Alzheimer Disease Studies

Keep your Memory Sharp with Stem Cell Nutrition

AFA is the main ingredient in SE2

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The first scientific report on AFA was by Gabriel Cousens, M.D. (1986), in the Journal of Orthomolecular on the treatment of Alzheimer's disease. Presently there is a common belief that there is no cure or even a mention of the degenerative process called Alzheimer's Disease. Having personally experienced and witnessed in my patients the brain function enhancing qualities of a blue-green algae named aphaniotrichon flos-aquae, I was interested when I read some reports of its effects on Alzheimer's Disease. This algae is particularly high in active neurotransmitters and appeared to have positive therapeutic results in people whose general mental functioning seemed sluggish.

For my experiment I chose two individuals who had well documented Alzheimer's Disease. They had obvious deficient mental functioning. Each month, besides my notes, the state of each of the patients was assessed to fill out a questionnaire covering thought process, memory function, ability to focus, judgment, perception, emotions, ability to care for oneself, and sleep function. Each section had several categories to be evaluated from 1 to 10 for a total of 25 questions. Each case has been followed for 12 months.

The first case was a 66-year-old women with a seven-year history of Alzheimer's; the last five of which were thoroughly diagnosed in 1985 and followed at Stanford Medical Center. She had been through one choline and I.V. choline therapy without any effect on her deteriorating state. On initial exam she revealed a general aphasia. She seemed unable to express her thoughts in words, her logic and short term memory was significantly degenerated; she had great difficulty focusing on the present situation. In essence she seemed absent. She also had a severe Parkinson-like tremor, had much difficulty in walking a straight line and tended to the right.

According to the report from her husband, she was completely unable to take care of herself or even dress herself. The husband seemed hopelessly pessimistic. After one month of taking the blue green algae some decrease in the aphasia was clearly discernible. A general of awareness seemed to have returned to her eyes. Some of the heart tremors had also decreased. She was also able to put on an apron and be it something she had not done for months. She also seemed to be able to express her feelings more. By two months, her communication improved and she was able to watch TV and understand what was happening.

By six months, her husband and I both agreed on our subjective experience that her spirit, humor, and sense of awareness had significantly improved. She was now able to work intelligently with the environment. Her short term memory had improved. The aphasia had significantly improved over the past six months, but had seemed to level off in the last month. Her attention span had improved to the point that she could sit for several hours listening to music. Her judgment, reasoning ability, and clarity of thinking had significantly improved. There was no change in her long term memory. On the physical level, she had moved from not being able to dress herself to being able to put her clothes on, although sometimes backwards. She was able to walk a straight line and stand almost straight.

By 13 months, some slight improvement in these areas was noted. Her course at this point, after relatively rapid improvement in six months, seems to be a very gradual improving situation. The second case involved a 64-year-old lawyer from the fellow who was diagnosed as having Alzheimer's in 1982 after a series of nervous and psychological tests. Before he came for diagnosis his intellectual functioning and memory had significantly decreased; he could no longer perform his work, or remember what transpired beyond 15 minutes, and his IQ was measured at 85 significantly below his former level. He was put on the same protocol of the blue-green algae as the first case.

After one month his wife noted a cessation of the degenerative process. After 10 months, he noted no further obvious degeneration, yet no significant return of test function. The wife of the patient was quite pleased with the results and feels the basis of a solid husband-wife relationship has been preserved.

TWO-DIMENSIONAL DOCUMENTS have been reported - one showing some significant repair of function and the other showing cessation of degenerative process from Alzheimer's. These preliminary results suggest that Alzheimer's may be a degenerative process that indeed needs to be halted and possibly at least partially reversed by use of aphaniotrichon flos-aquae. Much has been learned about the true value of this amazing food since it became available as a third当事人的30 years ago. There are many benefits being discovered everyday with this algae & introduce this to the medical and scientific community.

Dr. Gabriel Cousens, M.D., in Happeit in Body, Mind, Spirt and April 1985 issue). The greatest value of AFA diet is not its beneficial effect on many diseases, but its ability to alter gene transcription. People taking AFA have reported an overall increase in mental alertness overall increase in mental alertness and in long term memory, improving problem-solving abilities, creating mental clarity and greater sense of concentration.

Dr. Gabriel Cousens also reports that AFA has helped his patients with diseases such as:

- Depression
- Autism
- Dysplasia
- Osteoporosis
- Chronic Fatigue Syndrome
- Aids
- Ulcers
- Hepatitis
- Alzheimer's
- People with auto-immune system disorders (such as Lupus, CFS, multiple sclerosis, diabetes, AIDS, etc.)
- They add it to their diet. Other people may find their mental activity return as a result of eating Aphaniotrichon flos-aquae. When applied to wounds, algae has been shown to promote rapid healing.

Several case studies were presented where AFA was needed to noticeably reverse the progress of this degenerative condition. Subsequently, Dr. Cousens has continued to substantiate the use of AFA especially for conditions related to mental and emotions functioning. Given this study, thousands of seniors have reported success using AFA on a daily basis.

Yours,