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May 12 · Manila, Philippines · 🌐

DIABETES is one of the top causes of death worldwide according to World Health Organization (WHO).

As the saying goes PREVENTION IS BETTER THAN CURE

What is a Diabetes? Diabetes, often referred to by doctors as diabetes mellitus, describes a group of metabolic diseases in which the person has high blood glucose (blood sugar), either because insulin production is inadequate, or because the body's cells do not respond properly to insulin, or both. What are the complications? \




- ➡ High Blood (Hypertension)
- ➡ Stroke
- ➡ Kidney Problem
- ➡ Cardiomegaly (Enlarged Heart)
- ➡ Retinopathy (Blindness)
- ➡ Narrowing of Blood Vessels



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