



# Youthful anti-ageing

Advanced stem cell skin care and nutrition

Independent Jeunesse Distributor



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## Rosacea

Rosacea is a chronic (long-term), persistent acne-like skin condition that usually affects middle-aged and older adults. This chronic skin condition causes swelling of the blood vessels beneath the facial skin, causing redness, spider-like blood vessels or acne-like blemishes. Fair-skinned people, people between ages 30 and 50, and women are more prone to developing rosacea, which is physically harmless but often embarrassing. Other symptoms include a tendency to blush easily, bloodshot or watery eyes, and a red, bulbous nose. Rosacea can be triggered by sun exposure, emotional stress, extremes in temperature, wind, humidity, heavy exercise, red wine and other alcohol, hot baths, coffee, and spicy foods.

Information provided by: Dr. Mehmet Oz, MD  
[www.sharecare.com](http://www.sharecare.com)

## Testimonial photos



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