he told me to continue with whatever I was doing. He also wanted to know more about the product and I gave him some printed information. I continually thank God for **MANGOSTEEN AND MINERALS!!!!!!**” **Sally Musgrace – Gerald MO.**

# **ARTHRITIS, CHRONIC BACK PAIN, SPINAL STENOSIS, DIVERTICULITIS, CONSTIPATION, FUNGUS, SCOLIOSIS,!**

► “I hurt myself in my early 20’s and have been suffering with **chronic back pain** for the past 40 years. During those years I developed **spinal stenosis, four degenerative discs; bone on bone with bulging disc** above that and compressed nerves. Then in the past few years, I was informed that I also have **scoliosis**. I didn’t sleep at night due to severe back pain and was always tired. I was taking a lot of pain medications, anti-inflammatory and vitamins, trying everything possible to keep from having surgery. I have had all types of injections for my back, went to chiropractors, had acupuncture and went many times for therapy. Every once in a while I would experience some relief for short periods of time however, nothing was helping.

As the years passed, other things started happening. The tibia tendon in my right ankle fractured due to **arthritis**. I had surgery for that as I didn’t have a choice. I developed **diverticulitis** and **severe constipation**. I feel the constipation was due to all the pain medications I was taking. Over the years I developed a **fungus** on two toenails of both feet and actually lost the nails two times. I tried all kinds of medications and actually used a special kind of polish that was to help, but I did not have the results that I needed. A few years ago I started suffering with severe **degenerative joint disease in my feet** causing my arches to collapse. My knees would lock especially due to the arthritis and I was experiencing a lot of **pain** everywhere. I was still taking anti-inflammatory, pain medications plus many vitamins all the time. When the pain became so great in my knees I went to the doctor and he sent me to therapy. (At that time I was experiencing bone on bone and my kneecaps were actually loose.) The doctor sent me to therapy with the understanding that if the muscles in my knees tightened, I may be a good candidate for injections to replace the cartilage. I was working very hard at the therapy, as again I did not want any surgery. I could not believe all these things were happening and at this point I would have tried anything.

During my therapy time I was introduced to **MANGOSTEEN AND MINERALS**. I started taking the product once a day for two weeks, then twice a day for four weeks. **After a total of six weeks I experienced no pain!** I was so excited and could not believe what was happening! I returned to the doctor for my check up and there was no inflammation in my joints! I now have a feeling of inner wellness and I sleep so well without the pain. I don’t think I will be running any races; however, I am waking up feeling rested and free of pain. I feel very blessed to have been introduced to **MANGOSTEEN AND MINERALS** and to be able to share it with other people who have been experiencing the same or similar problems that I have. I continue to do my exercises on a regular basis as I feel it is very important in my wellness. I also continue taking my regular medications; however, I have cut back on some of the pain pills. I feel **MANGOSTEEN AND MINERALS** is now working with the medication to relieve me of the pain. I have been taking **MANGOSTEEN AND MINERALS** since January 23, 2006. I continue taking one shot a day unless I plan to have a strenuous day, then I take 2 shots. As of this day I have a new lease on life!” **Linda Metcalf – Union, MO**

## **ASTHMA, BLOOD PRESSURE, ENERGY, LYMPHOMA, WEIGHT LOSS.**

### **TAKING MANGOSTEEN AND MINERALS HAS CHANGED MY LIFE!**

► " First, I wish to thank you for all the help you have been to an old man trying to change his life, and that is happening to a degree I would have found impossible 6 weeks ago.

Because of the **MANGOSTEEN AND MINERALS**, the following changes have occurred, both physically and mentally for me.

1. My blood pressure has been reduced from 150/85 to 116/62 resting and 135/75 active within 6 weeks.

2. Lymphomas (fatty skin cysts) I have had for 35 to 40 years are gone or reducing in size dramatically.
3. Necrosis of the bones in my left wrist and my arthritis in general has been reduced 50% or more, as has my medication.
4. Asthma symptoms also down 50% or more, thanks for that!
5. Great energy which has allowed a renewal of a regular exercise program.
6. Urges for fatty foods and carbonated beverages have virtually been eliminated.
7. Desire for alcohol in any form, GONE.
8. 10-15 lb. weight loss, YEAH!
9. A scalp condition which has existed for years is healing.

In other words a soon to be 72 year old, is embarking on a very positive journey with great enthusiasm and energy not felt for many years.

This all could not have happened for any other reason, because taking the **MANGOSTEEN AND MINERALS** is the only change I have made nutritionally.

So, thank you for introducing me to the product. **Dick Erickson – Canyon City, Colorado**

“It’s **amazing the Mangosteen Fruit!** I’m a registered nurse and my sister got me interested in **MANGOSTEEN AND MINERALS** on Thanksgiving this year. Since then, I have lost 15 lbs and I have only used my Albuterol inhaler for my asthma one time ( I normally would use it about 8 times in a normal day. I do take Advair, but am still using it. I have a lot more energy and feel fantastic.

I am planning on putting pictures of my weight loss in future testimonies. Started at 227 and down to 212. I’ve had asthma since I was a baby and to feel this good at age 52 is amazing.” **Jan Grayson – Villa Ridge, Missouri**

## **ATHLETE’S FOOT**

▶ “My athlete’s foot fungus is gone thanks to **MANGOSTEEN AND MINERALS!**”  
**Vonda Rodgers – Bloomington, Illinois**

**We went on Mangosteen with the Minerals after hearing how their absorption is much more efficient.**

## **AUTISM ASSOCIATED ISSUES**

▶ “My daughter's major health issues included constipation & diahhrea, food sensitivities, fevers, circles under eyes, 'foggy' behavior, lack of communication, dairy allergies, mood & irratic behavior problems.

An **Autistic diagnosis** was a bleak prognosis, but after a few weeks she gradually improved to become an increasingly normal child again!

It alleviated Spinal Stenosis, Fibromyalgia & ChronicFatigue challenges immensely!  
**Patricia Banks, BMsc. Cape Coral , Florida**

## BACK PAIN & SKIN DISORDER

▶ “I was introduced to the **MANGOSTEEN AND MINERALS** Nutrition Program by my mother two months ago. I began the program hoping to see some improvement with my lower back pain and relief from the pain shooting down my leg, due to years of back problems. I am very happy to say that my pain has not come back since my first week on the **MANGOSTEEN AND MINERALS**, and studying more on the history of the mangosteen fruit contained in the product.

I learned that for centuries the mangosteen fruit had been successfully used on many types of skin disorders. The very next day after drinking my shot of **MANGOSTEEN AND MINERALS**, I used my finger to collect what was left in the shot glass and I applied it directly to a sore on my wrist. I continued doing this each day and was surprised to see the rapid changes. I have had this sore on my wrist for more than 8 years. I have shown it repeatedly to doctors. At times the sore would get very inflamed and almost resemble a very large wart imbedded under my skin, with a cracked and bleeding opening. All of the many treatments and suggestions from my doctors never worked. On the fourth day of applying **MANGOSTEEN AND MINERALS** I noticed that the sore began to change and in just a few weeks the sore is almost completely gone. I now have all of my family members drinking a shot of **MANGOSTEEN AND MINERALS** each day.”

**Becky Oberg**

## BLOOD PRESSURE

▶ "I overheard a conversation about the **MANGOSTEEN AND MINERALS** while having a cup of coffee at a restaurant in Bloomington, Illinois. It peaked my interest. Gary came over to our home and shared **MANGOSTEEN AND MINERALS** product with me. I love this product & I have the lowest blood pressure in years, feel great, and my PSA level dropped from 4.3 to 1.58. I am 74 years old and have numerous family and friends that could use a product like this!" **Loren - Heyworth, Illinois**

## BLADDER INFECTIONS

▶ “**MANGOSTEEN AND MINERALS** has changed my life since May 16<sup>th</sup>, 2005. Not only have I seen a reduction in my blood sugars but I have noticeable improvement in a foot fungus I have fought for years.

I am most excited about what **MANGOSTEEN AND MINERALS** has done for my chronic prostritus. On May 15<sup>th</sup> my daughter and her husband (Scott and Susan Martin) had us meet with Jeff and Ruth Elliott to hear more about **MANGOSTEEN AND MINERALS** . (Note: Scott and Susan’s blood test results have been featured n the “Take A Shot – Tell Two” News – Issue 3. They have also been speakers on the Worldwide Conference Call in May, 2005). They were very excited to share this amazing product with us.

## CHOLESTEROL

▶ “ I went to my doctor for blood work on 5-12-05. My cholesterol was 242. LDL was 165, HDL was 51. My doctor wanted to give me 20 mg of Lipitor. I refused and said I would take care of it myself. I doubled the dosage of the **MANGOSTEEN AND MINERALS** product to 2 oz. instead of one. I had blood work done again on 9-22-05. I had a follow –up visit with my doctor to discuss the results. My cholesterol went down to 175, LDL wnet down to 112 and HDL went down to 40. My doctor told me whatever I was doing to keep doing it.” **Bob – Pennsylvania**

▶ “The biggest improvement is my cholesterol reading. My triglycerides dropped 84 points and my total cholesterol dropped 13 points in just the 4 weeks I have been on it, when I got my blood tested.” **Lee Ann – Missouri**

▶ “In early 1997 I had quadruple bypass surgery and have seen a cardiologist regularly since then. In March 2005 I had my regular blood work completed as indicated below. My cardiologist felt that several tests were necessary, which led to a heart catheterization. Since I have some heart damage, my cardiologist has placed me on Coreg and Lisinopril to control blood pressure and Lipitor to control cholesterol.

I began using the **MANGOSTEEN AND MINERALS** products June 6, 2005 and the results of my July 1, 2005 blood tests are shown below. Note the improvement in overall cholesterol, LDL, and Triglycerides. My HDL remained the same. On July 8, I met with my cardiologist. He noted my improvement along with an 8 lb. weight-loss, but was concerned that my blood pressure was slightly elevated. (154/78). After providing him with some information about the **MANGOSTEEN AND MINERALS** products, he suggested raising the Coreg and Lisinopril and using the **MANGOSTEEN AND MINERALS** instead of the 40 mg of Lipitor...for 3 months. I thanked him for this plan and will follow-up with new blood tests in early October. I feel like an on-going testimony.

Blood Draw Dates:

March 8, 2005 & July 1, 2005

**Cholesterol 165 to 139 - LDL 110 to 91 - Triglycerides 110 to 74**

**PS. "My cardiologist was skeptical, but interested in the MANGOSTEEN AND MINERALS products. If I continue to improve without the Lipitor, I'll likely get his support. Perhaps he'll even start prescribing and using the product himself." Jim – Indiana**

▶ “I overheard a conversation about **MANGOSTEEN AND MINERALS** while having a cup of coffee at the Paner Restaurant in Bloomington/Normal, Illinois. It peaked my interest. Gary Brady came over to our home and shared the **MANGOSTEEN AND MINERALS** product. I love the product, and have the lowest blood pressure in years, feel great, and my PSA level dropped from 4.3 to 1.58. I jumped on board with the business too! I am 74 years old and have numerous family and friends that could use a product like this!”

**Loren Devore – Heyworth, Illinois**

▶ “I joined the **MANGOSTEEN AND MINERALS** organization and have shared the product with several family members, friends, and acquaintances including Loren Devore. (Testimony above). My mother, Terry Brady has been on blood pressure and cholesterol medication for five years. She was considered to be in the medium to high risk for heart problems. After just 3 weeks of using **MANGOSTEEN AND MINERALS**, her blood pressure was the lowest it has ever been in 5 years. Her cholesterol levels were normal and her medications were reduced by her health care professional.” **Gary Brady – Bloomington, Illinois**

▶ “Ruth Elliott talked me into trying the **MANGOSTEEN AND MINERALS** Pak for some health challenges I have faced for 13 years. As a registered nurse I was skeptical. I chose to try it because of the money back guarantee and the easy to use daily regimen of a single liquid shot. After 5 weeks of using **MANGOSTEEN AND MINERALS** I received the best blood results I have seen in 13 years. My cholesterol went from 275 to 174, LDL went from 160 to 98, and triglycerides went from 318 to 231 and my blood pressure 120/80. **MANGOSTEEN AND MINERALS** was the only change to my routine.” **Marjo Simons – Bloomington, Illinois**

▶ I have suffered from high blood pressure for over 10 years. My blood pressure reading the May before beginning the **MANGOSTEEN AND MINERALS** Nutritional Pack was 180/98. As of June 10<sup>th</sup>, I have been using **MANGOSTEEN AND MINERALS** for exactly 2 weeks. My doctor retested my blood pressure today which registered the best reading I have had in the past 10 years – it was 134/70! I am now a believer and want to tell everyone.” **Judy Blankenship – Decatur, Illinois**

▶ **MANGOSTEEN AND MINERALS** lowered my Total Cholesterol 15% and my LDL 30% in one month!

My cholesterol test of May 5, 2005 showed my total cholesterol at 241 and my LDL at 179. The doctor recommended a prescription to lower my cholesterol but I elected to try lowering it naturally. He said it isn't likely that anyone could lower their total cholesterol by more than 10% with just dietary changes.

I started taking **MANGOSTEEN AND MINERALS** on June 8<sup>th</sup>. (I decided not to change my dietary habits just to see what **MANGOSTEEN AND MINERALS** could do). The doctor wanted me to get a follow up cholesterol test two months after the first.

I had my second cholesterol test on July 12<sup>th</sup>. Today, I received my results which show my total cholesterol down from 241 to 204 (15% lower) and my LDL down from 179 to 124 (31% lower) !!!”

**E. Wilson – Payson, Utah**

▶ “After 8 weeks of using **MANGOSTEEN AND MINERALS**, my doctor took me off Crestor (cholesterol medication) because my cholesterol went from 208 to 151. My thyroid tested normal and my medication is being reconsidered. My blood pressure was lower and registered in the normal range.”

**Mary Moore – Bloomington, Illinois**

▶ “I had blood tests done about a year ago. My cholesterol at that time was 156. My glucose was high. I recently had another physical and my doctor tested my blood. To my doctors amazement my cholesterol is 105 and my glucose tested normal. I have much higher energy and I feel that I even breath better. All this after two weeks on **MANGOSTEEN AND MINERALS!** I know it has to be **MANGOSTEEN AND MINERALS** because I have not changed any of my bad habits.” **John Reynolds – Fulton, MO**

▶ “On April 2<sup>nd</sup> of this year (2005), I suffered my 2<sup>nd</sup> and 3<sup>rd</sup> heart attacks. My medication prior to this was aspirin, 40 mg Zocor, and 550 mg niacin. Following these attacks, April 4<sup>th</sup>, my overall cholesterol was 271, my HDL was 21, and my LDL was 183, and my triglycerides were 112. I'm very lucky to be sharing this story!! My doctor at Great Lakes Naval Base placed me on 40 mg Lipitor, baby aspirin, Plavix, Tricor and Tenorman. About June 6, 2005 I started taking a single dose of **MANGOSTEEN AND MINERALS** and had new blood work done on Jul 14, 2005. All four of my readings improved. My overall cholesterol dropped 44 points, to 227, my good cholesterol increased 5 points to 26, and my bad cholesterol dropped a whopping 43 points, to 142, and my triglycerides dropped 14 points to 98. I'm not taking my Lipitor now and will get new blood work in October to see how **MANGOSTEEN AND MINERALS** is doing replacing the Lipitor. Although I give **MANGOSTEEN AND MINERALS** the major credit for this improvement, there are more improvements that I can actually notice in my health. First, I am more energetic than before, and my knees don't pop when I get up as they once did. Last, but not least, I'm sleeping much sounder than before and I only have to get up for a bathroom rip occasionally.

**Thank You MANGOSTEEN AND MINERALS Flint Banther – Bristol, Wisconsin**

▶ “In early 1997 I had quadruple bypass surgery and have seen a cardiologist regularly since my surgery. In March 2005 I had my regular blood work completed. My cardiologist felt that several tests were necessary which led to a heart cauterization. Since I have some heart damage, my cardiologist has placed me on Coreg and Lisinopril to control blood pressure and lipitor to control cholesterol.

I began using **MANGOSTEEN AND MINERALS** June 6, 2005 and had my blood tested on July 1, 2005, my cholesterol dropped. 26 points, my LDL dropped 19 points and my triglycerides dropped 36 points. All this improvement in less than one month!” **Jim Banther – Sullivan, IN**

# CANCER

► My name is Sheree Allen and my friend Nora has given me permission to share her experience with **MANGOSTEEN AND MINERALS**, in the hope that it may help other people as well.

Nora was diagnosed with a form of bone cancer about 2 and a half years ago, in mid 2002. That diagnosis was the start of many visits to the doctor's office. She started chemotherapy, and her treatment involved as many as 12 different prescription medications.

Sometimes it was hard for Nora to tell what was worse: living with the constant pain caused by the cancer attacking her body, or the many side effects caused by the different medications. Living day by day with pain and feeling lousy from drug side effects took its toll. Even more discouraging was the fact that the chemotherapy and the medications did not seem to be helping much. The results were almost nil.

By November, 2004, everyone who knows Nora could tell that her battle with bone cancer was not going well. Her skin tone became very pale and anemic, almost white or grayish in pallor, and the sparkle in her eyes was gone. She continued to endure constant pain.

This month, Nora's blood test results and X-rays confirmed what she felt. White blood cells had almost completely taken over, as her body tried to fight the cancer. Nora's doctor showed her how the bone was deteriorating because of the lack of red blood cells to produce healthy bone marrow. The bone deterioration caused curvature & rubbing of the bones, which caused the constant pain. Nora's bone structure was essentially, collapsing from within.

By this time, Nora was tired of chemotherapy, medications & side effects. She was tired of working so hard to fight the cancer. Nora's doctors told her that if she discontinued her medications, there was nothing else they could really do for her. Nora decided that maybe it was time for her to accept her disease. In mid-November, Nora chose to STOP her chemotherapy and medications even though the doctors wanted her to continue.

At the end of November, I invited Nora to move into my home. I told her that I would try to help her be as comfortable as possible. She accepted and decided to try and enjoy life and the rest of her time for whatever it was worth.

Soon after Nora moved in with me, I got her started on **MANGOSTEEN AND MINERALS**. I had shared with her about the **MANGOSTEEN AND MINERALS** Nutritional Program a few weeks earlier because the product helps me feel good & gives me lots of energy throughout the day.

After getting some information from Cammie Yee and others, I told Nora that I wanted her to try **MANGOSTEEN AND MINERALS** because I thought it might make a difference for her. She agreed to follow a simple program: I told her to take 4 oz of the Essential Minerals and 4 oz. of the Mangosteen Plus, every day, no more and no less. The **MANGOSTEEN AND MINERALS** shot glass holds once ounce of each, so she would take two "shots" in the morning, one "shot" around lunchtime, and one "shot" in the afternoon or early evening. Nora started on **MANGOSTEEN AND MINERALS** at the beginning of December 2004 and was very conscientious about the "4 shots a day".

Within the first week, I noticed that Nora seemed to be regaining a healthy color in her face...pink and rosy. She also seemed to have much more energy and most surprisingly, it seemed that she no longer had many complaints about pain.

Going into her fourth week on **MANGOSTEEN AND MINERALS**, Nora had a scheduled doctor's appointment, to take the usual x-rays and blood tests. As usual, she went back about 4 days later so the doctor could review her results. Except that this time, her results were anything BUT usual. Her doctor was at a loss to explain what he was doing.

Nora's doctor asked what she was doing, because he knew that she had discontinued her chemotherapy and medications. She told him about **MANGOSTEEN AND MINERALS**. The doctor then showed her side by side comparisons of her x-rays and blood tests from "Before **MANGOSTEEN AND MINERALS**" and "after **MANGOSTEEN AND MINERALS**". He told her that whatever **MANGOSTEEN AND MINERALS** was, it seemed to be giving her profound results.

The white blood cell count that had previously almost "taken over" her body was dramatically lower. Her red blood cell count was much higher. Most importantly, the results seemed to indicate that the red blood cells were once again finding their way back into her bone structure, a result that two and a half years of chemotherapy and medications had not been able to achieve!

Nora's doctor told her not to say anything as he wanted to ask some colleagues to come into the office and review her results. They were amazed at Nora's improvement, but knowing that she had stopped chemo and meds, they too, could not explain it. The consensus seemed to be that Nora should "continue doing whatever she was doing". Nora said that after the other physicians left, she and her doctor were so happy, the both cried.

Unknown to Nora, some of her family members visited her doctor that weekend because they wanted to find out for themselves what her doctor thought. Nora's doctor basically told them that in his 30 plus years of medical practice, this was the first time he had ever considered that something like **MANGOSTEEN AND MINERALS** could be a valuable adjunct to traditional medicine.

Nora went back to her doctor this week for another series of tests and received the results this past Thursday (1./20/05). Her doctor continues to be pleased with her progress and recommends that Nora continue to take the "**MANGOSTEEN AND MINERALS.**" **Sheree Allen – Honolulu, HI**

► I have been meaning to forward my story to you for some time now, but I have found it hard to put into words that really say what I have experienced. For the past two years I have been battling lung cancer and going through the recovery process of the treatment. Like I have heard said "If the cancer does not kill you the treatment probably will". This rings so true for me. I have not had any treatment for over about 18 months, but it has been a long recovery process. I just wasn't back on my feet very fast. I was still barely able to walk even 1 block or get through the grocery store or attend school functions my kids were involved in and I wasn't getting my strength back at all. I was really beginning to ask God why he had healed me of the cancer if all I was going to be is just a burden to my family and unable to work to provide for them, as my wife is disabled and unable to hold a job. I was also thinking the family would have just been better off collecting the life insurance rather than having me as another problem to deal with. Then back in October of last year I heard about this new product that was going on the market next month. Well, it took some sacrificing to get in the position to get on the product so it was into December before I got started, but it was well worth the wait. Within a week of taking the "**MANGOSTEEN AND MINERALS,**" I began to notice a real increase in my energy level and a growing sense of well being. These changes continue to grow even to this day, 4 months later. I am now working out 3 to 4 days a week and I am walking 4 to 5 blocks several times a week. I am learning about Network Marketing and building a business, which is a whole new world for me as most of my work has been farm related and the past 10 yrs. Truck driving. I don't know if I will ever be able to return to the type of work I have done in the past, but I do have a NEW HOPE that I am getting better, I now want to live again I I might have a chance to see my two youngest kids grow up. Please tell B.K. Boreyko thank you for developing such an extraordinary product. For me, it's about having a quality of life I haven't had for some time and I know it can only get better!

**GOD BLESS YOU ALL, Marcia & Steven Sansing -- Missouri**

► 'I am a recovering Cancer survivor from 3 major separate cancers in years 1995, 2003, and 2004. I am also a diabetic and I recovered from a major heart attack in 1987. I am now 69 years of age. First of all, the **MANGOSTEEN AND MINERALS** product has definitely brought down my glucose level. Then last September, I had started having pain in my right leg. We have found it was a ruptured disc, but the real problem is that I was simply worn out from everything...which includes 31 radiation treatments last summer. I did not

want to eat as nothing wanted to go down, so I drank tons of Ensure to more or less feed me. I lost weight weight, from 144 to 117 lbs. I was just no help to my husband, Donald, & just always seemed to need sleep. Mind you, I did not start **MANGOSTEEN AND MINERALS** product until the end of February early March & it has taken me until now to see how taking the **MANGOSTEEN AND MINERALS** has changed me back to the old Joan. The first few weeks I took 2 doses a day. I now have a strong outlook and feel normal, plus just full of life. I think a Guardian Angel sent **MANGOSTEEN AND MINERALS** to me for I don't know how I found the web page that I enrolled on. I do know that I was looking at the prospect of doing surveys, yuk, and now my life is changing fast." **Joan White**, [Whtscoppr@dmv.com](mailto:Whtscoppr@dmv.com)

## CHRONIC DEPRESSION

► First I would like to thank the makers of **MANGOSTEEN AND MINERALS** for such a wonderful product. I know this is a great product for what it has done to my life. When I began taking the **MANGOSTEEN AND MINERALS** product it was an attempt to take more vitamins as I had no pressing physical ailments. Well, I have to say sometimes there are things we might not notice about ourselves. What I am trying to say is, last week my girlfriend approached me and said, "Have you been taking your Mangosteen?" I replied, "No, I stopped taking it about 4 days ago." Kelly answered, "You need to start taking it, I can tell a huge difference." I inherently knew something was different and felt better altogether. This is what I have been missing in my daily diet. **MANGOSTEEN AND MINERALS** has rid me of depression and anxiety. This stuff is amazing. Being that Kelly is a doctor of medicine, I had her take a look at **MANGOSTEEN AND MINERALS** ingredients. Like I should have know she says, "Oh yeah, this has all the trace elements you don't normally get in a daily diet." Folks, everything we get today is prepackaged and wrenched dry of any natural nutrients and "fortified." This product has changed my life and I will never stop taking it not matter what. Someone other than myself actually noticed a difference in my behaviour and attitude. Now that is powerful!

**Matt Brannon, Indiana**

► "For more than 10 years I have had recurring bouts of chronic depression, IBS (irritable bowel syndrome), plantar fasiitis and yo-yoing weight gain and weight loss, along with indigestion and heartburn. My doctor put me on Wellbutrin three times a day for depression which runs in my family. I have had physical therapy for plantar fasiitis, but it always returned. I have taken Previcid for 5 years for the IBS. The Previcid had helped, but only to a limited point. I was experiencing many side effects from the medication.

I was introduced to **MANGOSTEEN AND MINERALS** by my neighbor 4 months ago at a time when my oldest daughter was getting married and I was very edgy and not easy to get along with. Reluctantly, I started taking one shot a day for the **MANGOSTEEN AND MINERALS** nutrition program and much to my surprise my energy levels increased and I had a better outlook on life. Within one week, I immediately noticed my digestion problems diminished and have now gone away entirely. My doctor has taken me off the depression medication, and I no longer need my IBS medication. My plantar fasiitis is nearly pain free and to top it all off I have now lost 20 pounds since starting **MANGOSTEEN AND MINERALS**.

**MANGOSTEEN AND MINERALS** has been a miracle for me. I never thought that one product could do so much to eliminate my health challenges and improve my overall health so much!" **Tina Strubberg, Hermann, Missouri**

## CHROHN'S DISEASE

► "Lori Lampe from Oregon here. It was so nice to meet you all in Las Vegas! I thought I'd send you my testimonial, in case you may come in contact with anyone in my situation that could find some relief with **MANGOSTEEN AND MINERALS**.

I was diagnosed with Crohn's disease at the age of 35, (I'm pushing 39 now). Crohn's disease is an auto-immune disorder that affects the intestines. It is very painful, draining, and at times embarrassing. I have a wonderful husband and six kids. Over the past few years on way too many occasions that have had to witness their mother crying, rolled up in the fetal position in pain from this disease. I have missed out on special moments in their lives because I was too sick. I had to stop eating a lot of the foods that I love, and doing things I enjoy. My doctors tried several prescription medications, all of which were very expensive and had side effects that were worse than the disease itself. In the summer of 2004, one medication landed me in the hospital for a week with the worst flare up I've had since my diagnosis, and six weeks later over half of my hair fell out. After that I decided not to take any more prescription medications.

Because of the unpredictability of my disease, I have not been able to work outside of the home. One day, I went online to see if there was a way I could make money through the Internet, using my computer. In December of 2005, someone suggested I look at **MANGOSTEEN AND MINERALS**, and also mentioned that the product could very well help with my Crohn's disease. I was really skeptical, and thought it was probably just another gimmick; but when he told me about the empty bottle guaranteed, I figured I had nothing to lose and everything to gain. I placed my order, and when my package arrived a week later, I was actually having a flare up with my Crohn's. I took my first dose that evening. By the next afternoon, my nausea and cramping had stopped. In a typical month I could count on having at least two flare ups, but since that day, I have not had any more trouble, I can eat whatever I want (not necessarily a good thing, lol)...but I have more energy than I've had in years! I will take **MANGOSTEEN AND MINERALS** for the rest of my life now. I am so grateful that I did not let skepticism keep me from receiving this blessing that my Lord and Savior so lovingly brought into my life! I not only found the best business opportunity on the planet, I also got my health back!!

Now, what's even cooler than that is that **MANGOSTEEN AND MINERALS** has also helped my husband, Eddie. He is a bread delivery man, and has had back pain for many years now. He's been to several doctors, physical therapists, chiropractors, and specialists trying to find someone who could help him, but nothing ever worked. He started taking the **MANGOSTEEN AND MINERALS** when I did. After about 2 weeks, he came to me and said, "Lori, I don't want to speak to soon, but I think my back is feeling better."

Lo and behold, after about a month on the product, Eddie was pain free, and still is today, three months later! Knowing that my husband does not have to work the long hours at his job in pain anymore means more to me than even my own relief. We are truly blessed, and it is an honor to be a part of this wonderful company!!!

So, guys...that's my story. Feel free to share it with anyone you like. You can also give out my phone number, e-mail, if speaking to me could help someone. I'd be willing to share it on a conference call sometime too, if you like."

God Bless You, and thanks for all you do for our team!

**Lori Lampe, 541-389-8345 – [ellampe@bendcable.com](mailto:ellampe@bendcable.com)**

## **DEPRESSION and more!**

► "I am a 50 year old Dental Assistant.

I started using **MANGOSTEEN AND MINERALS** 1 month ago. Since using this product I have not used my **Thyroid** medications or Topral. The **energy** and effects I felt instantly. My mind is so much clearer, the **depression** like feeling has gone and I don't feel anxious like I used to.

I wish I could have found this sooner. I also have "Von Willibrants" **blood disease**, and I cannot wait to have my blood work checked.

**This is awesome stuff!! Rosalyn Caylor –Tucson, Arizona**

▶ **“Mangosteen has made huge difference for my health!”**

“For the last ten years I have suffered with several problems including **fibromyalgia, chronic fatigue syndrome, high blood pressure, thyroid disease, high cholesterol, and depression.**

It really affected my family and how we were doing. I was in bed twenty-two hours a day. My family had to pick up the slack for the things I wasn't able to do.

I was introduced to the **MANGOSTEEN AND MINERALS** product and started taking it. Within five days, I started to feel great. My symptoms were starting to subside. The pain I had was going away. I just felt good. I took the product for the month and realized that it made a big difference.

Well, unfortunately, I let it run out and was off of it for awhile. The symptoms started to recur. I knew it was **MANGOSTEEN AND MINERALS** that had made a difference in my life. I so I got back on the program. It has made such a huge difference not only in my health but in the health of my family. I actually have my family back again. We are active. We are doing things together.

**I'll tell you I don't know what we would do without it. I'm going to be on it forever! "**

**LuAnne Oxman — Oceanside, CA**

▶ **“Searching for a home-based business, I came across the website that changed my life!**

I needed to try the product first. It is recommended 2oz per every 100 lb weight but since it was something new for me, I decided to go only 2oz per day and see how I felt but on the **THIRD** day I decided to double it with amazing results....I started to feel **MORE ENERGY** and all feeling of **DEPRESSION** which I was told I had, was suddenly gone! My **MOOD** changed, **felt HAPPIER** towards life and others.

I also started getting **BETTER SLEEP** the night through - I would normally wake up 1-2 times to go to the bathroom - which frustrated my sleep and would make me feel tired early morning and needing more sleep! and the day was barely starting!

I also noticed my **SWEET TOOTH** cravings and was not feeling hungry - they were vanishing. I have not weighed myself yet but my tummy feels unswollen....I want to surprise myself on the weight in a few months more!

My **SKIN** is feeling smoother all over my body; my **HANDS** (I had stopped using hand creams and they were dry) now are soft like silk and I have been told by others that my **FACE** skin looks radiant and beautiful, what a compliment!

I also noticed that due to a **SINUS** condition, most of the time I had a stuffed nose and, all of a sudden, I started dripping away everything until it cleared and since then my inhaling and exhaling have been without an \obstacle\'. My breathing is full now; oxygenating my body more!

Further, I could not stand for long periods of time in one place as one of my legs would get numb from a **PSIATIC NERVE** being squeezed and then my back would hurt close to my spine. I have not had that situation occur anymore.

So, now going back to the home based business .... this **MANGOSTEEN AND MINERALS** product outranks any out there in nutrients (xanthonenes) with a superb antioxidant capacity. There are lab tests to prove it. I believe in the product and what it will do for me physically, emotionally and financially. There are so many success stories .... Come on and join us!" **De La Rosa , J. – Laredo, TX**

## DIABETES

► “After Scott and Susan shared the **MANGOSTEEN AND MINERALS** with her parents Robert and Imogene Shepherd, two more siblings joined the **MANGOSTEEN AND MINERALS** organization. Steve Shepherd and Diana Patterson after 2 weeks, Diana didn’t think she “felt” different using **MANGOSTEEN AND MINERALS**. She let her husband, Joe, finish her 2 week supply. During that time she began to experience the menopausal hot flashes she had been without during the used of **MANGOSTEEN AND MINERALS**.

Sometimes people experience the full effects of the product when they are without it. Brother Steve began using the product in mid-May. Steve had a new diagnosis of Type 2 Diabetes just prior to using **MANGOSTEEN AND MINERALS**. Before his health care professional could prescribe his insulin program, his blood sugars were in a normal range and medication has been cancelled. His wife Pam shared the product with her sister Judy Blankenship. Judy has seen results with eczema as well as reduced blood pressure. Judy shared the product with her husband Lonnie, who also suffers from chronic prostatitis. Lonnie has enrolled his sister Darlene. Welcome Aboard!! **Steve and Pam Shepherd, Decatur, ILL**

► “I am a retired firefighter from Decatur, Illinois. I am an insulin dependent diabetic. I have kept a daily log of my sugar levels since beginning **MANGOSTEEN AND MINERALS**. My numbers usually read mid 160’s. I am watching my sugar levels drop and regulate more and more each day. The following numbers are my first 13 days of using **MANGOSTEEN AND MINERALS**. Day 1 = 117, Day 2 = 128, Day 3 = 140, Day 4 = 143, Day 5 = 162, Day 6 = 141, Day 7 = 156, Day 8 = 134, Day 9 = 134, Day 10 = 134, Day 11 = 134, Day 12 = 134, Day 13 = 112 (June 10, 2005). I also enjoy better sleep too!” **Robert Shepherd, Decatur Illinois**

► My sister-in-law has been a **MANGOSTEEN AND MINERALS** member since the beginning of the year. She has had several min-strokes over the past few years and has some paralysis. I introduced her to our products and we have had nothing but rave reviews from her. She also has diabetes & bone mass loss. Since taking **MANGOSTEEN AND MINERALS** she has noticed an increase in her energy level, not as tired as she used to be. Her blood pressure & diabetes / blood sugar count has been dropping monthly. She fell in church the weekend before Easter and broke her leg in two places. She had to have surgery & go into a rehab center for 3 weeks. She was totally worn out and needless to say, feeling tired in the rehab center. When her doctor asked her what he could do to pick up her spirit, she told him she had not had her **MANGOSTEEN AND MINERALS** in 7 days and she insisted that it be put in her room in a cooler so she would not miss it another day. My brother fixed a cooler up with ice and her **MANGOSTEEN AND MINERALS** products and within a couple of days she was feeling great. She has recently introduced her sister to **MANGOSTEEN AND MINERALS**.

By the way, my sister-in-laws name is Judi Howlett and she is 60 years old. I also started Diane Fogle, 69 years old, on **MANGOSTEEN AND MINERALS**, and she is back to ballroom dancing with her husband who is 73 years old. **Janet Howlett, [Jaywalkin999@aol.com](mailto:Jaywalkin999@aol.com)**

► In 1998 I had a liver transplant. I got Hepatitis C in a blood transfusion in Vietnam. While I was receiving treatment for my liver transplant I was given an overdose of iron. What the doctors didn't know was that I had Hemochromatosis, which means my body makes too much iron. This condition made me a diabetic. I take about 3 to 6 insulin shots a day. Last year I had a Quadruple by-pass. My blood sugar was uncontrollable, because of all the medications I have to take every day. My eye sight was starting to go bad. Now that I'm taking **MANGOSTEEN AND MINERALS** product, I have more energy, my eye sight has improved & everyone comments on how the color of my skin has come back. Plus my blood sugars have all been in the 100 to 200's range and I also feel SO MUCH better. I believe in this product. And I will do everything in my power to get everyone I know to start taking **MANGOSTEEN AND MINERALS**. I think everyone should feel this good. I'm not the smartest rock in the road, but I can see how this product will be the next fastest growing supplement on the market. And I want to be the top sales agent you have in the company. But I see that his company is here for the long haul. Thank you for my good health. **David Lee Clark – [Dave25512001@yahoo.com](mailto:Dave25512001@yahoo.com)**

► I have congestive heart failure along with very poor circulation problems, plus not to add insult to injury, I am also a type II diabetes patient and I have Chronic Pulmonary lung disease in it's final stages – I was on a regimen of almost 60 pills a day and 80 cc of insulin – 40 in the AM and 40 again at night. Within a week of getting my product and taking a full shot glass of **MANGOSTEEN AND MINERALS** each morning as I arise, I have lowered my sugar down to one shot a day, and I am down to taking only 3 pills, and one of them being a Children's aspirin for my heart each night. I have more energy that I have had in several years, I had two fingers on each hand that were numb and that has totally gone away. I have lost 35 lbs. so far, some of which I had lost before I started. I am able to walk with ease & never had to use my walker anymore. In just a few months I will be 60 years old and never dreamed that at that age I would feel as good as I do since taking **MANGOSTEEN AND MINERALS**...I will never stop taking my shots of **MANGOSTEEN AND MINERALS** and I tell everyone I see what a miracle shot in the arm this has been for me and I can't believe how good it tastes. I don't know if **MANGOSTEEN AND MINERALS** will work this well for everyone like it has for me, but let me say that it is sure worth trying – this is one shot I enjoy taking. I swear, I can even see better, I use to take a nap every day from 3 PM to 5 PM and now, I am not even tired at that time of the day & I'm usually up on the computer until sometimes 2:30 AM...**Krystal Bushnell – [sassy1x@charter.net](mailto:sassy1x@charter.net)**

## DIGESTION

► “I have been using **MANGOSTEEN AND MINERALS** for the past six weeks and I cannot tell you all the positive changes it has done for my health. For years I have had a problem digesting lettuce and raw foods. I would always need to take something to aid in my digestion. Since I started **MANGOSTEEN AND MINERALS** I can eat whatever I want without any discomfort. Many years ago, after smoking up to 4 packs a day for 30 years, I quit smoking. However, I have never been able to take a very deep breath. Since starting **MANGOSTEEN AND MINERALS** I now can take very deep breaths. My energy level has increased beyond what I could imagine and my joint pain is completely gone! I will never be without this supplement.”  
**Joyce Eikermann – Hermann, MO**

## ECZEMA

► 30 Days on **MANGOSTEEN AND MINERALS** – “My son suffered from eczema since birth. When he was six months old, the eczema covered the back of his legs, his ankles, feet and cheeks. Our pediatrician prescribed a steroid, but this did not solve the problem. ( I was also very uncomfortable giving this drug to my infant). Six months later I took him to a pediatric dermatologist and it was determined that the eczema was caused by an egg allergy. In addition to eliminating eggs from his diet, she also prescribed Zyrtec and Elidel cream. Again, after nine months, the drugs still did not clear up his eczema. The Elidel cream did seem to help a little bit, but the irritation was far from gone and it had to be used daily to give any relief. After reading a report that Elidel cream put users at risk of developing cancer, I immediately stopped using it and began searching for

a natural relief for my son. I was confident that God created something that would help; it was just a matter of finding it. I heard of the benefits of Mangosteen. Now after taking **MANGOSTEEN AND MINERALS** for just 30 days, my son has great relief from his eczema. **Christi Lensing – Rhineland, MO**

▶ I've had a skin condition called Eczema for the past 10 years plus, and have always had to put on a prescription ointment every other day. Suddenly my dryness on my face was not showing and I had not put on the ointment for days. When I went back to one shot a day I did notice a little of the dryness came back, but then I started applying the **MANGOSTEEN AND MINERALS** topically to the dry area at least 2 times a week. With that & the one shot a day I no longer have Eczema, plus my energy level is much higher that I have had in years.

## ENERGY

▶ “Hi, this is Sally from LaMesa, CA. Over the past 5 years, I've had 5 surgeries, the last one being when I broke my leg last summer. I had multiple fractures of the tibial plateau. I dislodged the ACL with the bone still attached. The surgery was very, very devastating. The recovery was very hard on me. It took a lot of energy. I was in a wheelchair for a very long time. I started using the **MANGOSTEEN AND MINERALS** products and was able to get my energy back and my recovery sped up. In fact, my MD told me that I was recovering in half the time of anybody half my age. I was really excited about that. The recovery was going along quite nicely. Then unfortunately, when I was on the road I picked up some e-coli poisoning. That just really nailed my energy. I lost 14 lbs. in 4 days. I mean I was totally zapped. I started doubling up on the **MANGOSTEEN AND MINERALS** and that got me back up on my feet. I was able to drive my motor home back home after suffering such a devastating challenge with the e-coli. After I got back home I got back in the pool and started doing physical therapy to my leg again. Because of the **MANGOSTEEN AND MINERALS**, my physical therapy turned into workouts. I've just gotten so much energy back and I feel so great AI was able to qualify for the Senior Olympics next month. I just thank the mineral and mangosteen products for giving me my health and my energy back. I just wouldn't know what to do without it!”

### Sally – California

▶ “I'm Sue, from Las Vegas. I started taking the **MANGOSTEEN AND MINERALS** about 6 months ago. I love the taste and take it every day. My better half didn't start taking it until about 4 months ago. Well, let me tell you, he can't do without it. He works for McCarran Airport and gets up all hours of the morning, 3, 4, or 5 AM. The one thing he makes sure before leaving the house is that he's taken his **MANGOSTEEN AND MINERALS**. He swears by it. He says that he has more **energy**, he's more alert and can concentrate much better. All the aches and sore joints are not longer there, plus he sleeps much better every evening. His daily diet of fruits and veggies wasn't there, but taking **MANGOSTEEN AND MINERALS** has helped him get the Minerals & Vitamins that he's been missing. We both agreed now that we will tell all our family and friends about this unbelievable drink and what it does to you physically & mentally. Thank you so much.

### Sue – Nevada

▶ My wife and I frequently have lunch at a local Coffee House in Howell, New Jersey and some time ago I had introduced this great waitress, Carleen, to our **MANGOSTEEN AND MINERALS**. A week after taking them she reported that she had become a **DYNAMO** of energy & where she normally would need a nap in the afternoon, she now found herself not taking naps. In fact, she found herself working relentlessly on home projects with renewed energy. She was ecstatic, smiling and “beaming” when she told me about the results!

A few months later she did not re-order & when I came in for lunch she reported taking naps again. She walked over to me, with her credit card in hand, placed it on the table and said, “I need you to put me on automatic monthly auto-ship. Gotta have my Mangosteen! **John – New Jersey**

▶ “I can’t remember when I have had this much energy and felt this good! I have been using **MANGOSTEEN AND MINERALS** for less than one month and never expected to feel so good so fast! Prior to drinking **MANGOSTEEN AND MINERALS** I accepted my aches and pains in my joints as a part of getting older. In just a short time, drinking **MANGOSTEEN AND MINERALS** I am amazed at the remarkable improvement in my joints and the over all sense of well being that I feel. The only problem that I have now is that my wife has so much energy and feels so good from drinking **MANGOSTEEN AND MINERALS** that she does not come to bed before midnight.” **Ron Raterman, Hermann, MO**

▶ Since joining **MANGOSTEEN AND MINERALS** two and a half months ago and starting to use our products, I have much more energy and feeling great. I am nearly 73 years young and remain working a 40 hr. week at a J.O.B. requiring much activity. Often I am asked how I am able to keep up and most don’t believe I am my age. I also enjoy daily soft BM’s since using the **MANGOSTEEN AND MINERALS** products. Prior, I had a problem in this area. If I was not doing the **MANGOSTEEN AND MINERALS** business, I would remain a happy customer and continue using these amazing products. **Ron Musselman, California**

## EVERYTHING!

▶ Now, as to my testimony for what it has done for this 65 year old preacher who has finished off months worth of **MANGOSTEEN AND MINERALS**.

1. The first sign is that it got rid of the **floaters in my eyes** and I can see better. I know longer feel like I am looking in a microscope when I shut my eyes with little squiggly things moving all around. They are gone.
2. My **Blood pressure** has been lowered.
3. My **sugar is lower** and I am a type 2 Diabetic but not on medicine of any kind and do not believe I will need to be now.
4. I have **more energy** and **feelings of contentment** are very real.
5. I had swollen ankles and the skin was dark from **poor circulation**. Both are gone.
6. My **joints** do not hurt as much and grow better every day.
7. I have long suffered with **fungus** under my toe nails. They are growing out and seem to be pushing the fungus out with the growth.
8. My **acid reflux** is gone, and my hiatal hernia is so much better my food has not caught in my throat for about 3 weeks now.
9. I have **lost about 5 pounds** – not because this is a diet program – but because I have the energy to do more and that burns calories.
10. I have had several **rashes** that are almost all faded away.
11. I have often suffered from **boils** but this last one I had, did not need to be lanced but went away without ever coming to a head.
12. I am off three medicines I used to be on.

There is one side effect. It has caused a growth in my right hip. I think it maybe from the money I have been able to keep in my billfold on the savings on medicines and supplements that I used to take. The commission could add to the bulge in my hip pocket too, but I signed up to have it automatically transferred into my bank account and that might remedy this side effect.

When you consider what it has done for folk like me and how good it tastes and a money back guarantee I cannot think of any reason for you not to try **MANGOSTEEN AND MINERALS**. It is cheaper than medicine and with no side effects except those referred to above.

Disclaimer; There is always the possibility that some of the above was a coincidence. It has not helped my looks and I have not noticed it has made me any more popular with the ladies. Seriously, it is worth more than a try. George L Faull at Peru, IN – [Summit1@cqc.com](mailto:Summit1@cqc.com)

## ASTHMA, BLOOD PRESSURE, ENERGY, LYMPHOMA, WEIGHT LOSS.

### **TAKING MANGOSTEEN AND MINERALS HAS CHANGED MY LIFE!**

" First, I wish to thank you for all the help you have been to an old man trying to change his life, and that is happening to a degree I would have found impossible 6 weeks ago.

Because of the **MANGOSTEEN AND MINERALS**, the following changes have occurred, both physically and mentally for me.

1. My blood pressure has been reduced from 150/85 to 116/62 resting and 135/75 active within 6 weeks.
2. Lymphomas (fatty skin cysts) I have had for 35 to 40 years are gone or reducing in size dramatically.
3. Necrosis of the bones in my left wrist and my arthritis in general has been reduced 50% or more, as has my medication.
4. Asthma symptoms also down 50% or more, thanks for that!
5. Great energy which has allowed a renewal of a regular exercise program.
6. Urges for fatty foods and carbonated beverages have virtually been eliminated.
7. Desire for alcohol in any form, GONE.
8. 10-15 lb. weight loss, YEAH!
9. A scalp condition which has existed for years is healing.

In other words a soon to be 72 year old, is embarking on a very positive journey with great enthusiasm and energy not felt for many years.

This all could not have happened for any other reason, because taking the **MANGOSTEEN AND MINERALS** is the only change I have made nutritionally.

So, thank you for introducing me to the product. **Dick Erickson – Canyon City, Colorado**

## **EYES**

► “I was diagnosed with **glaucoma** (increased eye pressure) in my right eye about 18 months ago. I have been using prescription drugs in that eye only, which reduced the pressure substantially. During my recent follow-up visit, the doctor was impressed that the pressure in both my eyes were at their lowest levels ever, just a month after I began taking 1 shot per day of **MANGOSTEEN AND MINERALS**. **Ed Olson, Payson, Utah**

## FIBROMYALGIA

▶ “Hi, I’m Luanne from Oceanside, CA. For the last ten years I have suffered with several problems including fibromyalgia, chronic fatigue syndrome, high blood pressure, thyroid disease, high cholesterol, and depression. It really affected my family and how we are doing. I was in bed twenty-two hours a day. My family had to pick up the slack for the things I wasn’t able to do. I was introduced to the **MANGOSTEEN & MINERALS** product and started taking it. Within 5 days, I started to feel great. My symptoms were starting to subside. The pain I had was going away. I just felt good. I took the product for the month and realized that it had made a big difference. Well, unfortunately, I let it run out and was off of it for awhile. The symptoms started to recur. I knew it was the **MANGOSTEEN & MINERALS** that had made a difference in my life so I got back on the program. It has made such a huge difference not only in my health but in the health of my family. I actually have my family back again. We are active. We are doing things together. I’ll tell you I don’t know what we would do without it. I’m going to be on it forever!” **Luanne - California**

▶ “Hello, we are Ken and Debbie from a small town in North Alabama called Grant. Both of us have been on the **MANGOSTEEN & MINERALS** for about nine weeks now and have had unbelievable results for the health problems we each have.”

About nineteen years ago, Debbie was diagnosed with the debilitating disease, **Fibromyalgia**. This is a disease that affects the muscles and the tissues that surround the joints. The disease causes the muscles and the tissues to stay inflamed constantly. You also suffer from chronic fatigue because of the inability to achieve restful sleep because of the disease. There are also many other side effects from the disease...constant pain, depression, and weight problems, just to name a few. For this disease, there is no cure. All of this was multiplied by a car accident that Debbie was involved in on July 8, 2002, when a gentleman t-boned her in the driver’s side of her car at a red light. The accident left her with three bulging discs in her neck and other discs bulging down in the center of her back, neuropathy in both feet and both legs, and carpal tunnel in both hands. Needless to say, Debbie hurt day and night. After being on the **MANGOSTEEN & MINERALS Total Nutrition Program** for six weeks, Debbie became totally pain free with energy that she had not experienced in years! Nineteen years to be exact. It has been a miracle for her.” **Ken and Debbie - Alabama**

▶ “I was diagnosed with Fibromyalgia in 1980. Actually, I have had aches and pains in legs for my whole life, as far back as I can remember. The Doctors just ended up giving me pain pills. Then I ended up in the emergency room, unconscious for 18 hours, as I had unintentionally taken too many pain pills. Thank the Lord that I came out of it or I wouldn’t be here to tell this story. I started taking the **MANGOSTEEN & MINERALS** just two weeks ago. I really didn’t think it would do any good because nothing has for the past 25 years. **I mean NOTHING!** I couldn’t believe it. For the first time, my legs stopped hurting. All along I just needed the **MANGOSTEEN & MINERALS and vitamins**. **All I can tell you for sure is the my Fibromyalgia is gone!!! Thank You!**” **Patricia**

▶ “Prior to using the **MANGOSTEEN & MINERALS** Program, I would take 4 capsules of Arthritis Pain medicine each day along with two other medications just to get relief from the pain caused from fibromyalgia. I started the **MANGOSTEEN & MINERALS NUTRITION PROGRAM** 5 weeks ago and for the last 10 days I have not needed any pain medicine. I have used many products and have never seen results like this program. Normally after a long car ride I would be stiff and achy. Now that I am using the **MANGOSTEEN & MINERALS NUTRITION PROGRAM** those symptoms are gone!” **Tina Stodgell – Peru, IN**

## FOOD ALLERGIES

▶ "My name is Renee and **I joined this home-based business opportunity for the financial rewards**. I've

have always supplemented with nutritional products. Was I in for a surprise! About ten years ago, when I was age 31, I was diagnosed as having severe food allergies to most things that most people eat on a day-to-day basis. I had never been allergic to any foods in my life so I was shocked! They included wheat, milk, eggs, sugar, potatoes, tomatoes, onions and so on... I was so allergic that I went into anaphylactic shock just during my skin tests. I had been on allergy shots twice a week since 1995 with frequent skin tests to adjust my serum. After taking the product for about a month and a half I started noticing that I was forgetting to take my shots. I had always remembered to take them because the frequent facial pain and migraines served as a reminder. Lets face it, when you allergic to just about everything its hard not to eat the things you are allergic too. It dawned on me one day that the reason I was forgetting to take them was because I was not having the symptoms less and less. I have not had an injection in about a month and though I have an occasional flare-up (when I eat too much of the things I most allergic too)I do not have to take those dreaded shots which leaves my arm sore for about 2 days! If this business doesn't take off for me financially, I will continue taking the product!!! (But that's not going to happen... I have a big DREAM and no ones going to steal it!) Sincerely, **Renee**"

## FUNGUS

► **"Hi my name is Tyler Ford and I live in Tucson, AZ and I am 39 years old.**

I am and avid cyclist and consider myself as being very healthy. I developed this weird looking growth on the end of my finger. I went to the dermatologist thinking it was a wart. They burned it off but it came right back. It was a nasty looking thing; looked like a piece of cauliflower that I could not get to go away regardless of what I did.

After listening to one of the **MANGOSTEEN & MINERALS** audio CD, before getting on the product, a doctor on the CD explain something similar to what I had going on. He said it was a selenium deficiency.

After being on **MANGOSTEEN & MINERALS** for 3 days the growth on my finger completely disappeared. It was absolutely amazing!!

I wish I would have taken a picture of the before and after. I feel great on the product. I am sleeping better, have more energy, do not having cravings to eat junk food, have lost a little weight which is great for my cycling and I recovering quicker from hard exercise.If you have not **MANGOSTEEN & MINERALS** you should. It is a one of a kind on product and I challenge you to find anything else like it on the market today.

**Tyler Ford – Tuscon, AZ**

## LYME DISEASE

► My testimonial starts fourteen years ago when I was bitten by a tick that was carrying the **Lyme disease** bacterium. At this time I was not aware of the seriousness of or even the existence of this disease. After years of declining health, spending a large amount of money, leaving a general sales management position, and being placed on total disability and finally being bed ridden most of the time, we found a doctor ten months ago through a dear friend, that specializes in Lyme cases. This doctor ran blood tests that came back extremely positive for Lyme. I was placed on very strong antibiotics. However, I found my system could not handle them. I felt even worse when taking them. **I GAVE UP!** After a period of four or five months of sheer despair, a dear friend (Pat Carroll) introduced my wife to **MANGOSTEEN & MINERALS**. I was made to take this wonderful product twice a day. After taking **MANGOSTEEN & MINERALS** for just three days, my mind fog began to clear. My health has continued to improve on a daily basis. I have been taking **MANGOSTEEN & MINERALS** for four and one half months. I have had so many improvements, I will list them in numeric order.

- (1) **Mind fog** clearing and mental sharpness returning.
- (2) **Muscle strength and mass** returning.
- (3) **Ability to stay up, active, and productive** all day.

- (4) **Entire night rest** - prior to **MANGOSTEEN & MINERALS** I was restless and was up going to the bathroom 3-5 times a night, due to enlarged Prostate.
- (5) **Pain** in my hands, fingers, arms, and shoulders are gone!
- (6) Extreme **leg spasm's** relieved.
- (7) **Acid reflux** relieved.
- (8) I am back to work and play!!!!

My overall well being gets better every day. I feel that **MANGOSTEEN & MINERALS** and the **MANGOSTEEN & MINERALS CORP.** is **GOD'S** gift to me and my family. Thank you, **BK, Ruth, Debbie, Pat, and Jan and Bill.**

**Larry Level (65 yrs. Young goat farmer in Missouri) P.S. Call me if I can help. 573-762-2728**

**NOTE FROM SHEILA H. I called this number to talk with Mr. Level. His son James answered and told me that his father (Larry) has passed away. I told him the reason I was calling was because of the testimonial on Lyme Disease (from his father) that I had read. He confirmed it and said that his Dad took his Vemma until the very end! It helped him tremendously with so many things. James and his family, including his Mother take Vemma faithfully everyday. James actually said that his Mother would be glad to talk with anyone also because she can attest to Larry's testimony and the results they've had with Vemma.**

**Then Larry told me about an Amish family with two children who both came down with Lyme Disease – in fact one was so sick that she was on her deathbed. They started giving her 2 oz. of Vemma twice a day and it actually saved her life! Apparently there is an Amish Community locally and James said that they are all on VEMMA!**

► I was introduced to **MANGOSTEEN & MINERALS** in mid-October of 2005. At that time I had been suffering from insomnia for at least three years. Anyone who has experienced insomnia knows that a high level of anxiety accompanies it. That night, after taking one sample shot of **MANGOSTEEN & MINERALS**, I slept soundly, and have not missed a night's sleep in the nine months since. My overall sense of well-being also quickly returned. Additionally, my feet and ankles had recently begun swelling, when I first encountered **MANGOSTEEN & MINERALS**, and that condition also disappeared immediately. I have always taken quality vitamin supplements, so I believe that Mangosteen, Aloe, and ionic plant-sourced minerals in **MANGOSTEEN & MINERALS** are what made the difference in my health.

After about 2 weeks on **MANGOSTEEN & MINERALS**, I was tested by a nutritionist who uses a bio-meridian machine to screen for over 40,000 conditions that may be present in the body, including parasites (Yes, we all have them! Until **MANGOSTEEN & MINERALS** knocks them out!), toxins, and diseases. I was shocked to learn I had a mild case of Lyme Disease. I never get tick bites, but she explained that Lyme is also passed on through every bodily fluid, and is therefore now a largely unseen epidemic. (Unseen because it mimics the symptoms of around sixty other diseases—including fibromyalgia, arthritis, multiple sclerosis, and chronic fatigue syndrome—and is, consequently, easy to misdiagnose.) My nutritionist recommended I take two shots a day of **MANGOSTEEN & MINERALS** for one month. I did so, and when I was retested six weeks later, I was free of Lyme Disease.

Through my experiences, and the varied testimonials of family and friends, I have seen that, given optimal nutrition, the body can heal itself of many conditions, without relying on pharmaceutical drugs that can cause severe side effects and damage the liver. Needless to say, the preventative action of **MANGOSTEEN & MINERALS** is it's most valuable asset. **MANGOSTEEN & MINERALS** is what I've been searching for for almost forty years—an all-natural, high quality, organic food product that guards the health of my loved ones, and myself from the ravages of stress, environmental pollutants, diseases, and depleted nutrition in our modern

food sources. I view the **MANGOSTEEN & MINERALS Nutrition Program** as a return to the Garden of Eden, in terms of providing the bountiful nutrition and healing benefits God intended us to enjoy.

**Linda Steven, July 2006, Toll-Free 866-949-8366**

## **MENIERE'S SYNDROME**

**Symptoms dissipate after 8 months on MINERALS AND MANGOSTEEN.**

▶ " I have been on the product since May 2007 and have seen noticeable differences in my health and wellbeing. At the young age of 20 I was diagnosed with Meniere's Syndrome. It affects the inner ear. I struggled with spouts of dizziness, severe pressure between my ears, ringing in the ears and countless headaches for nearly 7 years. I am happy to say that I am now dizziness free! I can't remember the last time I had a Meniere's Headache. I recently voluntarily took myself off of my diuretic. I get the occasional ringing in the ears but nothing like I used to get. Thanks to minerals and mangosteen I feel like a new person.

I am also a personal trainer by trade and am an avid runner. I have noticed that my workout recovery time is very fast and I do not tire as fast as I used to. In addition, my muscles and joints have not ached as much in the past 8 months as they have in the past.

Other changes that I have noticed in my health are less menstrual pain, I no longer have the need to take allergy medication, and my blood pressure has dropped tremendously!

If you are not taking Minerals and Mangosteen, give it a try. You'll be amazed at the health benefits you may encounter. **Amanda Jilson -- Pleasant Plains , IL**

## **MIGRAINE HEADACHES**

▶ "I used to get three to four severe migraines a month. I've been getting these since I was around 10 years old. These were the full-blown aura and vomit inducing kind. Some would last for days. I've been to many doctors and nobody has a definite answer to it. The only answer that all of them had has been to prescribe some medication and that was that. I have grown up watching my mother suffer from these same migraines. She is frequently in the hospital emergency room or self-inducing Imitrex shots. I decided a long time ago that I would not take medications. They are not the solution. Two months ago I was introduced to mangosteen. Ever since then I have not had a single episode. I had my mother start taking it as well and she also has not had one since either." **JBrett**

▶ "Although we are not permitted to claim that the **MANGOSTEEN & MINERALS** cures all migraine headaches, you can believe me, and I would shout it from the hilltops. I'll tell you that after many years of suffering with horrendous migraine pain, I have not had a migraine in nearly a month. I averaged one or more per month extreme migraines & several more per month of lesser intensity. Even my hair dresser even told me many times that it not only straightened the permanent wave out of my hair, my hair lost life for a period of time after a headache.

I was part of a clinical study a local doctor presented to the Cleveland Clinic of Cleveland, Ohio (world renowned) to study the patterns & experimental treatments for migraines, for which he was awarded National recognition, but he never cured MY headaches.

If you are among those of us who have spent days bedfast, unable to bear any lights or tolerate the sounds of daily life around us and in a state of total non-function because of the excruciating pain of a migraine headaches, then please take my advice and get some of the **MANGOSTEEN & MINERALS** as quickly as possible. I am humbly grateful for its results in my life. I want to shout it from the mountain top!

I have experienced other changes as well.....like a restful night's sleep, more energy, eyesight is clearer, more mental alertness and simply feeling better than I have in years. My allergies to pets, molds, dust, and fragrances

are noticeably improving from week to week. I am looking forward to Spring & Summer this year. How terrific to be able to enter homes of friends and relatives, who own pets without an asthma attack to follow. I feel certain that my allergies will be disappearing given a little more time on the **MANGOSTEEN & MINERALS**.  
**Dora -Ohio**

## **MITRAL VALVE REGURGITATION**

► **Tanya - Flagstaff, Arizona.** "My husband and I decided to try this new **MANGOSTEEN & MINERALS** program for 30 days. I was the first to use it for 15 days. Believe me, that is all it took to get me hooked. Last year I was battling fatigue and something strange going on with my heart. I went to a cardiologist and was diagnosed with mitral valve regurgitation, two of my heart valves were leaking. This was also causing my fatigue. My doctor immediately put me on Toprol XL to help combat my heart palpitations. I am 31 years old and not very happy about being on medication for the rest of my life. I went back to my doctor in September and told him that I would like to be taken off of the medicine, he could handle that, it would not put me in any danger. I went off my medicine and of course, my heart palpitations started back up. I started back up on the mangosteen and mineral program the first week of October. I noticed changes immediately. My anxiety at night was gone, and I was sleeping great. Here is the kicker, my heart palpitations, GONE!! Completely!! I was feeling great. My moods were more consistent. For me another big test was PMS symptoms, which had also vanished!! I highly recommend this product and will pass the word on to all those around me. I have ordered MY OWN cycle now and my husband is still on his 15 days. Can't wait to get back on this life-changing product. THANKS!!!!" **Tanya - Arizona**

## **MULTIPLE SCLEROSIS**

► "Hi, this is Marilyn from Salem, Oregon. I was diagnosed at the Oregon Health Sciences University in Portland with Multiple Sclerosis in 1988. I'd had for many years before that with debilitating symptoms of fatigue, dizziness, eyes out of focus, vision migraines, challenges with numbness in my hands, arms and face. If that wasn't enough, I also had memory challenges, confusion, panic attacks, muscle spasms and several other symptoms. I've been using diet nutrition for the last nine years and my health has been very good. But still some symptoms, such as muscles spasms in my shoulder blades, dizzy spells or visual migraines, would surface occasionally. I'd usually have two or more symptoms a week. Since I never knew when the symptoms would occur it really did cause me stress. I started using the **MANGOSTEEN & MINERALS** product in December and found that after a week I began to have more sustained energy. Through the last few months, I've noticed that my mind is sharper and my joint pain has disappeared. It's easier to go up and down the steps now which makes a big difference for me. This is with only taking 1 oz. a day. Recently, I began to take 2 oz. a day to see if I could become symptom free. I really believe with this powerful healing **MANGOSTEEN & MINERALS** product that this will happen. I can't describe how happy I am that every morning I wake up knowing that I'm not going to have the stress from these M.S. symptoms." **Marilyn - Oregon**

► "I started by looking for a good all around supplement to help me deal with the effects of Multiple Sclerosis. Most of the reading I did pointed to the need for anti-oxidants and supplements to help with the day to day effects of the disease. Prior to taking the **MANGOSTEEN & MINERALS**, I had no energy and had trouble keeping up with my 2 year old. I took an inter-muscular shot of Avonex for MS and it would leave me in really bad shape on the morning after my shot. About 2 1/2 weeks after starting to take the daily power shot I had more energy, I was able to actually get on the floor and play with my child. The side effects were reduced and the length that I felt bad the next day was cut in half. Overall my experience with the **MANGOSTEEN & MINERALS** has been excellent! I have never felt better and I often wonder if I was not suffering from MS and used the Nutrition System how much better my life would be." **Chuck**

► "I'm Sandra, retired school teacher because of Multiple Sclerosis. I have been in a Geriatric chair for 26 years with double vision so bad that I have had a patch over one eye for 13 years.

I got a call from Sharron who asked me to just try the **MANGOSTEEN & MINERALS** and see if it could help me with my vision or my health. When she told me I could send it back with a 100% empty bottle money back guarantee, I said "yes". I could not exercise, because I was just too weak, but after taking the **MANGOSTEEN & MINERALS** for one month I had to call Sharron and tell her I had been doing an exercise I could not do before. I rotated 200 times by myself on the peddles that the therapist would attach to my chair. So I reordered and double up on the product dosage on Mondays and Thursdays and by the next order I was able to do 500 rotations in 10 minutes & again I was wonderfully pleased. I am now exercising my back doing 15 pull ups (something I thought I would never be able to do) I just keep feeling stronger as time goes on!

My Husband does not miss taking the **MANGOSTEEN & MINERALS** & he still is teaching. We both love the taste & the cost, because I was spending a lot more on stuff that was not working. This product is a blessing!" **Gary & Sandra**

## PAIN

▶ My uncle who has a leg problem, walks with a cane. Finally after a month of begging him, he has tried this amazing product. It's been three weeks. He said his leg pain has gone. Whom ever reads this... I want to let you know this really happened." **Clyde G.**

▶ "My name is TW and I had been living in the great state of Montana for 30 years. I fished, hunted and lived, what I considered, a fairly healthy lifestyle. In 1994 my life was changed dramatically from a work related accident in which I broke my neck. Due to the nature of the injury there were misdiagnoses and treatments that made the situation worse.

After 2 years of intense pain, I had deteriorated emotionally and physically to the point that I had a mental breakdown and had to be admitted to a psychiatric ward. A proper diagnosis was determined and surgery. By this time I had chronic pain in my neck, back, shoulder, migraine headaches, and severe depression. A series of medications was given and as I took these medications other symptoms arose. The list of medications started out with a few and grew into a list of about 16 different medications. There were 3 different anti depressants at one time, several morphine derivatives, more pain killers, and the list goes on. I was consuming pain killers like candy. Other symptoms appeared from the amount of drugs I was taking and my body was breaking down. I had intestinal problems, suppressed appetite, extreme inflammation, periodontal disease and severe sleep disorder. This went on for many years until my depression was so bad that I was suicidal. I was walking and living but I was numb to everyone. I was reclusive and distant to the people I loved. I knew I had to do something different or die. I began trying to build my body up with herbs, vitamins, enzymes, blood type diet, B12 shots, seeing natural doctors. I was able to wean myself off most of the medications so I was getting some results but my body was so depleted and toxic from these medications and not eating well. To top all this off I have a near heart attack and find out that I had an almost complete blockage in the left ascending coronary artery. I had it repaired and was recovering but was so weak and my depression was taking over again. I felt like I was not going to make it in this world very much longer nor did I have the strength to fight any longer.

Then one day a lady named Cassandra walked up my driveway, handed me a box of **MANGOSTEEN & MINERALS** and my life has changed forever. I would say that the first results were within 1 week. It was as if someone had turned the lights on. It has been a quick process of recovery. I have no depression, good energy and a joy for living that I hardly remembered existed. My worst symptoms are improving every day and my family says I have done a 360 degree turnaround. My whole being is being healed, physically, emotionally, and spiritually. I love myself and life is a big adventure.

I can't believe how easy the process was. Thank you **MANGOSTEEN & MINERALS**. I prayed for years for help. In 3 months you have changed my life!" **T.W. - Arizona**

## POST POLIO SYNDROME

► I am a retired College Professor. I was forced into retirement because I developed a severe disability. I have been diagnosed with Post Polio Syndrome. Fortunately, it is not terminal. But it has the highest chronic muscle pain of nearly all the muscle diseases. I was taking 195 mg. of Morphine and large doses of Vicodin every day. (More on that later). My Drs. Won't let me work because too much muscle activity leads to advanced muscle deterioration. I had polio at the age of two and it is one of the most painful diseases. The rehabilitation is very taxing & even more painful. That was in 1948 and at that time it was called Infantile Paralysis, because most of those who contracted it were all very young children. Some of the children stricken when I was (1948) just gave up, rather than endure the physical devastation and the pain associated with recovery. I assume a lot of them are somewhere not living much of a life addicted to pain killers. As for myself and many others, we went to many years of intense rehabilitation just trying to get our lives back. I think that is where I began to develop my drive & ambition to accomplish things. By the time I entered High School, I had conquered the effects of the disease. Most people could not tell I had ever faced such a difficult challenge. This may seem vain, but most of us who made it came away with a huge sense of accomplishment.

.....I was very happy....for many years. I thought that I had beaten my physical problems. Then a few years ago in my early 50's, I began to notice a weakness in my extremities coupled with extreme pain. I went to many doctors. None of them were able to diagnose the problem. It turned out that this was a new malady that most doctors knew nothing about. Meanwhile, it became worse and worse. Slowly the medical community came to understand the nature of the disease. I was diagnosed with Post Polio Syndrome. I don't have enough room as I would like her to go into the details. Needless to say, 99% of the people who had severe Polio in their youth will contract Post Polio Syndrome later in life. Most Polio victims thought that they could fix things by using the same "no pain, no gain" approach that worked so well when they were young. Most of those people are now bed ridden. They can't even walk or hold a glass of water....I read everything I could find that had to do with what types of treatment worked the best for a person living with Post Polio Syndrome. I have found that using a power wheelchair along with minimal exercise allows me to live a fairly normal life. If it wasn't for the excruciating pain, I could handle my life very well. Remember early I said "more on that later." Well, along about this time I met John Bell. He is my enroller in **MANGOSTEEN & MINERALS**. He introduced me to our fantastic liquid nutritional product, **MANGOSTEEN & MINERALS**. At first I did not believe the fantastic claims. But after about three days, I started noticing a difference. It continued to improve until & I'm now taking very little of the pain medication that I used to. The Morphine is down to 60 mg a day. No Vicodin, plus a much higher level of energy. I'm now trying to get my Doctor to allow me to eliminate my depression medication. I am more pain free than I have been in years. Thank God for **MANGOSTEEN & MINERALS**.

**Clifford Griffin** [mangosteen@acanac.net](mailto:mangosteen@acanac.net)

## PROSTATE CHALLENGES

► "For 5 years I took an antihistamine and decongestant to battle severe allergies. At the time I was unaware of the study that a large percentage of men who have a prolonged use of the antihistamines will suffer prostate problems. Unfortunately, I became one of these men experiencing symptoms at the age of 38. After two surgeries and years of antibiotics, I still suffered from chronic prostatitis (swollen prostate) which in turn caused continuous bladder infections. Inflammation of the prostate was the underlying cause of these reoccurring

symptoms. I took Vioxx and Celebrex until they were withdrawn from the market. I then used 1600 mg. of ibuprofen per day. This helped greatly but caused stomach irritation...I have now been on the product for 8 months and have been off all antibiotics and ibuprofen. In addition I no longer get up 5 to 6 times per night to urinate which allows me better rest. At 43, I am symptom free for the first time in 5 years. For me, the **MANGOSTEEN & MINERALS** have literally changed my life and health." **Jeff - Illinois**

▶ "The **MANGOSTEEN & MINERALS** have changed my life since May 16th, 2005. Not only have I seen a reduction in my blood sugars but I have noticeable improvement in a foot fungus I have fought for years. I am most excited about what the **MANGOSTEEN & MINERALS** has done for my chronic prostatitis. On May 15th my daughter and her husband had us meet to hear more about the **MANGOSTEEN & MINERALS**. They were very excited to share this amazing product with us. I was plagued with sleepless nights from frequent urination along with repeated bladder infections. Since January 2005, I have been on 4 different antibiotics to rid myself of the bladder infection only to face an immediate return of the infection. My last prescription was Leviquin which cost me \$81.97 (out of pocket expense) for a 7 day supply. Since using the **MANGOSTEEN & MINERALS**, I have not used an antibiotic nor am I bothered with frequent urination! All of these results with the **MANGOSTEEN & MINERALS** product costing me far less than my prescription medications."

**Robert - Decatur, Illinois**

## **SLEEPING DISORDER**

▶ "Hi, my name is David and I live in Redding, Ca. I have a story about the **MANGOSTEEN & MINERALS** combination that is a flat out miracle for me. I was a hard core long term drug abuser for over 25 years. Thankfully, that part of my life is behind me. However, as a result of the prolonged drug use, I was only able to sleep for two and a half maybe three hours tops and that was only if I was 100% exhausted. In addition, I would always wake up and although I really had no trouble going back to sleep it left me feeling fatigued and tired. I thought it was a condition I would have for the rest of my life. I began using the **MANGOSTEEN & MINERALS** combination approximately one month ago and within two weeks I slept five hours one night. Now it may not be a miracle to you but it's a flat out miracle to me. I'm so grateful, it has given me my life back!" **David - California**

▶ "5 weeks of using the **MANGOSTEEN & MINERALS** and my AST and ALT liver enzyme levels have dropped for the first time in 3 years. My cholesterol went down 20 points and I lost 12 pounds from a change of eating habits due to reduced cravings. I am no longer using a CPAP machine for Sleep Apnea. I also have more energy."

**Scott - Bloomington, Illinois**

## **URINARY TRACT INFECTION**

▶ "Hi, my name is Lori from central Pennsylvania, I'm really happy to tell my story because so many women suffer from urinary tract infections. Once in a while I develop a UTI and if you have ever had one you know exactly what it is. It is a very painful sensation with extreme pressure. Using antibiotics for ten days is about the only way to get rid of it. Well, I'd been using **MANGOSTEEN & MINERALS** for a few months but one Sunday morning I woke up with the symptoms. I had been reading some research that showed that

**MANGOSTEEN & MINERALS** was effective against many forms of bacteria so I decided to see if the mangosteen would help with my problem. I didn't know exactly how much to use so I started out with two oz. of the **MANGOSTEEN & MINERALS** followed by a large glass of water. Then I had breakfast and about one hour later I had another 2 oz. followed by water. Soon after that I realized I had no more pain whatever and the frequency was greatly reduced. At lunch time I had another oz., another oz. in mid afternoon and another oz. in the evening. I really saturated myself with the product. The symptoms were completely gone in the first sixty minutes. Just to make sure it didn't come back, I took three or four oz. the next day. However I really felt like it had done the trick in the first few hours. Now anytime something like that comes up I know what to do. I just use a whole lot of the **MANGOSTEEN & MINERALS** juice throughout the day. It works. This stuff is powerful!" **Lori - Pennsylvania**

truth

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