



GANODERMA IS GANO EXCEL



### Reishi

Reishi mushrooms have been getting a lot of attention. Their beta-glucans **increase T-cell levels** in the **immune system** which can help people suffering from immune disorders.

This immune boost can help **reduce cancer cell growth** and the spread of tumors.

Reishi mushrooms contain ganoderic acids that **lower cholesterol** and **triglyceride levels**, **lower blood pressure**, reduce the risk of blood clots and even help to correct arrhythmia.

Reishi also contains lanostan, a natural antihistamine that can **treat arthritis** and **muscle aches**.

This "medicine of kings" can **improve memory** and concentration and act as a **sleep aid** and **calming stress-buster**.

Dr. Josh Axe  
<http://www.draxe.com/going-mad-for-mushrooms/>

**It's easy to take your immune system for granted because it's so good at what it does!**

Now that you know how good is our Ganoderma, your job is to consume and share the goodness of it to the world!



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September 3 · 🌐

#### Suggested Groups



The Deplorables  
137,383 members

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