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Brittany Huffaker

13 hrs · 🌐

Went to the doctor today she came in and first thing she said is what have you been doing your down to 124 in weight and your blood work is phenomenal! Blood Pressure was great! As most people know I have several health problems and since being on Advocare I feel great, have tons of energy, and even my doctor noticed! She told me to keep doing what I'm doing! I've went from a 140 to 124 in weight-waist size 29 to 25!! Ask me how to get started with Advocare Today! We are having a mixer in Prairie Grove at [Shape Up Gym](#) on Thursday at 6:30 everyone is welcome lots of great info and giveaways!

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👍❤️ 25



Stephanie Elmore Cooper Amazing....got your Dr's stamp of approval!!
👍 1 · 13 hrs



Dacia Ridenour I'd love to do it I just can't take pills very well
👍 1 · 12 hrs



Brittany Huffaker Dacia you should try the spark you would love it! And it's not a pill I can get you some samples
12 hrs



Dacia Ridenour Yeah but I want to drop some serious poundage I just can't see me taking like 6-7 pills in a day I can barely down Advil lol
12 hrs

↳ Brittany Huffaker replied · 1 Reply



Rosalee Ann Poyner Marshall-Parker Some day soon I'll have get some info from you on this amazing stuff
👍 1 · 12 hrs

↳ Rosalee Ann Poyner Marshall-Parker replied · 4 Replies



Rosalee Ann Poyner Marshall-Parker Just saved ur number in my phone!!
👍 1 · 12 hrs

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