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Gout is a type of arthritis that is characterized by sudden, severe attacks of joint pain with redness, warmth, and swelling in the affected area. It usually attacks only one joint at a time. It most often strikes the joint of the big toe, where it's also known as podagra, but other toes can also be involved. It is a form of inflammatory arthritis that develops in some people who have high levels of uric acid in the blood. If you know anybody suffering from this painful health condition especially our elders, this can be of help to you or to our loved one!!!

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Health Trivia: What is GOUT???

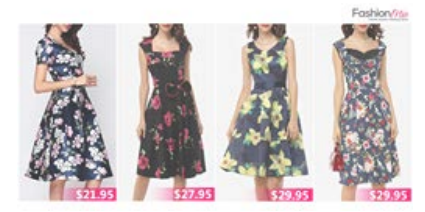
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







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