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## Scientists Stunned After Vaping Test Results! Vaping Indoors is OK?

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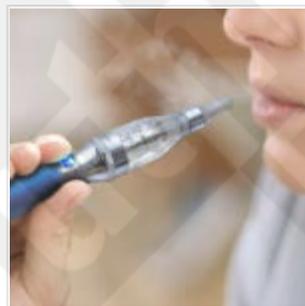
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Scientists Shocked After E Cig Test Results!!! Vaping Indoors OK? Over and over again, we've heard public health officials argue that we simply do not have enough scientific data to be certain that electronic cigarettes are a safe alternative to tobacco. But the truth is that research from E Cig Test Results abundant and every month, we have new studies that point to the truth. **The latest study to hit the scenes is shaming critics and shocking public health officials with undeniable evidence from E Cig Test Results that vaping is safe and effective.**

The new study was published in "Regulatory Toxicology and Pharmacology" and showed what exactly



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is hiding in ecig vapor compared to the contents of cigarette smoke. Scientists ran tests on three flavors of Blu ecigs and two flavors of SKYCigs. They also tested Marlboro Golds and Lambert & Butler cigarettes. Finally, they tested the ordinary room air as a baseline to use as they compared E Cig Test Results.

The researchers specifically looked for 8 toxins in this study: carbon monoxide, carbonyls, phenolics, volatiles, metals, tobacco-specific nitrosamines, polyaromatic amines, and polyaromatic hydrocarbons. It was no surprise that tobacco cigarette smoke was full of poisonous chemicals. **But researchers were shocked to see that the toxins in ecigarette vapor were quite similar to the normal toxins found in regular room air. In fact, there was no major increase in toxins between normal air and ecig vapor.**

Instead of deadly toxins, the ecig vapor only contained propylene glycol, water, and small traces of flavoring and nicotine additives. In order to register any degree of toxicity, the scientists had to use 99 puffs of an ecig to get even the tiniest measurement of 0.18 milligrams of HPHC's. To put that in perspective, a single puff of a Marlboro Gold cigarette measured 30.6 milligrams. In a puff-to-puff comparison, the cigarettes had 2000 times more toxins than the e-cigs.

**"But researchers were shocked to see in the E Cig test results the toxins in ecigarette vapor were quite similar to the normal toxins found in regular room air."**

**This study makes it clear that ecigs are a far better alternative for smokers.** They are now scientifically proven to have harm reduction properties and there is no way that lawmakers can argue that public vaping is harmful after looking at these lab reports. The next time you hear someone complaining that public vaping is dangerous, point them to this study. Science is our number one weapon to stop critics and spread truth about all the incredible benefits of vaping.

Test results <http://www.sciencedirect.com/science/article/pii/S0273230014002505>

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*This entry was posted in VAPOR NEWS and tagged scientist, vaping on July 10, 2015 by Vapor Man.*

## The FDA And E-Cigarettes: Republicans Reject Amendment To Bill Requiring Pre-Market Review



Republicans blocked an amendment to a spending bill on Wednesday that would require that electronic cigarettes be subject to the Food and Drug Administration pre-market review process, reported the Hill. Republicans voted 26-23 to reject the amendment, which was proposed by Rep. Nita Lowey of New York, the top Democrat on the Appropriations Committee.

The amendment sought to remove a provision in the bill that exempted e-cigarettes and similar products from a pre-market review process, a provision Lowey described as "objectionable."

"This bill would allow them [e-cigarettes] to stay on the market ... without an FDA pre-market review and open the door for similar products to avoid FDA review down the road," Lowey said of the spending bill, which would fund the Department of Agriculture and the FDA.

In a statement last month, Lowey described the bill as "nothing short of a giveaway to the

## Why E-cigarettes are Popular - 7 Compelling Reasons

Since 2007 when e-cigs entered the US market from their original home in China, these gadgets have become popular by the day. More and more people are turning to e-cigs to beat addiction to tobacco smoking. It is obvious that the numbers will continue to grow. It is time to establish the reasons behind this popularity:

### May not be as harmful as tobacco smoking

It still baffles many to find someone smoking a traditional cigarette when it is clear that tobacco contains more than 4,000 toxins. Very few people may not know that various forms of cancer affect those who smoke, especially for prolonged periods. Besides, there are a million others who do not smoke, but are affected daily by secondary smoke. For example, mothers who smoke pose great danger to their unborn children, who may be born with various defects. In essence, those who appreciate the harmful effects of tobacco smoke often find a refuge in e-cigs.

### No established extreme health complications so far

Scientific and medical studies have so far have not found serious complications associate with vaping. Unlike tobacco, whose toxicity has been established without doubt, there are no conclusive studies that suggest that e-cigs can kill. The nicotine found in them is addictive but can be controlled. In addition, no studies have shown that those who live with people that vape or those who consume the fumes as secondary 'vapers' are harmed. The future may change these findings, but for now, the e-cig is gaining more fans.

### Greater acceptability in society.

Unlike tobacco cigarettes that have been demonized by society and condemned through medical research, e-cigs are acceptable in many societies. Perhaps this is because no harmful effects have been discovered, but we must acknowledge that people are more fascinated than disgusted with an e-cig vaper. Very few, if any people, will frown upon you when you vape in public. This practice is yet to be banned by authorities in many jurisdictions thus making it an acceptable practice.

### They can provide an alternative to smoking traditional cigarettes

Let's face it, some people smoke because they like to smoke. But there is a chance that an e-cigarette will give you something else to do besides smoke cigarettes.

### E-cigs are stylish

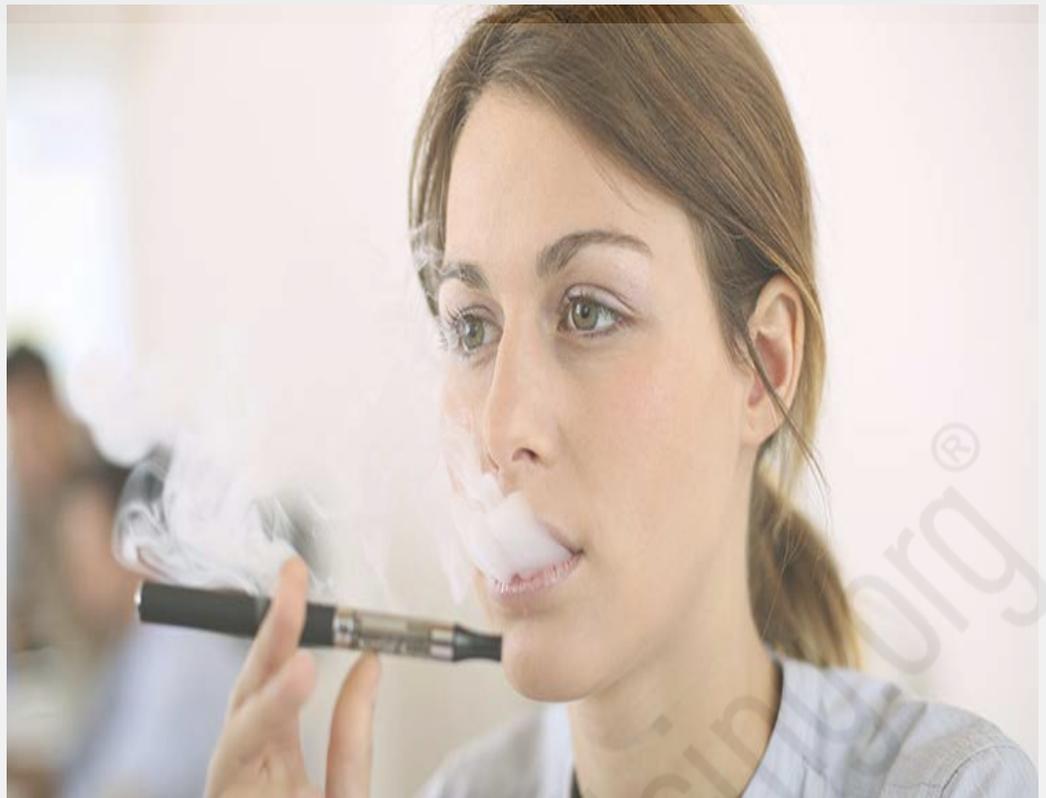
Fashion is a very important and indispensable aspect of contemporary society. Everyone wants to look modern and fashionable. E-cig manufacturers understand this and have developed devices that not only produce copious fumes, but also attract the eye. There are numerous models of these gadgets, all competing for various customers using attractive designs. In the actual sense, all e-cigs are basically the same, with comparable capabilities. Accentuating various designs will enlarge the market and makes e-cigs popular.

### Celebrities use them

The popularity of e-cigs is enhanced by the fact that various celebrities are now vaping. Celebrities are role models whose actions and lifestyles are worth emulating. It is no wonder that various products are advertised through such renowned showbiz figures. Consequently, when people see their favorite pop idols vaping, chances are high that the former or current smoker will want to vape too.

### E-cigs are portable

A fashionable device that produces vape that one craves is obviously a popular one. Making the



Science behind vaping

**Nothing Actually Burns** – E-cigarettes run on lithium batteries. Because of this there is nothing to light, and no smoke. It is made of a vaporization chamber and cartridge that is filled with a liquid. When you puff on the e-cigarette the battery powers the device to heat the liquid and vaporizes it. Some e-cigarettes have a tip that glows and some do not. It all depends on your personal preference. Because they do not burn tobacco there is no carbon monoxide and no odor.

**E-cigarettes Contain Liquid Nicotine** – They are smoke free and tobacco free, but they do contain nicotine. The liquid used in e-cigarettes is a combination of nicotine and flavoring of your choice, propylene glycol and other additives. The amount of nicotine in each e-cigarette depends on the liquid you choose. Some have the same level as regular cigarettes and some have lighter versions. There are cartridges available that contain a flavored liquid without nicotine. These are mostly used by people who are trying to kick the habit.

**They Are Toxic** – Liquid nicotine is extracted from tobacco, but unlike tobacco leaves, liquid nicotine can be lethal. It can cause harm when it's inhaled, but it can also be harmful when ingested or absorbed through your skin. Follow the directions carefully and always keep liquid nicotine away from children. If done responsibly it can be an enjoyable experience.

**There is No Quality Control** - E-cigarettes are not regulated. To make sure you are getting a safe product make sure you buy from a quality dealer who uses top-quality ingredients. The FDA is fighting to regulate them. In 2014 the agency proposed regulations for e-cigarette.

**They're Reusable** – as long as you remember to recharge the e-cigarette battery-powered devices they are reusable. Some also have USB and car chargers available. Many devices are also refillable. The liquid in the cartridges needs to be refilled regularly. This can be done by inserting a new cartridge or refilling one you already have.

**They Can Cost Less Than a Traditional Cigarette** – If you have a pack-a-day habit of traditional cigarettes you can spend more than \$1000 per year. E-cigarette devices come in a variety of

shapes and sizes; this will be your initial cost. The typical starter kit can cost anywhere from \$30-\$100 depending on the manufacturer and the style you choose. A years' worth of replacement cartridges can cost you about \$600. You can also choose to buy the liquid in bulk and refill it yourself, which will save you money.

Allowed to Smoke in Smoke-Free Places – Because of the smokeless tobacco and little regulations, e-cigarette can be smoked anywhere. Regulations do vary from country to country. So check where you live.

Can Cause Lung Damage – Some E-cigarette users' experience diminished lung function, airway resistance and cellular changes.

*This entry was posted in Vapage E-CIG Community and tagged facts, vaping, e-cigarettes on April 25, 2015 by Vapor Man.*

## Hollywood Celebrities that Smoke E-Cigarettes



Hollywood loves Vaping

Traditional cigarette smoking has been popular as far back as the 1930's. On the movie screen you would see actors and actresses smoking their cigarettes both in a seductive way and to accentuate the "tough guy" persona. But, traditional cigarette smoking did not stop when the cameras stopped rolling. Traditional cigarette smoking was popular on-screen and off with many stars, which included Humphrey Bogart, Betty Grable and Johnny Carson, just to name a

