



## Mary's Diabetes Story

by Adam | Apr 6, 2013 | Blood pressure, Diabetes, Eczema, Reliv Story | 0 Comments

I've been suffering from diabetes and high blood pressure since 2001, using insulin three times a day and taking four different types of high blood pressure tablet. In 2010 I started having complications with my diabetes. I started suffering from numbness and burning sensations in my toes, causing me a great deal of pain and making it difficult to walk any distance. I was told by the doctors this is one of the side effects of diabetes and there was nothing they can could about it, and it could ultimately lead to amputation.

A friend of mine heard about my problem and introduced me to Reliv products. I started taking Reliv Classic and within a week I started feeling the changes in my feet, and now I am glad to say they are completely pain free. At a recent visit to a chiropodist, my feet were given a clean bill of health. On top of this I reduced the number of insulin injections from three times to just once per day, and take just one tablet per day. My blood pressure is also much more stable.

My daughter suffered with severe eczema round her lips, causing them to look very dark. I was told there was no cure, and that she couldn't use the steroid creams that have helped her arms and legs. She was just told to keep them moisturised with Vaseline. I put her in Reliv Kids Now and within four weeks her eczema was clear.

Just two shakes a day gives your body a complete, balanced, optimal blend of the vitamins, minerals, antioxidants, proteins and phytonutrients the body needs to thrive.

Reliv products will increase your energy, improve sleep patterns, and reduce pain. Maintaining good health is more than just avoiding "bad foods." It's a conscious effort to select the foods and nutrients that will yield vitality and an overall sense of well-being.

Reliv takes the guesswork out of good nutrition with our complete, balanced formulas. Our experts have done the research, combed the globe for the best ingredients, and provided them all in the proper amounts in our easy-to-use, great tasting drink mixes. Good nutrition is now as simple as making a delicious Reliv shakes part of your daily routine!

Target your special need essential nutrition that provides a solid foundation for good health. Whether you're interested in basic daily nutrition, athletic performance, weight loss, women's health, joint support, or a functional food solution to overall good health, Reliv has a solution for you.

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