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New To Vaping? Here's How To Get Started

This entry was posted on April 7, 2015 by Kathy Edens.



So you've decided to join the revolution of individuals who are vaping. Now what?

What does vaping even mean? Let's start with some basic definitions so you'll know how to speak the lingo.

Definitions

eCigarette – An eCigarette is an electronic device that vaporizes a liquid mixture containing nicotine and several other ingredients. This vapor is what you "smoke."

eLiquid – Your eLiquid is the combination of nicotine, Propylene glycol, vegetable glycerin, and flavorings. You can even get nicotine free eLiquid, and your options for flavors are almost endless.

Battery – The battery is usually rechargeable and lasts for multiple "hits" on the eCigarette. Most people have at least two batteries, the extra one

to vape with while the first one is charging.

Cartomizer – The cartomizer is the workhorse of the eCigarette. It contains both the eLiquid and an atomizer that heats up and turns your "juice" into vapor. Cartomizers are powered by the battery, and some come prefilled with eLiquid, while others are fillable with a flavor of your choosing. Prefilled ones are replaced when empty, and you simply refill the other type.

Vaping – Smoking an eCigarette is called vaping because the nicotine and other ingredients in the eLiquid are vaporized to give you the sensation of actually drawing smoke into your lungs.

How does it work?

Once assembled, an eCig looks and feels much the same as the analog version (the slang term for a tobacco cigarette). Batteries are either manual or automatic. A manual battery has a button you push to activate the power supply, while an automatic activates when you inhale.

The vape battery heats up the atomizer, and as the eLiquid passes through it when you inhale, the atomizer heats the eLiquid into a vapor. When you inhale this vapor, you get a "throat hit" that feels much like regular tobacco smoke throat.

The average eCig cartomizer filled with your choice of eLiquid gives you as many hits as smoking cigarettes. As you get comfortable with using the eCigarette, you can branch out to other styles and find what gives you the best throat hit and vapor. And you'll definitely want to try various liquids to find a flavor you love.

But where do I start?

You can order each item listed above a la carte, but the easiest way to make sure you get everything you need for vaping is with a [starter kit](#). Most kits come with a battery, a cartomizer, a charger to recharge your battery (the exception are disposables, which are simply discarded after use), and a handy case that holds everything. Many starter kits include more than just one of each part, and also come with prefilled cartomizers so you can begin your vaping journey without having to buy anything extra.

Our starter kits have everything you need to start vaping today.

How do I choose an eLiquid?

Most manufacturers have small bottles of eLiquid or sampler packs so you can try many different flavors. You also have your choice of nicotine strengths to choose from, and most companies offer some eLiquid with no or very little nicotine added.

Do your research. Not all eLiquid is manufactured equally. eLiquids that are made outside the U.S. and by many U.S. companies often don't use the same quality ingredients that Halo's American-made eLiquids do. You don't really know what you're getting mixed in with your eLiquid when you buy from overseas operations.

The Halo Company manufactures our [eLiquid using pharmaceutical grade ingredients](#), so you know what you're getting every time you order. Learn more about [what makes The Halo Company different](#) from other manufacturers.

The Take-Aways

Some of the benefits of vaping are:

Odorless. No more stinky car or home with ashes spilling everywhere. Your hair and clothes will smell only of the soaps you used to clean them.

Safer. eCigarettes don't need to be lit with a flame because they're battery operated. You won't have any more holes from hot ash falling on your clothes or furniture. No more burn marks when you let your cigarette burn down too low.

Flavors. You choose what flavor you want to vape. The choices are almost endless, so you're sure to find at least one that you like. Try them all before you decide. Each carries its own distinct mixture.

Socially acceptable. Let's face it. Cigarette smoking is not socially acceptable any more, but eCigarettes are less intrusive than smoking tobacco. You can smoke an eCigarette virtually anywhere without condemnation from friends and family.

Let me know what you think.

Do you still have questions? Drop us a comment below, and we'll get back to you with an answer. We're here to make your first eCigarette experience the most enjoyable it can be.

Join the revolution today! Click [here](#) to get started.

This entry was posted in [eCigarette Essentials](#) and tagged [e-cig cartomizer](#), [vape battery](#), [vape pen](#), [e-cigarette](#), [vaping](#), [vape juice](#), [e-liquid](#) on April 7, 2015 by Kathy Edens.

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