

# TRANSFER FACTOR® TESTIMONIES

## Transfer Factor Immune System Health - Testimonies

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## Menstruation and PMS

### IRREGULAR MESTRUATION

I have irregular menstruation cycle and sometimes, when I have my period, it goes on for a month. This once happened for 8 consecutive months. I have tried traditional medicine but although it helped, it did not help permanently. About half a year ago, I started taking Transfer Factor. I consumed 4 capsules of Transfer Factor Advanced a day. After two months, during menstruation, the flow was very heavy and there were many blood blots. After that my menstruation cycle returned to normal and up till now it has remained regular. My advice for all is to take Transfer Factor, both healthy and sick, as these supplements are good preventive measures. For those who have recovered from illnesses, they should also still continue with Transfer Factor to protect themselves from other chronic diseases.

Lee Chia Ying, 27 years old, Female, Seremban, Negeri Sembilan, Malaysia.

### FEMALE BALANCE

FemRite™ is a unique female balancing cream that contains a super-rich blend of natural progesterone (from soy) and diosgenin (from wild yam). FemRite™ is naturally metabolized and utilized by the body with no harmful health risks whatsoever.

Dr. William Hennen.

### HOT FLUSHES

Fro three years I have suffered from fatigue, anxiety, night sweats, heart palpitations, hot flushes and insomnia. I really felt wiped out. I made several visits to doctors and tried several prescriptions but nothing seemed to work. Someone suggested I go see a naturopath. I did improve on his program but when I started taking BIOGenstein Ultra™ I noticed an immediate change in the way I felt. I would strongly recommend BIOGenstein Ultra™.

Heather, NZ.

### IMBALANCE HORMONE

For years I have suffered from an imbalance in hormones. Emotionally, I was on a roller coaster. I am 49-years-old and have been on Premarin. I have had

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fibrocystic cysts removed from my breast. I love 4Life's™ FemRite™. Since I have been on this wonderful product, my emotions have leveled off. Lumps have stopped forming and my monthly cycle has normalized.

Donna F.

### **PMS**

As women know, we suffer with PMS and it can be pretty bad sometimes, the depression and moodiness. I take BioGenistein Ultra™ once a day and during that certain time when PMS sets in. I take it twice daily and it just smoothes over those feelings of anger and depression that women get with PMS.

Patricia T.

### **PMS**

I cannot tell you how thankful I am for 4Life's™ BioGenistein Ultra™ and FemRite™. I have suffered for years with major PMS challenges and with fibrocystics. Since I have used the 4Life products I have experienced what I call a miracle. I have tried other products with limited results. Thank you 4Life.

Tina A.

### **PMS**

After the birth of my first child, I started having PMS. Over the years, the symptoms became worse and worse until I was experiencing three weeks of PMS every month. I tried another wild yam cream, which was able to get rid of most of my symptoms. Then, I started on the FemRite™ cream and I could tell the difference right away. I will not go to bed or get up in the morning without it.

Debra H.

## **NATURAL HORMONE REPLACEMENT THERAPY REGIMEN**

Lately there has been renewed interest in using natural products for hormone replacement therapy (HRT). Recent studies suggest there may be an increased risk of breast, ovarian and uterine cancer in women who are taking traditional hormone replacement therapy. It has also been reported that traditional HRT may not be as effective in preventing heart disease as was previously believed.

Studies using phytoestrogens (natural occurring estrogens in soy) suggest that they may afford some protection from heart disease as well as some cancers in women and men. Additional benefits include the regulation of periods in women still menstruating and relief from pre-menstrual syndrome (PMS) symptoms. For post-menopausal women, phytoestrogens thin the uterine lining, virtually eliminating the bleeding that sometimes occurs in women taking traditional HRT. They also help control hot flashes.

### **DOSAGE POST-MENOPAUSAL WOMEN**

1. For women not currently taking any hormone replacement medication, we

recommend starting with one BioGenistein Ultra™ per day. This should be accompanied by the use of FemRite™ Crème twice a day. If this is insufficient to control your hot flashes, you should increase the BioGenistein Ultra™ to two per day, one in the morning and one at night.

2. If you are currently taking hormone replacement therapy, the following regimen is suggested. Continue to take your current dose of estrogen. Start taking two BioGenistein Ultra™ per day, one in the morning and one at night. At the same time, apply ¼ teaspoon of the FemRite™ Crème to the inside of your wrists, briskly rubbing them together until it is totally absorbed. After two weeks of BioGenistein Ultra™/FemRite™ Crème, start tapering your traditional estrogen therapy in the following manner.

If hot flashes become a problem, move back one step in the weaning process and stay there for two weeks. Then try again to discontinue the traditional estrogen. In some instances, it has been necessary to supplement these natural products with a very low dose of traditional estrogen to control hot flashes. (You will need a prescription for the next lowest dosage of your traditional HRT medication.)

This regimen will not prevent the atrophy and dryness that occur in the vaginal tissues after menopause. For this problem we suggest the use of ¼ applicator-full of vaginal hormone cream every three or four days. (You will need a prescription.) One prominent female gynecologist even uses this cream on her face every four days and claims (not proven, of course) it helps her maintain her facial skin elasticity.



This product has been formulated especially for women's health. **4Life Transfer Factor® BelleVie™** addresses the woman's gynecologic overall health, the breast, uterus, ovary and cervical health.

(to find out about the **benefits** of 4Life Transfer Factor® BelleVie™, click [here](#))

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