STARTER ELECTRONIC CIGARETTE KITS

At Nuvo, we realize everyone is different. That is why we created the NuvoCig. Create your own starter kit. You will be able to select the following:

- Your charger type - Select any style of our great electronic cigarette chargers
- Cartomizer 5 pack of flavor - With over 20 flavor and strength combinations, you are sure to find your perfect flavor
- Battery Color - 3 great options.

This is a great kit to start out with! You get to choose everything for it, and the price can't be beat. If you are new to vaping, we strongly recommend adding a second battery to your order. Even if one needs charging, you'll always have a fresh battery, minimizing downtime so you can get right back to enjoying your product.

BLOGGERS LOVE US

"I used this product for 3 weeks and while, I have not quit entirely, it has helped me to cut way down. The first puff on the Nuvo Cig was very strong! You do not want to inhale as deep as you normally would with a normal cigarette. Once you get past that it does satisfy the craving for a cigarette."

- Kat

DESIGN YOUR OWN KIT

CHOOSE A BATTERY
1. Standard
2. Multi Color
3. Ultimate Battery

TRY OUR TOBACCO, MENTHOL, AND OTHER FLAVORS

ACCESSORIZE
1. USB Charger
2. Car Charger
3. Carrying Case
FREQUENTLY ASKED QUESTIONS

How does the Nuvo e-cig work?

Can Nuvo electronic cigarettes be used to quit smoking?

Different people use different devices and/or methods to stop smoking. NuvoCig is meant to be an alternative to traditional smoking, not necessarily a smoking cessation device. However, many people have used it to aid in their efforts to stop smoking. We do supply cartomizers with staggered levels of nicotine, including non-nicotine, so that users have the opportunity to reduce their nicotine intake gradually while satisfying their other habitual desires of smoking. Please keep in mind that NuvoCig has not been laboratory tested to be qualified as a smoking cessation device.

Does a NuvoCig produce smoke?

Does the liquid contain nicotine?

What is in the liquid and vapor?

Is an Electronic Cigarette safe?

Is a Nuvo e-Cigarette better for me than traditional cigarettes?

How much nicotine is in each cartomizer?

Why does it feel like I'm not getting as much nicotine as I do from my regular cigarettes?

How can I get the most out of my cartomizers?
E-Liquids

1. Choose A Flavor:

- Tobacco
- Menthol Sensation
- Apple
- Banana
- Blueberry
- Bubble Gum
- Buttered Toast
- Caramel Toffee
- Cherry
- Cola
- Coffee
- Juicy Peach

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- Google+
- LinkedIn
Welcome to the Nuvo Wiki

By Nuvo | June 29, 2012 | Safe Smoking

Here you will find everything you need to know about Nuvo Electronic cigarettes, including product guides, health benefits, and customer testimonials.

What is NuvoCig?

Nuvo is an electronic cigarette. E-cigarettes simulate the sensation of smoking without the negative side effects of traditional cigarettes. Nicotine is vaporized into an aerosol mist, giving the user the sensation of smoking without the harmful chemicals found in regular cigarettes.

Nuvo provides smokers with the freedom to smoke anywhere. You can use Nuvo in conjunction with traditional cigarettes in areas that are under smoking bans, or where others could be exposed to second hand smoke. So whether you're looking to quit smoking entirely, or just want to expand your smoking options, Nuvo is your solution. To find out more about electronic cigarettes, click here.

Tips To Make Your E-Cig Last

By webools | June 2, 2015 | E-Cig, Electronic Cigarette

One of the most common concerns of electronic cigarette users is making sure that they can make their electronic cigarette last as long as possible. Electronic cigarettes operate on both a battery life and the life of the cartomizer or flavor of the electronic cigarette. NuvoCig offers a variety of different options and accessories that can help make your battery last longer, and your flavor continuing for prolonged us. Additionally, there are some steps you can take to make your electronic cigarette last longer.

1. Correct battery storage is important with electronic cigarettes. Batteries that are left in extreme heat or extremely cold temperatures are less likely to perform optimally. Of course, storing your batteries in a dry, safe place is also important. Damage can occur from water or any type of physical impact to the battery.

2. Not overcharging your battery can also make a difference in prolonging the lifespan of your e-cigs. Unscrewing the e-cig battery when you are finished charging will make sure you are not overcharging the device, which can damage the
NuvoCig would never sell a product it doesn’t stand behind. NuvoCig discloses ingredients involved so you know what is in the NuvoCig product you are consuming. Regardless, when comparing the level of danger of traditional cigarettes to electronic cigarettes, the comparison is clear. Any rumors you’ve heard about electronic cigarettes exploding or being dangerous is likely untrue, or the user was at fault.

**Myth 2: E-Cigs Are Illegal**

Electronic cigarettes are not illegal in most areas of the world. Although it is important to check with your local laws, in many areas of the country and the world electronic cigarettes are both legal and socially acceptable. In some areas electronic cigarettes may even be allowed in public.

**Myth 3: E-Cigs Are More Expensive Than Regular Cigarettes**

This is not the case for NuvoCig. NuvoCig electronic cigarettes can actually be much more efficient and cash flow friendly. You can purchase NuvoCig packs that can last significantly longer than a pack of traditional cigarettes. With NuvoCig you can have more control over your usage and plan for additional refills as needed from NuvoCig.com.

**Myth 4: E-Cigs Can Be Purchased By Kids**

Electronic cigarettes are not designed or marketed to appeal to children or anyone underage. In most areas of the world there is a minimum age for purchasing electronic cigarettes, often the same age as traditional cigarettes. In most states in the US this age is 18, although in some areas the age is 19.

**Myth 5: E-Cigs Are Trying to Attract Non-Smokers**

This simply is not true. Electronic cigarettes were designed with current smokers of traditional cigarettes in mind. The product has become tremendously successful due to current smokers using electronic cigarettes to eliminate or lessen the use of traditional cigarettes. Nuvo offers non-nicotine options with their flavors.

**Myth 6: E-Cigs Have Bad Chemicals In Them**

Electronic cigarettes actually have far fewer chemicals in them than traditional cigarettes. Although some electronic cigarettes do contain nicotine, many of the very harmful chemicals found in traditional cigarettes are not found in electronic cigarettes. Although there have been a number of rumors about various household chemicals being found in electronic cigarettes, these are unfounded. Be sure to read into the brand of e-cigs before purchasing, as electronic cigarettes can vary. NuvoCig makes sure to only sell reputable products to help you rest assured.

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**E-Hookah vs Traditional Hookah**

**By webtools | April 24, 2015 | E-Hookah**

Hookah, the flavored water pipe for smoking tobacco can be really tempting, as hookah bars are growing in popularity and thereby in number across different cities. Search up a local hookah bar in your neighborhood and you’re bound to find at least one. Like the traditional cigarette, hookahs can seem socially appealing and have a palatable taste. Also like the traditional cigarette, unfortunately, the traditional hookah poses serious risks to your health.

**Hookah is More Dangerous than Cigarettes**

The dangers of smoking hookah were addressed by policy makers, health professionals and advocacy workers on March 17, 2015 at the 16th World Conference on Tobacco or Health in Abu Dhabi. One such danger that was highlighted was the fact that smoking hookah for an hour is the equivalent of smoking a heaping 100 cigarettes. An hour may seem excessive, but most hookah smoking sessions usually last between 30 minutes to an hour and a half.

**Health Problems and Misconceptions**

A generally held misconception about the hookah is that it is a healthier alternative to smoking cigarettes. This is not so. Although the smoke passes though water before it is inhaled, there is a large amount of cancer-causing chemicals, tar and nicotine. The concentration of this matter cannot be filtered out through the pipe, despite its water content.

Besides the risk of cancer and heart disease, smoking hookah is proven to have other dismaying effects like dizziness, nausea and headaches. This should not come as a surprise due to the coal inside the hookah. You are essentially inhaling
burnt coal, along other unhealthy particles.

**NuvoCig E-Hookah is the Best Option**

The NuvoCig E-Hookah is the best choice for anyone interested in taking up hookah, seeking to quit, is a tobacco user, or anyone seeking to get all the flavor of a hookah without any of its hazards. Our e-hookah kits possess none of the harmful ingredients found in regular hookahs—that means no coal, no tar, no benzene, or any of the other bodily offensive chemicals. If you are a hookah lover, try our E-Hookah as a safer alternative to traditional hookahs. Or if you are trying to quit tobacco, but are not quite there yet you can try to cut your tobacco use in half by moderating you cigarette/hookah use with our E-Hookah. The E-Hookah eliminates any health risk the latter two present. With all flavor and no toxins, you've got nothing to lose with NuvoCig.

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**E-Cigarettes Less Addictive Than Cigarettes:**

By webtools | March 27, 2015 | E-Cig, Electronic Cigarette

There has been a lot of recent studies that have led to some interesting developments and confirmations in regards to electronic cigarettes versus traditional cigarettes. Penn State recently conducted a study that showed electronic cigarettes are actually less addictive than traditional cigarettes.

Traditional cigarettes have been addicting to its users for a variety of reasons. Although many tend to think the addiction comes only from nicotine, traditional cigarette users are exposing themselves to far more than just nicotine. Traditional cigarettes have hundreds of harmful chemicals within them that damage your body and your overall health. These chemicals are not found in NuvoCig electronic cigarettes.

**NuvoCig** electronic cigarettes can help you control your nicotine intake and give you control beyond what you may have had otherwise. With NuvoCig you are not only avoiding all those nasty chemicals in traditional cigarettes, but you are controlling the amount of nicotine you intake when you use our electronic cigarettes. Using smokeless electronic cigarettes will help you avoid harmful chemicals and lead to noticeable health benefits.

*It has been debated whether electronic cigarettes help traditional cigarette smokers quit. Many studies have agreed that electronic cigarettes can be an effective supplemental tool to help "ween" traditional cigarette smokers off of the product. NuvoCig can be the perfect aid you have been looking for to help reduce or eliminate your smoking. Imagine how much healthier you will feel on a daily basis if you are able to stop smoking traditional cigarettes completely!*

As electronic cigarettes continue to become increasingly popular, more people are realizing the numerous benefits of using electronic cigarettes over traditional cigarettes. In certain demographics, electronic cigarette use is actually outnumbering traditional cigarette usage. NuvoCig can help you join the popular side of the trend.

Overall, NuvoCig electronic cigarettes are a great alternative to traditional cigarettes. **Not only have electronic cigarettes been proven to be less addictive**, you're more likely to enjoy the experience of a NuvoCig over a traditional cigarette. Learn more about NuvoCig electronic cigarettes at [www.NuvoCig.com](http://www.NuvoCig.com)

Tagged e-cigarettes, E-Cig Benefits

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**Get the most out of your cartomizer & e-cig!**

By Nuvo | March 16, 2015 | Safe Smoking

A lot of customers contact us and ask how they can make sure each cartomizer lasts as long as possible. Nuvo's cartomizers contain twice as much e-liquid as our largest competitor! Follow these tips to maximize your experience with our cartomizers:

- The cartomizer should be "primed" to get a better vaping experience. To do this, inhale four to five times at five to ten second intervals after attaching a new cartomizer to your battery.
This allows e-juice to saturate the area around the coil, allowing heat to spread throughout the length of the coil in order to provide a better hit.

- Be sure to avoid shaking or dropping cartomizers, as the e-liquid inside could potentially spill out. For the same reason, cartomizers are best stored horizontally. When not in use/ before using a cartomizer, be sure to keep it in a sealed container, as prolonged exposure to air can dull the flavor over time.

- Try to replace the rubber cap on the cartomizer when you don't vape.

- Keep the cartomizer away from heat, which can cause evaporation of the e-liquid. Try not to place your e-cig in tight clothing to avoid friction and long exposure to body heat.

- To extend the life of the cartomizer, take shorter inhales; less juice is used per puff and it will be consumed more efficiently. Avoid directly exhaling through a cartomizer, make a habit of moving the e-cig away from your lips before exhaling. Repeated exhales through the cartomizer can allow moisture to saturate the battery, making it more likely to malfunction.

A quick note on e-juice and safety

Because nicotine is a transdermal chemical, it is readily absorbed by the skin. E-liquid rarely spills from pre-filled cartomizers in quantities that would be harmful, but should a spill occur be careful to avoid skin contact. This is a bigger concern with higher-concentration e-liquids and selfmixed e-liquids (which, generally, should be left to the professionals).

Battery Maintenance

Here you can find an extended guide to battery maintenance. It's good practice to rotate between two batteries, since the more frequently they're used the more effective they become. Before first use, it's recommended that a battery be charged for eight hours. This can increase the battery's life and efficiency. Also remember to unscrew the cartomizer and the battery during long periods of disuse, and to keep the battery in a clean place away from strong magnets. Again, don't let the battery die completely before switching them out. As the battery gets low on power, the efficiency of the vaporizing component might decrease as well, which is why stronger batteries tend to give “bigger” hits.

Accessories

Like most electronic devices, remember to keep cords from fraying and breaking by storing them unbent. Always remember the USB adapter and battery when they're plugged into the computer (particularly laptops) so that they're not accidentally snapped off and damaged. Vapor caps can enhance a cartomizer's flavor and prevent vapor from entering the battery, as well as allowing a user to share their e-cigarette more easily.

A Look at the Cost of E-Cigs and Traditional Cigarettes Over Time

By webtools | February 23, 2015 | E-Cig, Electronic Cigarette, Money Saving Tips, Nicotine, Safe Smoking, Smoking Alternative

Electronic cigarettes have been compared to traditional tobacco cigarettes in many different ways. In addition to the countless potential health and social benefits of using electronic cigarettes rather than traditional tobacco cigarettes, there can be some financial benefits as well. Electronic cigarettes can provide a similar experience for the user, without many of the downsides that come with smoking tobacco cigarettes.
One of the largest strains of being a smoker besides the many negative health effects is the strain that smoking has on your wallet. Monthly cash flow can be seriously impaired for people who smoke on a regular basis, especially for those who may smoke one to two packs of tobacco cigarettes a day. Although the cost of cigarettes varies considerably depending on where you are located, the price of cigarettes can become expensive regardless.

<table>
<thead>
<tr>
<th>State</th>
<th>Cost Per Pack</th>
<th>Ranking</th>
</tr>
</thead>
<tbody>
<tr>
<td>Virginia</td>
<td>$5.25</td>
<td>Lowest</td>
</tr>
<tr>
<td>New York</td>
<td>$12.85</td>
<td>Highest</td>
</tr>
<tr>
<td>National Average</td>
<td>$6</td>
<td>Average</td>
</tr>
</tbody>
</table>

As you can see from the chart above, the average price of a pack of cigarettes can vary considerably by state. The most expensive state in the US for a pack of cigarettes is New York, perhaps not surprisingly for those who live in the state. New York City, where a large percentage of New York’s population resides is particularly expensive for cigarettes. The lowest state average price for a pack of cigarettes is Virginia at $5.25. Regardless of where you live, this type of cost on a daily basis is sure to add up over the course of your lifetime.

**NuvoCig can help you save costs while also improving your life.** NuvoCig offers a variety of different packages, any of which can save you money regardless of what state you live in. For example, NuvoCig offers a Cartomizer package for only $19.99. This cartomizer package is the equivalent of about 10 packs of traditional cigarettes as it contains 5 replaceable cartridges. For $19.99, you will have an extremely difficult time finding 10 packs of traditional tobacco cigarettes anywhere. NuvoCig also can work on bulk orders, so if you purchase larger quantities at a time you will be able to purchase NuvoCig electronic cigarettes for an even lower price per use.

The other area where NuvoCig can save you money over traditional cigarettes is health care costs. Health care costs continue to rise on an annual basis, and NuvoCig doesn’t contain the nasty chemicals that are found in traditional cigarettes. Many companies may also charge their employees a medical surcharge if they use tobacco cigarettes, which may not apply to users of electronic cigarettes (company specific).

Overall, you can see there are a lot of benefits of using NuvoCig rather than traditional cigarettes. If the social and potential health benefits outlined in many of the other blogs and on the NuvoCig website aren’t enough, perhaps the drastic change to your cash flow and budget will be enough to spark you to make the switch to NuvoCig. Be sure to check out www.NuvoCig.com for more details on the various packages to learn how you can save money and change your life today.
BBC Segment Compares E-Cigs and Traditional Cigarettes

By webtools | February 16, 2015 | E-Cig, Electronic Cigarette, Safe Smoking

Ever since electronic cigarettes were introduced there has been an ongoing debate on how they compare to traditional cigarettes. There has been a tremendous amount of back and forth regarding the health related concerns of electronic cigarettes versus traditional tobacco cigarettes. The British Broadcasting Corporation (BBC) recently conducted a study on the health effects of traditional cigarettes versus electronic cigarettes.

What the doctors and medical researchers found was quite interesting. Research showed that there were over 4,000 toxic chemicals found in traditional tobacco cigarettes. Each of these chemicals had the potential to increase a user's risk for cancer, heart disease, and other serious illnesses.

When they researched electronic cigarettes, they discovered that although the vapor contains nicotine, the amount of chemicals present was far smaller.

The medical researchers were able to put together a number of tests comparing electronic cigarette users with users of traditional tobacco cigarettes. The researchers analyzed the saliva, urine, and breath of all the patient subjects for both user categories. The results showed that levels of both carbon monoxide and acrolein were much lower for those using the electronic cigarettes than those using traditional cigarettes. In fact, they showed that users of electronic cigarettes had similar levels to those of a non-smoker. Carbon Monoxide is best known for being a leading cause of heart disease, while acrolein is best known for causing many different types of cancer. Despite the large differences in the harmful chemicals, nicotine was shown to be roughly the same between the two product types.

Researchers also studied whether or not vaping would affect those sitting in a nearby area. This piece of information would be particularly useful to politicians who are considering banning electronic cigarettes in public places. The research determined that there was no evidence of electronic cigarette vapor having a negative health effect on those nearby.

In the end, medical researchers and academic professors determined that electronic cigarettes do have health dangers, the danger is likely to be a small fraction of the type of dangers associated with typical tobacco cigarettes. The BBC reporter ended the segment by stating that if he were a smoker of traditional cigarettes, he would give electronic cigarettes a try. NuvoCig makes it easy to get started if you are new to electronic cigarettes. The packs are easy and come in smaller starter trials if you want to try it out. Learn more and view product lines at www.NuvoCig.com. If you’d like to view the video about the study, click here.

Electronic Cigarettes vs. Cigarettes in a Car

By webtools | February 9, 2015 | E-Cig, Electronic Cigarette, Safe Smoking

Many smokers enjoy smoking in their car. Being able to get some stress relief on the drive to or from work or being able to relax while on a long road trip can be a pleasant experience. Although smoking in the car may be an enjoyable experience for you, there are some significant downsides that should be considered.
Carrying Case (select from our stylish designs)
USB Charger (your choice of standard or car adapter)
5 Pack Cartomizer (choose from our wide assortment of flavors)

NuvoCig Big Battery Kit:
- Premium Battery (choose from the ultimate battery and the multi-color battery)
- USB Charger (your choice of standard or car adapter)
- 5 Pack Cartomizer (choose from our wide assortment of flavors)

Do you both want to quit smoking? Having a strong support system is crucial so why not do it together? Take advantage of our Customizable Electronic Cigarette Starter Kit for Couples. Get a great offer on everything you'll need in one purchase!

NuvoCig Customizable Electronic Cigarette Starter Kit For Couples:
- Two Batteries (you can each choose from the Standard Battery or the Premium Battery)
- Two Carrying Cases (select from our stylish designs)
- Two USB Chargers (your choice of standard or car adapter)
- Two 5 Pack Cartomizer (choose from our wide assortment of flavors)

Helping move your partner towards a healthier lifestyle is only natural for someone you truly care about. Forget about the "traditional" Valentine's gifts of chocolate or teddy bears that will just collect dust.

NuvoCig has zero calories and can help push your partner towards a happier, healthier lifestyle in more ways than one. For more information be sure check out the links within the text for each kit or visit www.NuvoCig.com.

This Valentine's Day, celebrate love – love for the health of your own body and that of your partner's.