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**Howard Hoffman** shared Stacy Stenz's photo.  
October 5, 2014 · 🌐

Started with the Advocare 24 Day Challenge on May 16, 2014. Since then I have quit taking prescription drugs. I quit my blood pressure meds, my statins for cholesterol and I quit my Metformin for diabetes. Dr. says my type 2 diabetes is gone. Blood pressure normal. Cholesterol 190. A1c is 5.9. I was sick and tired of being sick and tired and said enough is enough. Thanks Advocare.



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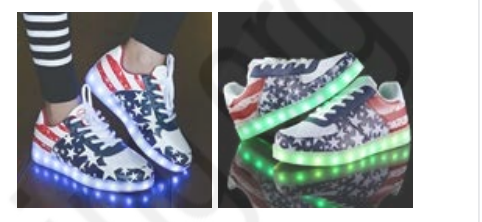
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- Karna Sandok** Congrats Howard!  
October 5, 2014 at 12:37pm · 👍 1
- Jason Berdan** Nice job Howard we are all very proud of you.  
October 5, 2014 at 1:34pm · 👍 1
- Michelle Berdan** Very proud of you Howard. Keep it up!!  
October 5, 2014 at 1:44pm · 👍 1
- Kristin Glaze** Good for you Howard!  
October 5, 2014 at 2:20pm · 👍 1
- Sarah Bennett** Plus you look great Howard!  
October 5, 2014 at 3:11pm · 👍 1
- Jeff Johnson** Congratulations Howard  
October 7, 2014 at 5:40am

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