



I am an Ambassador with Plexus Worldwide, a company that is committed to helping promote and educate women and men all over the world on Breast Health & Healthy Weight Loss.

**The Breast Chek Kit (Self Exam):** Our Breast Chek Kit consists of two micro-thin layers of polyurethane with a non-toxic lubricant sealed in between. When the breast chek is placed on the breast, the bottom layer gently adheres to the skin and remains stable allowing the upper layer to slide freely underneath your fingertips. As the upper layer slides freely over the bottom layer, friction is greatly reduced. This results in what is called, "sensory touch magnification", or in other words your sense of touch is greatly improved thereby improving the effectiveness of all breast self exams you do as part of your breast health program.

**Dr. Spencer's Breast Cream:** Our Breast cream has a luxuriant ALL NATURAL formulation based on 20 years of research and testing by one of the world's leading Spirulina pioneers, Dr. Gregory Spencer. The formula includes his proprietary Spirulina technology and the natural powers of Aloe Vera, Bulgarian Rose (Otto) & French Lavender extracts.

**Plexus Slim:** Plexus Slim when used on a daily basis promotes loss of weight and inches by burning fat, not muscle. It also promotes healthy blood sugar levels, healthy cholesterol and lipid levels. Plexus Slim is safe and Diabetic friendly.

**Plexus Slim Accelerator:** When the Accelerator is used in conjunction with Plexus Slim the following may occur. Weight loss in fat and inches occurs more rapidly. Energy is increased. Appetite is suppressed and the desire to hydrate the body is increased. It is a great one-two combination. You get more rapid weight loss but you still get all the great health benefits Plexus Slim.

**Plexus Bio Cleanse:** Do you suffer from physical or mental fatigue, constipation or the inability to loose weight? Because of poor diets, stress, low activity levels, polluted air shallow breathing, many people are in a low oxygen/toxic state. Their bodies cannot keep up their metabolism in this state, and waste products begin to accumulate more rapidly than their bodies can eliminate them. Viruses, bacteria, fungi and other pathogenic microbes thrive in this condition. These microbes cannot survive in an oxygen enrich environment. Plexus Bio-Cleanse not only aids the body in releasing accumulated wastes, Bio-Cleanse helps to kill off these pathogens by increasing the level of oxygen in the body.

**ProBio5:** Do you suffer for one or more of the following: Anxiety, recurring irritability, heartburn, indigestion, lethargy, extreme food and environmental allergies, acne, dry, flaky, itchy skin, jock itch, migraine headaches, recurring cystitis/vaginal infections, premenstrual tension, and menstrual problems. If you do, your body may be over-run by Candida, a nasty yeast infection that impacts a very large percentage of the population, all ages, sexes and races. There is a very easy in home test for Candida. ProBio5 was specifically developed to deal with Candida and, as experts say, "ProBio5 is one sure way to eliminate Candida and Fungi without the crazy diets".

I feel our products go hand in hand with the mission of educating women and men on the importance of Breast Health and Healthy Weight Loss. If you have any questions, please do not hesitate to contact me.

Thank You,

Sheila Medina

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