



MyPillow ✓

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Restless Leg Syndrome can be quite the problem through out the day and night! Our pillows help to keep your nerves cool and your neck straight which helps your legs relax! Here is some information about RLS according to the National Sleep Foundation!

What is restless legs syndrome (RLS)?

RLS is a serious condition that has affected people for many years, but it has not always been taken seriously, and is often undiagnosed or misdiagnosed.

Approximately 10 percent of American adults¹ suffer from this neurological sensorimotor disorder, which causes uncomfortable and sometimes painful

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