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5 Reasons Why People Switch To E-Cigarettes

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Throughout the United States, electronic cigarettes are increasingly regarded as a less harmful alternative to traditional cigarettes. Many people looking into how to quit smoking have given up on various methods such as the patch, nicotine gum, or even going cold turkey, but have found that vaping with electronic cigarettes actually helps to make the transition off of traditional cigarettes easier. We've outlined five good

reasons why below.

1. Electronic Cigarettes are Familiar

Aside from the frequent doses of nicotine, a big part of why smoking is so hard to give up is the comfort provided by the ritual. From the physical motions to the social aspect, many smokers become as attached to the act of smoking as the nicotine itself. Electronic cigarettes simulate the feel of traditional cigarettes: you can puff/inhale them like a cigarette and enjoy them with others. Smokers trying to figure out how to quit smoking often find this aspect of electronic cigarettes a comforting feature. The nicotine supplements contained in many e-liquids help as well.

2. e-Cigarettes are Less Expensive

With an e-cigarette, you can buy a vial of e-juice with which you repeatedly refill the cartridge, providing a larger amount of puffs. You can get a lot of mileage out of an e-cigarette with a little maintenance and a replacement atomizer here and there. With traditional cigarettes you are buying pack after pack, which seem to grow more expensive every day and attract heftier taxes to pay for their social cost.

3. e-Cigarettes are Less Intrusive

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e-cigarette vapor has far fewer toxins than traditional cigarette smoke. Being lighter and less dense, vapor disperses more easily, and without leaving lingering odors. Many smokers look into how to quit smoking because they are tired of constantly irritating their peers and traveling to the ends of the earth to find a designated smoking area, but electronic cigarettes don't present the same kind of nuisance. Many establishments even allow them indoors. Plus, e-cigarette users don't have to worry about all those dirty ashes and butts.



4. Electronic Cigarettes Contain Less Toxins

According to recent studies, electronic cigarette vapor contains fewer toxins than traditional cigarette smoke. When smokers switch to electronic cigarettes, they cut the tar and tobacco smoke out of their intake, along with a considerable list of toxic chemicals that are found in traditional cigarettes.

5. Electronic Cigarettes are Exciting

When smokers look into how to quit smoking and come across electronic cigarettes, they often find themselves pleasantly surprised. The world of electronic cigarettes is an exciting place in which vapers can choose from a variety of e-cigarette styles to suit their preferences, or even customize their own to fit their needs. Besides the customizable vaping experience, vapers have a wide range of exciting flavors to choose from such as coffee, toffee, chocolate, mint, berry, banana, cheesecake, cotton candy, and much more. You can even mix flavors and create your own delicious combinations. Many vapers find that the experience of e-cigarettes and e-liquids turns into a stimulating hobby itself.

Shop Today

If you're looking into how to quit smoking, electronic cigarettes are a great start. At EV Cigarettes, we carry a wide range of quality electronic cigarettes; you're sure to find one that fits your style. Choose from a selection of over 250 flavors of e-liquids and introduce some variety to your vaping experience. Ready to make the transition? Shop our selection today!

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