Would you like to look significantly younger in just a matter of seconds, without any needles or knives involved?

Sounds crazy, but Jeunesse has made this possible with Instantly Ageless™! This powerful anti-wrinkle microcream works like botox, quickly and effectively diminishing signs of aging. Click here for a copy of the Instantly Ageless™ product information sheet.

Instantly Ageless™ was applied beneath this lady’s right eye, and her eye bag transformed from this:
to this:

Watch the video below to witness this amazing transformation yourself:

How to apply Instantly Ageless®?

Lightly pat a very thin layer onto any targeted areas, but do not pat until the cream is dried. Instead, leave the cream slightly damp on your skin because Instantly Ageless® works as it is drying on skin. Remain expressionless while Instantly Ageless® dries to achieve dramatic results.

Instantly Ageless® can be applied before or after make-up, but should be applied only after you have applied all your daily facial maintenance.
products such as toner, moisturiser and sunblock.

**What are the effects of Instantly Ageless®?**

- Visibly diminishes the appearance of fine lines and wrinkles
- Erases the appearance of dark circles and puffiness under the eyes
- Minimizes the appearance of pores
- Helps to even skin texture
- Mattes skin for a flawless finish
- Restores skin to optimum appearance

**How long will the effects last?**

The effects last up to approximately 8 hours.

**Where to buy Instantly Ageless®?**

Instantly Ageless® is sold online. You can purchase it from [http://www.ageless2014.jeunesseglobal.com](http://www.ageless2014.jeunesseglobal.com) at $74.95 per box. [Click here](http://www.ageless2014.jeunesseglobal.com) for a guide on how to make the purchase. Each box contains 50 sachets with 0.3ml cream in each sachet. Each person can purchase up to 10 boxes per 30 days. Purchases made via this method can be shipped to you almost anywhere in the world.

However, Instantly Ageless® will cost only $44.95 per box (about 40% cheaper) if you sign up for an account and order Instantly Ageless® directly through your personal account. Each member can purchase up to 25 boxes per 30 days. Go to [this webpage](http://www.ageless2014.jeunesseglobal.com), and click on "Join Now" on the upper right of the webpage to sign up. [This post](http://www.ageless2014.jeunesseglobal.com) offers a quick guide to the sign up process. Please note that Instantly Ageless® is currently only available to members in the United States. Hence, for those not living in the United States who wish to purchase Instantly Ageless® through your personal account, select ÒUSAÓ as the country which you are shipping to. You will need a contact in the United States to receive delivery of your Instantly Ageless® order, and after that, send your purchase to you where you live.

If you have any questions, please feel free to email me at [markiza9777@gmail.com](mailto:markiza9777@gmail.com)

**6 Reasons to Supplement with Resveratrol**

Source: [http://www.mensfitness.com/nutrition/supplements/6-reasons-to-supplement-with-resveratrol](http://www.mensfitness.com/nutrition/supplements/6-reasons-to-supplement-with-resveratrol)

Below are key points from an article in Men's Fitness magazine on the top 6 reasons why we should take resveratrol supplements.

Resveratrol is a key ingredient in RESERVE®, a potent antioxidant gel blend. RESERVE® contains 186mg resveratrol per 30ml pack, in a highly bio-available form. [Click here](http://www.mensfitness.com/nutrition/supplements/6-reasons-to-supplement-with-resveratrol) for more information on RESERVE®.

**1. Endurance Enhancement**

According to a [2012 Canadian study](http://www.mensfitness.com/nutrition/supplements/6-reasons-to-supplement-with-resveratrol), resveratrol supplementation could provide similar skeletal muscle benefits as endurance training. The study found that resveratrol supplementation also resulted in an increase of endurance, oxidative metabolism, and enhanced cardiac function. Better yet, the combination of endurance training with resveratrol
supplementation resulted in a performance increase of 21%.

2. Cardiovascular (i.e. heart and blood vessels) Security

A Canadian study found that by drinking one to two 5-ounce glasses of wine per day (which contains resveratrol), study participants were able to significantly reduce their risk of developing atherosclerotic disease, a precursor to heart disease and stroke, and subsequently also reduce their risk of death by roughly 30%. Researchers in Connecticut determined that resveratrol preconditions your heart thus providing it with the best protection to avoid cardiac events.

3. Cancer Protection

A recent study conducted in France found that resveratrol was able to slow down production of cancerous cells and therefore could be considered an effective anticancer agent.

4. Eyesight Safeguard

Vision loss is a normal part of aging. A study by Missouri researchers has found that resveratrol has the ability to counteract this problem. Resveratrol has the ability to regulate angiogenesis which prevents abnormal growth of blood vessels that damage eyesight.

5. Testosterone Boost

Testosterone levels decline gradually in men after age 30. Symptoms of low testosterone levels include feeling excessively tired, weaker, depressed, and loss of sex drive. According to a Korean study conducted on mice, resveratrol improved blood testosterone concentration by more than 50%.

6. Mental Sharpness

Recently, UK researchers conducted a study and found that neurological (i.e. brain, spinal cord and nerves) blood flow increased after consuming resveratrol. Prior to that study, Illinois researchers discovered that mice receiving resveratrol supplementation had better memory function and overall increased mental performance.
Say goodbye to varicose veins

Varicose veins are swollen, twisted veins which can be seen...
underneath the skin. These veins usually occur in the legs, but they also can form in other parts of the body. Varicose veins form when blood vessel walls are weak, or when pressure inside the veins is so high that it overwhelms healthy blood vessels. Varicose veins may cause pain, blood clots, skin ulcers, or other problems. If blood clots occur, this will reduce the area for blood to flow through and force the blood vessel to dilate even more.

Some resort to medical procedures to get rid of varicose veins, which involves either removing the varicose veins or closing them up.

The appearance of varicose veins can be reduced if blood vessel walls can be strengthened enough. Botanicals such as grape-seed extract (a potent source of Vitamin E) help to build up muscle and connective tissue in blood vessel walls, and antioxidants help to strengthen blood vessel walls overall. RESERVE is packed full of antioxidants, with grape-seed extract as one of its key ingredients. Consumers of RESERVE have observed remarkable results on their varicose veins — bulging of the varicose veins began to decrease, and over time the varicose veins became significantly less visible.

Visit this page for more information on RESERVE, and how to purchase it.
Fantastic results on surgical wound and stretch marks!

Ok so here goes!!! Was nervous about posting this but just have to now!! I had abdominal surgery 8 weeks ago and have been using the Luminesce serum combined with Reserve for 6 weeks now. The difference is just amazing not only on the scar but my stretch marks aswell!!

Real cancer patients. Real stories.

Mr. Tan was a Stage 4 prostate cancer patient. At 77, and with the cancer having spread to his bones, the doctor said that he was too old and weak to undergo chemotherapy. He was given only 6 months to live.

Mr. Tan’s daughter, Alice, was desperate to find something to help her father. One day, a friend told her about RESERVE® and how its key ingredient, resveratrol, can help fight cancer. After reading-up on resveratrol, Alice was eager to try RESERVE® on her father. Alice was living in Australia, while her father lived in Malaysia, and RESERVE® had just been launched by Jeunesse in the US market. Thankfully, Jeunesse adopts a global approach to its business and despite RESERVE® not being available in Australia or Malaysia at that time, Alice was still able to create an account with Jeunesse on-line, order RESERVE® and have it shipped to her father in Malaysia from out of the United States.

Today, thanks to RESERVE®, Mr. Tan is cancer-free and enjoying life as a healthy man. The test results below show decreases over time in his cancer markers (PSA or prostate-specific antigen), after he started taking RESERVE®. PSA is a protein produced by prostate gland cells. PSA is found in high levels in men with prostate cancer and is used to monitor the progression of prostate cancer.
This is Mr. Tan, sharing his story on stage.
March 2009
PSA: 3.47

August 2009
PSA: 0.87

February 2010
PSA: 0.47
He has regained his health and energy levels, and is able to walk unaided
This lady was suffering from skin cancer on her face. Her doctor advised her that going through chemotherapy may blind her. She got to know of RESERVE® and took 9 packs a day. Within just 2 months, she had started to recover from her skin cancer. Doesn’t she look great now?

Taking 6 packs of RESERVE® per day helped this final-stage leukemia patient recover. The red/blood patches on her legs were gone after 7 days of taking RESERVE®.
The lady pictured below was a breast cancer patient. She took 3 packs RESERVE® daily in hopes of curing her cancer. Her cancer markers reduced from 45 to 35 within 2 months, and subsequently reduced to 11 in the third month.

This little guy was diagnosed with liver cancer at 1.5 years old, and has gone through chemotherapy. His mother searched the Internet, looking for something to help her little boy. She found RESERVE® and decided to give it a try. With 2 packs a day, he is now recovering steadily.
RESERVE has given all these people (and more) a second chance at life. One of the key ingredients in RESERVE is resveratrol. Studies have found that resveratrol is able to slow down production of cancerous cells and therefore could be an effective anti-cancer agent. Click here for more information on this remarkable supplement.

Another life changed
RESERVE™ helps against diabetes

Resveratrol helps stimulate insulin secretion. Insulin helps lower and regulate the amount of glucose in the blood. Resveratrol also prevents insulin resistance which is a condition where the body is less sensitive to the effects of insulin.

Andrew was scheduled to have his right leg amputated all the way up to the knee. With nothing left to lose, he decided to try RESERVE when recommended by a friend. Within a few weeks, his leg had healed to the point where amputation was no longer required.

Mei Wong
It’s a awesome product. My neighbour who is bedridden and the doctor says 95% of her kidney fails. I gave her a box of reserve to try. And after consuming the whole box of Reserve, she is suppose to go back to the hospital for another operation to insert more dialysis tube, but to her surprise, the doctor says her kidney is working and even removed the dialysis tube from her neck. she says her feet used to be very cold, but now it warms back and her diabetic wound is healing well and is now walking with a cane. She taking 3 sachets of reserve a day.
A diabetic patient had gangrene of the finger. She was scheduled to amputate the finger in 9 days. She started taking 2-3 packs of RESERVE® daily, and experienced acute pain in her finger by the third day. She could not bear the pain and requested her doctor to amputate her finger straight away. To her surprise, her doctor congratulated her as she had regained blood flow to her finger and did not need to amputate it.

This man took RESERVE® and applied the LUMINESCE® Cellular Rejuvenation Serum to the diabetic wound on his leg. The wound dried up within 3 days, and healed within 7 days.
RESERVE® contains 186mg resveratrol per 30ml pack, in a highly bio-available form. This makes RESERVE® an extremely effective supplement against the numerous diseases which resveratrol helps to combat. Click here for more information on RESERVE®.

How RESERVE™ changed the life of a multiple sclerosis patient

Alvin Phua suffered from multiple sclerosis (MS) since 2000. MS is a disease where a person’s immune system incorrectly attacks the central nervous system (i.e. brain, spinal cord and optic nerves), resulting in many disabilities. Alvin’s story was reported in an article by the National University Hospital of Singapore in 2007 (see: NUH_Alfvin_Phua_multiple_sclerosis).

Alvin’s vision became patchy, his speech was slurred, he couldn’t walk properly and he couldn’t hold or lift things with his hands. Sometimes he gets bad attacks, such as paralysis and loss of vision. His treatment consisted of a drug injection (beta interferon, costing ~SGD2,200/mth) – this drug initially made him so tired that he couldn’t even turn over in bed, and gave him flu-like symptoms. In May 2011, he had chemotherapy which left him weak and frail.

It was around this time when Alvin was introduced to Jeunesse and RESERVE®. Although apprehensive at first, today Alvin is in good health thanks to RESERVE®. He is able to speak and walk normally again, use his hands properly, and regained bladder control. MRI scans also show that damaged tissues in his brain have fully healed. It’s amazing how Jeunesse and RESERVE® have changed his life.

Below is a video in which Alvin shares his experience with MS and RESERVE®.

Click here for more information on RESERVE®.
Heal wounds and reduce scars with LUMINESCE™

The LUMINESCE™ Cellular Rejuvenation Serum is a one of a kind product. It is made up mostly of human growth factors which, when applied to our skin, tells our damaged cells to repair themselves. There’s no other serum in the market which works this way.
As LUMINESCE works by repairing damaged cells, therefore in addition to being a great skin care product, it is also able to heal wounds quickly with minimal or no scarring. It is also able to reduce old scars on our skin, including keloid scars.
The speed at which you notice the positive effects of LUMINESCE® depends on the condition of your skin and how often you use LUMINESCE®.

Visit this page for more information on LUMINESCE®, and how to purchase it.

**LUMINESCE™ heals stretch marks**

Finally, a solution to those dreaded stretch marks!

LUMINESCE® Cellular Rejuvenation Serum is able to reduce and heal stretch marks. LUMINESCE® is mainly made up of human growth factors which instruct our cells to repair themselves by forming new collagen, elastin, blood vessels and tissue.

It is best to begin using the LUMINESCE® Cellular Rejuvenation Serum before stretch marks appear on your skin, or when stretch marks are just starting to occur. This will help to prevent or minimise the number of stretch marks which appear. The serum can also reduce older stretch marks as well if used over a prolonged period.
Our cells require at least 3 months to make new collagen, elastin, blood vessels and tissue. It may take longer than this to heal stretch marks which have on your skin for a long time, but prolonged use of LUMINESCE® Cellular Rejuvenation Serum will show improvements gradually.

Visit this page for more information on LUMINESCE®, and how to purchase it.
Look younger with LUMINESCE™

LUMINESCE® skin care products, particularly the LUMINESCE® Cellular Rejuvenation Serum, have amazing results in reducing wrinkles and fine lines. Take a look at the photos below:

LUMINESCE® has also been proven to lighten / reduce pigmentation, including liver spots. These results are fantastic!
The LUMINESCE® Cellular Rejuvenation Serum contains mostly human growth factors which are obtained from human stem cells, and are therefore able to communicate effectively with our cells to repair themselves. LUMINESCE® skin care products can be safely used by everyone as they are all natural, hypo-allergenic and paraben free.

Some people may experience mild redness on their skin when they start using LUMINESCE®. LUMINESCE® works by telling your cells to repair any damage in the area. Our body heals certain damage by creating an inflammatory reaction to get rid of the problem, and the redness will go away once the area is healed. There has not been any report so far of permanent redness from using LUMINESCE®.

Look at how much younger these people appear, after using LUMINESCE®. LUMINESCE® makes your skin smoother and more radiant, resulting in an overall younger appearance.
It is much easier to maintain healthy and youthful skin by taking good care of your skin daily, compared to trying to repair damaged skin. So start with LUMINESCE® as soon as possible. If you start using LUMINESCE® at a younger age before you get wrinkles, fine lines or pigmentation on your skin, you will be able to delay and minimise these aging effects from showing on your skin.

For more information on LUMINESCE®, and how to purchase it, visit this page.

Feel energised and lose weight with RESERVE™

How does RESERVE® boost energy and help with weight loss?

Resveratrol

Each 30ml pack of RESERVE® contains 186mg of resveratrol.
Resveratrol has been found to increase mitochondrial activity – mitochondria is a special unit inside our cells which break down nutrient in food to create energy for our cells and body. Increased mitochondrial activity results in increased energy levels.

Resveratrol also has the effect of inducing other metabolic changes such as lowering blood sugar, decreasing liver fat and lowering blood pressure. These changes will result in weight loss over time.

**Green tea**

Another ingredient in RESERVE® is green tea extract. Green tea has the ability to increase certain hormones (norepinephrine) in our body which tells our fat cells to break down fat. Once broken down, the fat moves from our cells into the bloodstream and becomes available for our body to burn as energy.

Studies have found that green tea increases fat burning, while resting as well as during exercise. Most studies show that green tea boosts metabolism and helps burn 3%-4% more calories when resting. The fat-burning effect of green tea is even stronger when exercising.

Consuming RESERVE® will increase metabolism, help you feel more energetic daily, and lead to weight loss over time.

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**Visibly slimmer after 1.5mths on RESERVE™**

3 packs RESERVE™ daily.
Lost 13kgs within 6 months.

Lost 10kgs in 2mths

Lost 10kgs in 3mths

Lost 7kgs in 3mths

Lost 5kgs in 2mths

Lost 6kgs in 1mth

1 pack RESERVE™/day for 18mths: XL to L
3 packs RESERVE™/day for 6mths: L to M

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LOSE WEIGHT TODAY WITH RESERVE™!
Try RESERVE™ today and say hello to a new you – vibrant with energy, at your ideal weight! Visit this page for more information on RESERVEª, and how to purchase it.

**Get rid of skin problems with LUMINESCE™**

Apart from reducing fine line & wrinkles and helping skin stay youthful, LUMINESCEª cellular rejuvenation serum also helps get rid of various skin problems. LUMINESCEª cellular rejuvenation serum contains over 200 human growth factors which penetrate the skin and instruct our cells to repair and rejuvenate damaged cells, by generating collagen, elastin and new blood vessels. Due to the ability of LUMINESCEª to communicate with our cells this way, LUMINESCEª can be used to treat many different types of skin problems all over the body. LUMINESCEª has successfully healed dermatitis and eczema, amongst other skin problems:

LUMINESCEª also does an amazing job in getting rid of acne:
The time it takes to see results from using LUMINESCE® varies depending on the skin’s condition and frequency of applying LUMINESCE®. Some see reduced redness and inflammation within a few weeks. Generally, our cells take at least 3 months to re-generate collagen, elastin and new blood vessels. Therefore, the positive results of LUMINESCE® can certainly be seen after at least 3 months of consistent use.

Apply a thin layer of LUMINESCE® cellular rejuvenation serum at least twice daily to the affected area of your skin. Faster results can be achieved with more frequent application. Visit this page for more information on LUMINESCE®, and how to purchase it.

More testimonials below:
Vicky’s sister Amor has been struggling with acne for years and has significant scars from the acne. She decided to try the Jeunesse Luminesce Rejuvenating Serum hoping it would help with heal the acne. For the first few weeks, her acne seemed to get worse and she panicked a little, but she believed that her body was just detoxifying and stuck with it. She’s glad she did. After 1 month, her results are remarkable.
LUMINESCE™ Q&A

Below is a video of a Q&A session with Dr. Nathan Newman in relation to LUMINESCE® products, particularly the LUMINESCE® cellular rejuvenation serum. Dr. Nathan Newman is the man behind LUMINESCE® products. He is a world-renowned cosmetic surgeon with a fully-accredited and respected cosmetic surgery practice in Beverly Hills, California and is the innovator of the Stem Cell Lift procedure.

The video is 35 minutes long, and I’ve summarised the key points below for easy reference:

Q: What is the correlation between stem cell lift and LUMINESCE® products?

A: The stem cell lift procedure involves harvesting adult stem cells from the fat in a patient’s body, and injecting these stem cells back into
another part of the patient’s body to repair and rejuvenate the area. There are no actual live stem cells in LUMINESCE® (stem cells cannot survive if applied on the outside of the body). What LUMINESCE® contains are growth factors produced by these stem cells as these stem cells are grown in the lab.

Q: Are there studies to substantiate LUMINESCE® results?

A: Yes. It’s the same technology – stem cells are rejuvenating the body. The difference is that stem cell lift gives volume as fat is injected into the area. In this aspect, LUMINESCE® does not give volume but LUMINESCE® will talk to your cells to renew themselves and reduce lines and wrinkles, make the skin smoother, and repair damage caused by aging / lifestyle / sun exposure. LUMINESCE® tells your cells to make new collagen, elastin and blood vessels.

Q: If young people use LUMINESCE® before getting lines and wrinkles, will LUMINESCE® help to slow down these signs of aging?

A: You will have better results if you start taking care of yourself at a younger age. If LUMINESCE® is used from a younger age, you are actually maintaining your youthful skin (instead of reversing signs of aging, as aging has not started substantially yet). It is easier to maintain yourself than to repair damage- this is the essence of preventive medicine, to prevent damage from occurring. LUMINESCE® can be used on all body parts, not only the face.

Q: Can other products (e.g. make-up) be used together with LUMINESCE®?

A: Yes. After you wash your face, the first thing to apply on your skin is LUMINESCE™– there should not be anything between your skin and LUMINESCE® otherwise LUMINESCE® will not be able to penetrate your skin. After that, you can apply other products.

Q: What are the benefits of using LUMINESCE® on other body parts?

A: LUMINESCE® rejuvenates skin. It can also get rid of redness on skin, such as inflammation from acne, eczema, dermatitis and rash. LUMINESCE® has also been used successfully to cure scars, sores, and painful nerve endings (e.g. sensitive skin after laser treatment).

Q: LUMINESCE® uses adult stem cell technology. Does LUMINESCE® use embryonic stem cells?

A: No. The use of embryonic stem cells is still controversial today.

Q: What is the right amount of LUMINESCE® to apply?

A: Use just enough to cover the area with a thin layer, and use LUMINESCE® frequently enough to achieve desired results (use at least twice a day). Faster results will be achieved with more frequent use.

Q: Will LUMINESCE® remove heavy pigmentation and deep age spots?

A: Most age spots are from sun exposure. Some skin discoloration is from post-inflammatory changes resulting from acne, rash, burns, etc. Other skin discoloration (e.g. melasma, chloasma) is caused by hormonal changes. LUMINESCE® will definitely help improve overall skin tone but it may not completely remove discoloration. Results depend on the cause of discoloration. Some may require stronger treatment e.g. laser, to fully remove discoloration.
Q: How to store LUMINESCE®?

A: LUMINESCE® is a live product, with a slightly acidic pH to match our skin’s pH 5.5. High heat will denature / breakdown the product, therefore store in a cool place not warmer than room temperature (20-25°C, 68-77°F).

Q: Will variations in viscosity or colour affect efficacy of LUMINESCE®?

A: LUMINESCE® contains a pH indicator which is used by the Jeunesse team purely to check the product’s pH. The pH indicator gives LUMINESCE® a slight colour, and the colour varies from batch to batch. This does not affect efficacy. The pH indicator will be removed from LUMINESCE® soon. Heat will breakdown LUMINESCE® and make it less thick. Store in a cool place to avoid product breakdown.

Q: Why do some people have red spots after using LUMINESCE®?

A: LUMINESCE® is a live product which talks to your cells. If you have issues in certain areas, the growth factors in LUMINESCE® will talk to the cells there to heal the damage. One of the ways the body heals is by creating an inflammatory reaction to get rid of whatever is causing the issue. The redness will go away once the area is healed. I have never seen redness which does not go away.

Q: Are there any side effects from using LUMINESCE®?

A: LUMINESCE® is a natural product. I’ve never seen any negative side effects or allergic reaction to LUMINESCE®, (other than the temporary redness mentioned above). You need to consider whether you are using other products on your skin which may be causing redness.

Q: How long before the beneficial effects of LUMINESCE® can be seen?

A: Some products in the market may give immediate results, but these products are topical i.e. it works on the skin but not inside the skin. These product tightens up the skin immediately, but does not penetrate the skin into the cells. The effect is gone after a while, or once the product is washed off. LUMINESCE® works in the cells – the effects take time to see, but these effects are long lasting. It takes 3 months for collagen regeneration in our body, so please use the product for at least 3 months to see the beneficial effects.

Q: What is the shelf life of LUMINESCE®?

A: 2 years. It contains natural preservatives otherwise the live products will not survive. However, there are no chemical preservatives in LUMINESCE®.

Q: Does the quality of LUMINESCE® change under any condition, other than mentioned above?

A: The quality of LUMINESCE® depends on your skin condition. If your skin is healthy, and at the right pH of 5.5, you will get better / faster results compared to if your skin is in bad condition. It will take longer to see results if there are a lot of issues for LUMINESCE® to heal in your skin first.

Q: Can LUMINESCE® heal more significant issues, such as turkey neck?

A: Turkey neck is either caused by too much fat in the area, or the skin has lost elasticity and "fallen". LUMINESCE® will not have an effect
on turkey neck, only cosmetic surgery can help. The idea is to use LUMINESCE® from a younger age as prevention against these drastic aging effects.

**Q: Can LUMINESCE® reduce blackheads?**

A: Blackheads and whiteheads, etc. are clogged pores. To remove these, the pores need to be opened up through facials or the use of exfoliating products.

**Q: Is LUMINESCE® the only product using stem cell technology today?**

A: LUMINESCE® is not the only product using stem cell technology, but it is the only product using stem cell derived from adult human fat cells. LUMINESCE® is unique because it uses human stem cells (not animal stem cells), derived from fat (which is the best stem cells to be used on our skin). It is very difficult to make as it is a live product. This product is the first one of its kind, the only one, and the best one!

**Q: Does LUMINESCE® actually stimulate production of collagen when applied to skin?**

A: Yes. Not only does it stimulate collagen production, it also tells your cells to renew themselves by stimulating growth of new blood vessels.

### Jeunesse Sign Up Process – a simple guide

In order to sign up and create your own account with Jeunesse, you will need a referrer/sponsor and I would be honoured to be your sponsor. If you sign up through the Jeunesse corporate site (www.jeunesseglobal.com), you will be requested to provide your sponsor’s SiteURL, in which case, you can type in my SiteURL which is: **ageless2014** (i.e. www.ageless2014.jeunesseglobal.com). Note that you do not need to purchase any products from me, or make any payment to me, as your sponsor. All your purchases are made directly with Jeunesse through your own account.

It’s faster to sign up directly through my site (you won’t need to key in any sponsor details, it’ll be automatically captured for you). Here’s how:
1. Go to [this site](http://www.streisandjeunesseglobal.com) and click on "Join Now".

2. On the next page, select your region and language, then click "Continue".

3. Select "I Agree" once you have read and agreed to the Jeunesse Compensation Plan, Distributor Agreement Terms and Conditions and Jeunesse Policies and Procedures. Then click "Continue".

4. Complete all **required** information in the sign-up page, as shown below:
Select Starter Kit and one of the SignUp Packages (the Starter Kit and SignUp Packages vary slightly between different regions and may not appear exactly the same as shown below).

TheSignUp Packages are specially priced; each individual item is about 10% cheaper than the regular price. Larger packages offer larger savings. Savings from the SignUp Packages are sufficient to cover the Starter Kit price.

If you are signing up during the USD1 Starter Kit promotion period, the Starter Kit price will be reduced to USD1 when you check-out and pay for your purchases.
You can also custom your own SignUp Package by selecting "Create-a-Package". A new menu will then appear for selection of items to be purchased, as shown below. Regular prices apply (i.e. there is no discount) under the "Create-a-Package" option, unless more than 100CV of products are purchased. There is a 5% discount on purchases of 100CV and above. This discount will be reflected on the next page, after you click on "Complete SignUp" (Step 5 below).
Next, choose whether to sign up for the autoship program.

**What is autoship?**

The autoship program allows you to order products in advance – your entire order will be shipped to you at one go, but the points (CV) from your total order will be distributed to your account equally in the future months e.g. you order 12 boxes of Reserve; 60CV will be credited into your account each month for the next 12 months. You can purchase products in autoship up to a maximum of 720CV in total in each year (i.e. 60CV x 12 months).

You will save on delivery fees as your entire order will be delivered to you in one shipment, instead of having one product shipped to you each month.

If you choose not to sign up for the autoship program at this stage, you can still activate autoship at any time after your Jeunesse account has been created. Autoship is recommended, and you will enjoy the following benefits from the autoship program:

- automatic monthly qualifications (60CV will be credited automatically into your account each month, which is the minimum monthly CV required to be qualified to earn commissions)
- never losing your points (the 60CV credited automatically into your account each month will ensure that you maintain all points/CV which you have accumulated so far)
- always having the necessary Jeunesse products with you

![AUTOSHIP OPTION](http://www.winningyears.com/byecake.php)
5. Click on "Complete SignUp" once you are done.

6. On the next page, select your shipping method and key in your shipping and credit card details.

That's it, you've just created your own Jeunesse account!

**Resveratrol – a miracle that helps us stay young & healthy**

This article in The Independent today reports that scientists have found that resveratrol mimics molecules in our body which are capable of activating certain enzymes.

These enzymes then move into the nucleus in our cells and helps protect our DNA against damage. These enzymes also activate many protective genes in our DNA, such as an anti-cancer gene (P53) which suppresses tumours and genes which extend lifespans and fight age-related illnesses.

Various studies to date have found resveratrol to have the following effects:

- anti-oxidative
- anti-carcinogenic
- anti-tumour
- protects cells against genetic damage
- extends healthy life
- decreases incidence of heart disease, diabetes and other illnesses

For a powerful dose of resveratrol, try Jeunesses’ super antioxidant gel blend, RESERVE®. RESERVE® contains 186mg of resveratrol per 30ml pack (as shown in this test result), which is easily absorbed by the body because of the combination of highly nutritious natural fruit ingredients in RESERVE® which all work together to help achieve a higher absorption rate while providing your body with excellent nutrition. Compared to RESERVE®, resveratrol sold in capsule form is not readily absorbed into the body.
Scientists discover how red wine 'miracle ingredient' resveratrol helps us stay young

It stimulates ancient cellular mechanism that slows ageing in times of stress and sickness.

SINCE CONNOR - SCIENCE EDITOR - Monday, 22 December 2014

A substance found in red wine may protect the body against age-related diseases by stimulating an ancient evolutionary defence mechanism that guards human cells against genetic damage, scientists said.

Resveratrol, an organic compound found in grapes, nuts and a variety of other edible plants, has already been linked with extending the healthy life of laboratory animals as well as decreasing the incidence of heart disease and other illnesses in humans.

Because red wine is particularly rich in resveratrol, some researchers have suggested that it could explain the "French paradox" of a relatively high-fat diet but relatively low incidence of coronary heart disease within the wine-drinking population of France.

Nevertheless, scientists have disputed whether the supposed effects of resveratrol on human health are real and, if so, how it...
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Could be no beneficial. However, researchers have now come up with a possible answer.

The study found that resveratrol mimics another molecule found naturally in the body that is involved in activating an ancient chemical pathway to prevent stress and damage to the DNA of cells — which would otherwise result in ageing and disease.

Terry Kidby's pick of festive wines

“This stress response represents a layer of biology that has been largely overlooked, and resveratrol turns out to activate it at much lower concentrations than those used in prior studies,” said Professor Paul Schimmel of the Scripps Research Institute in La Jolla, California, who led the study published in the journal Nature.

The researchers found that resveratrol mimics a naturally occurring amino acid called tryptophan, which normally binds to one of a family of enzymes that are thought to have evolved many hundreds of millions of years ago when life existed as simple microbes.

One of these enzymes, known as TryRS, becomes activated when resveratrol binds to it. This causes the enzyme to move into the cell nucleus where it helps to protect the DNA of the chromosomes against genetic damage, the scientists suggested.

The study found that when the TyrRS enzyme enters the cell nucleus it activates a host of protective genes including an anti-cancer gene called p53, which suppresses tumours, and the so-

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called "longevity" genes implicated in extending lifespan and combating age-related illnesses.

Relatively small levels of resveratrol caused the response. These concentrations were about a thousand times lower than the doses previous studies suggested would produce an effect, said Matthew Sajish, co-author of the Scripps study.

"With these findings we have a new, fundamental mechanism for the known beneficial effects of resveratrol," Dr Sajish said.

"Based on these results, it is conceivable that moderate consumption of a couple of glasses of red wine would give a person enough resveratrol to evoke a protective effect via this pathway," he said.

The researchers suggest that the reason why resveratrol, a plant compound, can cause such a pronounced effect on animals is that it does much the same thing in plants. They suggested the TyrRS enzyme is part of an ancient defence system that predates the divergence of the animal and plant kingdoms.

"We believe that TyrRS has evolved to act as a top-level switch or activator of a fundamental cell-protecting mechanism that works in virtually all forms of life," Dr Sajish said.

Resveratrol: The "elixir" of youth

Various studies have indicated that resveratrol may be beneficial to health by possessing anti-oxidative, anti-carcinogenic or anti-tumour properties. The full scientific name is trans-3,4,5-trihydroxystilbene and it is found in the vines, roots, seeds and stalks of vine plants, but it becomes particularly concentrated in the skins of grapes, possibly as a defence against fungal attack. Red wine typically contains more resveratrol than white wine because of the habit of leaving grape skins for longer during fermentation. Other foods that contain resveratrol include peanuts and soy.

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