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Sean Nix

May 1, 2013 · 🌐

DIABETES & ADVOCARE: From my good friend and weight loss superstar [Carla Elliott Maples](#) - I am off all oral medications. Lisinopril was to prevent kidney damage from high sugars. Zocor for high cholesterol and metformin for high blood sugar. I am off all of them. I still have an insulin pump but the dr has "dialed it back" the last 2 times I've been there. It is so good to not worry about all those meds! And of course I just feel so good without high blood sugar. AND she has lost over 40 pounds!! CAN YOU SAY ROCKSTAR? 😊

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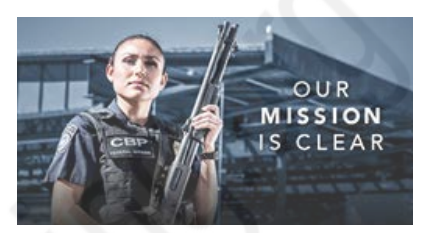
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