Zinzino has both #omega3 and olive oil in it. It only makes sense that oils would help keep your joints in good health. This article talks about the benefits omega-3 and olive oil have on reducing Arthritis pain and inflammation. #zinzino

Great article recommending omega 3 and olive oil to reduce pain and inflammation. Our balance oil has both!

How To Put Rheumatoid Arthritis Into Remission

In our modern day world, when something goes awry with our health, we often seek the advice of a medical professional to help understand what is going on and how we can treat it. While becoming aware of our ailments is important, the way in...