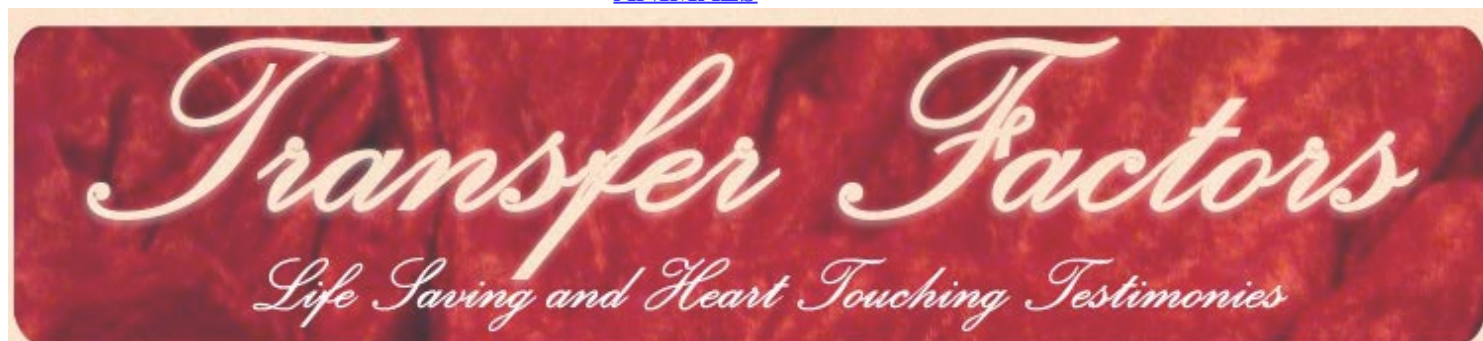


[ANIMALS](#) -



[ANIMALS](#) - [ALLERGIES 1](#) - [ALLERGIES 2](#) - [ARTHRITIS](#) - [ASTHMA](#) - [AUTOIMMUNE](#) - [BACK PAIN](#) - [CANCER - PAIN](#) - [CUTS/SCRAPES](#) - [DENTAL/GUMS](#) - [DIABETES](#) - [DOCTOR'S TESTIMONIALS](#) - [ENERGY](#) - [ESPAÑOL](#) - [FIBROMYALGIA](#) - [GENERAL](#) - [HERPES](#) - [HIV/AIDS](#) - [HEADACHES](#) - [INFECTIONS](#) - [INFLUENZA](#) - [LYME DISEASE](#) - [LUPUS](#) - [MULTIPLE SCLEROSIS](#) - [PARKINSON'S DISEASE](#) - [RESPIRATORY](#) - [SKIN DISORDERS](#) - [THYROID](#) - [WEIGHT LOSS](#)

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## HYPERTENSION

### 1. Hyperthyroidism, Rheumatoid Arthritis and **Hypertension** Recovery

I have been suffering from both Hyperthyroidism along with spotting throughout my cycle for at least 5 years. I heard about the Transfer Factor products and decided to give them a try. I started taking one Transfer Factor Plus (TF+) cap each day along with the Glutamine Prime (another great 4life product) once a day starting March 2013. I worked the TF+ dose up to 4 caps per day and kept the Glutamine Prime at one a day. I also increased my exercising and ate a whole food diet. Within this 4 month period I was amazed to find that I no longer suffered from hyperthyroidism based on blood work! Also my mid cycle spotting stopped! Recently my blood work showed that my body was unable to convert folic acid into methylfolate, which actually produces glutathione. So when I started taking glutamine prime from the 4life company my inflammation markers went down. My cholesterol naturally went down too. I then decided to give my mother who is 59 years old the classic Transfer Factor to try for her Rheumatoid arthritis one cap a day and within one month she found that she did not have Rheumatoid arthritis any more. It completely went away (her joint pain is gone and now has fully functioning fingers again), and her cholesterol went down too. Now her doctor is cutting back on her high blood pressure meds and took her off her cholesterol meds. What a cost savings too!!!! I am so thankful to the person who kept following up with me and encouraged me to never give up. Had I not listened I would not be where I am today. Thank you wellness team and 4life for your amazing healthful products! ~~ Maria Elena Health Coach

2. I suffer from a number of serious conditions. I have high blood pressure (average 175/130), high cholesterol, high triglycerides, rheumatoid arthritis, and was told by a doctor that I was in real danger of a stroke. I was on a ton of medicines. I was told about Transfer Factor and TF Cardio by a friend from Perth, Australia. Now after a few months, my blood pressure is down to a point where the doctor said he could live with that. My cholesterol level is down. My pain level is down. I can't remember when I had so much energy. I am now on much less medicine. I haven't done anything differently but take TF Cardio." Ken Winsett, Australia

3. "In September 2000, I experienced, for the first time in my life, a challenge with high blood pressure. I had never had a problem with my blood pressure but I was, at that time, under a great amount of pressure. Dr. Odile Gayten, was visiting our home and had conducted a sponsoring meeting earlier that day. Later that afternoon, I attempted to pick something up off the floor and began to feel dizzy. Dr. Gayten immediately

took my blood pressure and it was unusually high at 159/109. My blood pressure has been consistently 120/80 for as long as I can remember so this was quite a shock. At that point, I immediately started taking a product containing transfer factor, cordyceps, maitake and shiitake mushrooms, zinc, IP6 and beta glucans; I began with 4 capsules per day. I monitored my blood pressure about 7 or 8 times per day. By January 2001, after being on that product for 4 months and making moderate changes in my diet, my blood pressure dropped and has read consistently between 117/70 and 121/80 without administering any type of medication." S. J., Nevada

4. "I have been borderline High Blood Pressure for the past three years. My doctor has been monitoring my blood pressure periodically. It wasn't until recently that it went up to 151/ 101. I felt light headed, dizzy, nauseous and could hardly get dressed to go to the Emergency Room. I felt as though this was the end. I didn't want to take a high blood pressure prescription. It was recommended to me to take the Transfer Factor Cardio supplement containing hawthorn berry, capsicum, bladderwrack, tumeric, motherwork, milk thistle extract, butcher's broom extract and rosemary extract. This supplement was a miracle. I used it and after only a month my pressure is well balanced now. I feel great. I highly recommend that anyone with high blood pressure symptoms take a supplement with these ingredients." P. F., New Jersey

5. Down five months using TF only, he was due for a medical check-up. The results was a complete "NO MORE DOUBTS ON TF". Not a single trace that he was a cardiac patient. His heart, blood pressure and all indications does not lead to cardio problems. The doctor says, 'I am surprised. You have no indication of a heart problem patient.'

For two years solid on TF Cardio two caps twice a day, he still smokes, carry out normal activities and no more attacks since! Occasionally with TF Advanced, RioVida and MalePro help to give more excitement. Thank you TF for making our family complete and that my dad is no longer on drugs. We'll monitor from time to time with the advancement of medical technology while on TF!" Yenti Sandra

6. "I am suffering from high blood pressure, heart disease, gout, and cramps. I only took one bottle TF in a short time. I do not feel cramps or tiredness. Now no more gout! My blood pressure is stabilizing. My wife had stroke. Now she can walk like normal." Azman Yusoh

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[ANIMALS](#) - [ALLERGIES 1](#) - [ALLERGIES 2](#) - [ARTHRITIS](#) - [ASTHMA](#) - [AUTOIMMUNE](#) - [BACK PAIN](#) - [CANCER - PAIN](#) - [CANCER](#) - [CUTS/SCRAPES](#) - [DENTAL/GUMS](#) - [DIABETES](#) - [ENERGY](#) - [FIBROMYALGIA](#) - [GENERAL](#) - [HIV/AIDS](#) - [HEADACHES](#) - [INFECTIONS](#) - [INFLUENZA](#) - [LUPUS](#) - [MULTIPLE SCLEROSIS](#) - [PARKINSON'S DISEASE](#) - [RESPIRATORY](#) - [SKIN DISORDERS](#) - [THYROID](#) - [WEIGHTLOSS](#)