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Amanda Plohr

July 25, 2012 ·

Whether your goal is to lose pounds and inches, gain lean muscle, sleep better, gain energy or just improve your overall health (IBS, Crohns, Diabetes, etc.), Isagenix works! I am living proof! If you have questions about Isagenix please don't hesitate to contact me.



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11 Comments



Darin De Souza then tell me!!

July 25, 2012 at 3:50am · Like



Missy Plohr How are things going!? Glad for you, that you are so excited about this.

July 25, 2012 at 8:18am · Like



Johnny Christmas You should post an FB album with dated pictures denoting your weight so people can see what kind of progress to expect.

July 25, 2012 at 9:01am · Like



Amanda Plohr @darin, I'll have to see if you can get it across the pond.
@missy, it's going well. Down 10.6 lbs and continuing with another 30 day. Only this time I have a great meal plan to follow.
@Antonio, well that's a snazzy idea. I will look into that!

July 25, 2012 at 2:23pm · Like



Darin De Souza What you should have done was give an explanation of what it is on your blood!

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