Are Electronic Cigarettes Safe?

It's no surprise that cigarettes and other tobacco products firmly assume a negative reputation among the majority of people. As they are presently designed, constructed, and distributed, cigarettes are an indisputable hazard to your health, and a hazard to the health of the people around you. The use of cigarettes notoriously contributes to a variation of illnesses, causes and complicates incurable disease, and often prompts unfortunate and untimely death. Being aware of such atrocities, many tobacco corporations and noteworthy manufacturers have dedicated countless man-hours to find an alternative method for smokers. This alternative method would ideally be safer to the public, yet uphold the splendor of the smoking experience. Today, manufacturers believe they have developed a revolutionary smoking alternative: the electronic cigarette.

Are E-cigarettes safe?

According to manufacturers, electronic cigarettes can contain several levels of nicotine. The promotion of nicotine causes some users and onlookers to question the integrity of electronic cigarette companies. Some groups are suspicious that electronic cigarette companies intend to use nicotine as an additive to guarantee that customers develop an addiction to alternative smoking products.

Consumers are entitled to apprehension, but now it seems that the public can indulge in an accessible, trustworthy product which redirects the goals of smokers and institutes the essential ethics of the industry.

Electronic cigarettes are relatively new to the marketplace, and have been legally approved for retail public use. Admittedly, consumer interests are greatly dependent upon pertinent and reliable studies; yet the safety of electronic cigarettes has not been examined diagnostically; therefore, their degree of safety has not been absolutely determined one way or the other. There is one thing that does seem to irrefutably true: **Electronic cigarettes are infinitely safer than traditional cigarettes.**

The health risks involved with smoking a traditional cigarette are well known. One of the various benefits to using an electronic version includes avoiding the consumption of the toxic chemicals typically found in traditional cigarettes. Rather than producing smoke, electronic cigarettes produce water vapor as a result of a heat-induced mechanical exchange, helping to accurately simulate the smoking experience. This feature helps to eliminate the emission and intake of harmful chemicals produced by traditional methods. The risk of smoke-related illnesses, such as second-hand smoke, is greatly decreased for electronic cigarettes users, their family and friends. Additionally, the vapor produced by electronic cigarettes poses no threat to the environment. Electronic cigarette devices create absolutely no smoke, harmful chemicals, or other pollutants; therefore, they are infinitely safer than traditional cigarettes, harmfree to the public, and environmentally friendly.

When traditional cigarette smokers make the switch to electronic cigarettes, they are relieved of the inevitable guilt or resentment that typically coincides with the acknowledgement of the risks of traditional cigarette smoking. An electronic cigarette user simply inhales nicotine at select levels with a small amount of tobacco flavoring, substantially fewer ingredients than traditional cigarettes. Electronic cigarette users are not
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burdened by foul odors and tastes that result from cigarette smoke. Electronic cigarette users make the choice to exchange their...lifestyle changes. New users and continued users have expressed feelings of ease, satisfaction, and refreshment. There is an overwhelming improvement in the lives of smokers after they take the necessary steps to embark on a life-changing journey with an electronic cigarette.

The question regarding electronic cigarette safety may not have a definitive answer at this time, but it is absolutely certain that electronic cigarettes are a vastly safer smoking method than traditional cigarettes. While further studies are certainly necessary to confirm the safety of the product, it has already been made abundantly evident that users feel, look, and behave in a healthier manner while using an electronic cigarette. This evidence is incredibly encouraging for current users, and for those seeking a safe and reliable path to stop smoking.
Electronic Cigarette Advantages

Why Make the Switch to E-CIGS?

It's time for all people who smoke traditional cigarettes to consider the unique advantages of electronic cigarettes. E-cigarettes offer positive solutions in terms of specific health benefits, environmental friendliness, and less cost than smoking tobacco.

People who love to smoke are seeking more information about the new trend of electronic cigarettes. Why? In using e-cigarettes, no one has to give up the pleasurable sensation of smoking, even in smoke-free environments. E-cigarettes can be freely used in lounge areas or while sitting directly next to another person with no impact on him or her.

It's possible to use e-cigarettes in almost every type of work environment, too. For example, if your place of employment forbids smoking, it's likely that e-cigarettes can be used on the premises instead of having to go outside or to your car.

How E-Cigs Function

As traditional smokers lose the freedom to smoke in our society, they are turning to electronic cigarettes as their best alternative. E-cigarettes produce a vapor vs. smoke, so they can be used in office settings, restaurants, and hospitals. Even hospital patients who smoke can utilize e-cigarettes within the hospital.

Here's a quick overview of how e-cigarettes work:

An electronic cigarette has a heating element, called an atomizer, to transform a liquid mixture into vapor. The unit has a battery to enable this.

The e-liquid used with the e-cigarette is comprised of nicotine extracted from the NIGHTHAWK plant family, also known as Solanaceae, flavors, and a substance known as a diluent.

A diluent acts in two ways: it will automatically dilute the nicotine and flavors to the correct strength, and it creates the vapor.

An added benefit of electronic cigarettes is that anyone can use them as a strategy to reduce nicotine or give up traditional cigarettes entirely. Because you can decide how you want to use the e-liquid for the unit, you can reduce the nicotine over time and step up the flavors. For example, some users like a coffee flavor. However, check out our huge variety of flavors that include: melon, pineapple, strawberry, and more. You can enjoy the flavors you like most while nicotine is slowly reduced.

How You Gain Control

It's simple to purchase a Cartomizer / cartridge that is prefilled with a flavor you want to try. The atomizer within the unit turns the e-liquid into vapor that delivers a great taste. This makes it easier to give up traditional cigarettes, because you can enjoy the flavors and nicotine level you've selected with no smoke involved.

Traditional cigarettes contain additives, pesticides, and chemicals that are not revealed to consumers. E-cigarettes incorporate more pure ingredients. In fact, doctor's organizations and health groups are forthrightly endorsing their use as a suitable alternative to tobacco.

In using e-cigarettes, you don't have to give up the ritual of relaxing and enjoying the flavors and nicotine levels you really like. However, a great benefit of deciding to use e-cigs is that you will likely feel better physically within a few weeks. You will only be ingesting nicotine vs. various additives of traditional cigarettes, so you may notice better energy, breathing, and overall wellness. This may lead to your decision to use them permanently.

It's quite simple to switch to e-cigarettes in order to break the tobacco addiction altogether. While you can enjoy the feeling that you are relaxing with a traditional cigarette, you can also choose to slowly dial back the amount of nicotine. This kind of control ensures you can withdraw from nicotine in steps and stages, if that's your goal.

Why Health Factors in

From a health standpoint, it's simply not worth it to light up traditional cigarettes anymore. We all know that smoking tobacco correlates to lung issues, heart disease, and allergies. The additives in smoking tobacco also increase the addictive properties of traditional cigarettes.
Electronic cigarettes are definitely the wave of the future, due to ever increasing wellness awareness in our society. E cigarettes create a very positive solution for those with young children in the home, for example. They can be safely used around family members with allergies or asthma.

According to Dr. Brad Rodu, the head of the Tobacco Harm Reduction effort at the University of Louisville's James Graham Brown Cancer Centre, the benefits of electronic cigarettes are clear.

The American Association of Public Health Physicians has taken a stand in favor of electronic cigarettes as well. Dr. Michael Siegel, a professor at the Boston University School of Public Health, reports positive comments of the AAPHP on his blog.

In making your own decision, consider that electronic cigarettes do resolve some very specific issues. When it comes to being a smoker, for example, you may want to consider the benefits of e-cigarettes. There's no need to allow smoking tobacco to affect friendships or dating relationships anymore. You now have a very practical solution for moving away from traditional cigarettes.

The vapor of the e-cigarette and the ritual of relaxing with an e-cigarette will satisfy each individual without affecting anyone else. This is good news for those who like to enjoy certain flavors, and they don't plan to give it up.

Understanding the Products

Every individual will prefer to order products that seem personal. Blaze products provide a host of choices in terms of e-liquid flavors and e-cigarette kits. Refills, accessories, and kits are available to accommodate your budget, lifestyle, and personally.

When you purchase our products, you can select from a variety of colored batteries, carrying cases, and Clearomizers. Clearomizers are liquid tanks you can purchase instead of buying a prefilled tank. You can add the liquids yourself.

By visiting our website, you can familiarize yourself with our Clearomizers/cartridges that allow you to purchase and utilize the liquids as you like. It's easy to educate yourself about the component parts of e-cigs and the products. The cartridges have a plastic mouth piece that will allow you to inhale vapor made when the battery heats the e-liquid via an atomizer. The e-cig's battery powers the atomizer to produce the host.

Clearomizers are engineered to have a cartridge and an atomizer in the same unit. This means you can have a fresh atomizer each time. This way, you can use a different cartridge with a different flavor with no taste mixture. You may prefer one flavor at noon and another before dinner, for example. A fresh atomizer will allow this quite easily.

It's important to sustain a routine of ordering and utilizing e-cigarettes to see what works. Find out what appeals to you individually.

Going smoke-free is a good step for your health and wellness program, so consistently make the e-cig experience something you look forward to. This way, you'll stick with it.