Ancestral Supplements Grass Fed Brain (with Liver) — Supports Brain, Mood & Memory Health (180 Capsules)

335 customer reviews | 30 answered questions

About the product
- Based on the concept “like supports like,” consuming brain supports our own brain.
- Provides brain derived glandulars including pituitary, hypothalamus and pineal glands *
- Included in whole brain extract is sphingomyelin which plays a central role in the myelin sheath, cell signaling and apoptosis *
- Start with just 1 capsule a day for the 1st week... 2 capsules a day for the 2nd week... 3 capsules a day for the 3rd week and so on...
- Included in whole brain extract are neurotrophic factors such as brain-derived neurotrophic factor (BDNF) that support the survival of existing neurons and encourages the growth of new neurons *

Price: $48.00 ($0.27 / Count) & FREE Shipping. Details

In Stock. Sold by Ancestral Supplements, LLC and Fulfilled by Amazon.

Want it tomorrow, June 18? Order within 4 hrs 20 mins and choose One-Day Shipping at checkout. Details

Elevate your self care routine
Asutra, Pure Zechstein, All-Natural Magnesium Oil Spray Value Set, Ultra-Pure ...

Total price: $132.00

Add all three to Cart
Add all three to List

This item: Ancestral Supplements Grass Fed Brain (with Liver) — Supports Brain, Mood Memory Health (180 Capsules) $48.00 ($0.27 / Count)

Ancestral Supplements Grass Fed Beef Organs (Desiccated) — Liver, Heart, Kidney, Pancreas, Spleen... $38.00 ($0.21 / Count)

Ancestral Supplements Grass Fed Bone Marrow — Whole Bone Extract (Bone, Marrow, Cartilage & Collagen... $46.00 ($0.26 / Count)
Traditional peoples, Native Americans and early ancestral healers knew that eating the organs from a healthy animal would strengthen and support the health of the corresponding organ of the individual. For instance, the traditional way of treating a person with a weak heart was to feed the person the heart of a healthy animal. Similarly, eating the kidneys of a healthy animal was believed to support urinary ailments and overall kidney health... Pancreas was fed to people with pancreatic and digestive problems... and brain was consumed to support brain, mood and memory.

GRASS FED BEEF BRAIN IS [WHOLE BRAIN EXTRACT — PITUITARY, HYPOTHALAMUS, PINEAL GLAND, BRAIN]

- Pasture Raised In New Zealand
- Grass-fed & Grass-Finished
- Hormone, Pesticide & GMO Free
- Absolutely No Fillers (or) Flow Agents
- 100% Freeze Dried & Non-Defatted
- Third Party Tested For Purity
- Allergen Free
WHOLE BRAIN EXTRACT CONTAINS

- Proteins Exclusively Found And Expressed In Whole Brain Extract
- Brain Derived Glandulars Including The Pituitary, Hypothalamus and Pineal Glands
- Unique Peptides And Neurotrophic Factors Including Brain Derived Neurotrophic Factor (BDNF)
- Sphingomyelin — Found In High Concentrations In The Myelin Sheath.
- Brain Cell Activators, Phosphatidylserine & Omega-3 Fats EPA and DHA.

WHOLE BRAIN EXTRACT SUPPORTS

- Optimal Brain Health Based On "Like Supports Like".
- Memory, Mood And Cognitive Health.
- The Survival of Existing Neurons & Encourages The Growth and Differentiation Of New Neurons.
- Myelin Sheath, Signal Transduction & Apoptosis.

** FACT: There has never been a case of mad cow disease in New Zealand.

Important information

Indications
To support brain, mood and memory health.

Legal Disclaimer
† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Actual product packaging and materials may contain more and different information than what is shown on our website. We recommend that you do not rely solely on the information presented and that you always read labels, warnings, and directions before using or consuming a product.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Ingredients
New Zealand Grass Fed Brain (Bovine) 1500 MG & New Zealand Grass Fed Liver (Bovine) 1500 MG

Directions
Start with just 1 capsule a day for the 1st week... 2 capsules a day for the 2nd week... 3 capsules a day for the 3rd week and so on until reaching 6 capsules a day for the 6th week (or) as directed by a healthcare provider.
Customer questions & answers

Have a question? Search for answers

3 votes

**Question:** What does your 3rd party testers test for? Is it nutrition value, disease, and or bacteria, etc?

**Answer:** Microbes... BSE, scrapie and other known TSE's, do not occur in New Zealand. A national surveillance program is in place to provide TSE monitoring. If you’d like to see a certificate of analysis (COA) and/or health certificate that is issued by the New Zealand Ministry for Primary Industries, send us an email and we’ll... see more

By Ancestral Supplements, LLC [seller] on January 25, 2018

3 votes

**Question:** I have been advised by my doctor to consume 1-2oz of animal brain per week. How many capsules of this would be roughly equal to that amount?

**Answer:** I can’t answer that specifically but I will say you’d be making the right choice using these products from Ancestral Supplements. I have been using their marrow pancreas brain spleen and liver for the past 3 months. I haven’t felt this good in years. My knees hips and back feel great compared to before I started using ... see more

By Zachary V. on March 2, 2018

1 vote

**Question:** How much phosphatidylserine in each serving?

**Answer:** Our Grass Fed Brain (w/ Liver) supplement is a whole brain product... it is not processed nor standardized as a USP extract so we do not measure the individual constituents that comprise this deep nourishment. Each capsule contains all the brain tissue, including pituitary, hypothalamus, pineal, BDNF, sphingomyelin, ph... see more

By Ancestral Supplements, LLC [seller] on January 31, 2018

1 vote

**Question:** How much phosphatidylserine in each serving?

**Answer:** Our Grass Fed Brain (w/ Liver) supplement is a whole brain product... it is not processed nor standardized as a USP extract so we do not measure the individual constituents that comprise this deep nourishment. Each capsule contains all the brain tissue, including pituitary, hypothalamus, pineal, BDNF, sphingomyelin, ph... see more

By Ancestral Supplements, LLC [seller] on January 17, 2019

https://www.amazon.com/Ancestral-Supplements-Grass-Brain-Liver/dp/B075656YGF/ref=sr_1_7?keywords=brain+supplement&qid=1560775425&sr=8-7
335 customer reviews

4.8 out of 5 stars

<table>
<thead>
<tr>
<th>Rating</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 star</td>
<td>94%</td>
</tr>
<tr>
<td>4 star</td>
<td>2%</td>
</tr>
<tr>
<td>3 star</td>
<td>1%</td>
</tr>
<tr>
<td>2 star</td>
<td>1%</td>
</tr>
<tr>
<td>1 star</td>
<td>2%</td>
</tr>
</tbody>
</table>

By feature

- Flavor: 4.9
- Value for money: 4.8
- Pain relief: 4.4

Read reviews that mention

- bone marrow
- beef brain
- brain fog
- mental clarity
- much better
- grass fed
- highly recommend
- brain supplement
- owner brian
- organ meats
- per day
- looking forward
- high quality
- brain with liver

Showing 1-8 of 335 reviews

Victoria
February 15, 2018
Verified Purchase

I sleep so much better with this product. In addition, my thoughts are not running through my mind like a pack of wild horses. In addition, this changes my mood to wanting to get things done--like getting rid of the clutter and not having story around keeping stuff I no longer need, want, or can buy again. The pleasant space this provides for my head is the beautiful space I'm creating in my home.

lilnoitall
January 29, 2018
Verified Purchase

So I'm about three weeks into the brain supplement and I notice more clarity and no brain-fog. Here's the crazy thing. I am the first born of parents who immigrated after WWII from the former Yugoslavia. My father was a pilot in The Royal Yugoslav Air Force, captured and spent the entire war in a german POW camp. After coming to the US he corresponded with my mom to be, then brought her over here, married her and boom, I happened. My parents have been gone for well over 20 years now and I have over 200 letters from their correspondence with each other and family members. Since I retired over two years ago I was meaning to try to read these letters and organize them. A daunting task trying to read various peoples handwriting by fountain pen on see through paper. But after taking the brain supplement I finally felt like doing it. I feel like I could recall so much more of the Serbian language and that really surprised me. I also got ready for my tax appointment without the dread I usually have about doing the paperwork. It's a subtle change but definitely a helpful one.

Francisco Aguera
January 29, 2018
Verified Purchase

Highly Recommended
I bought the beef brain along with the bone marrow, as the latter was recommended by a friend. Well, they both began working almost immediately. I noticed at the end of day 3 that I was in a far better mood than usual for no reason, which is bizarre considering I'm treated for depression. I'm also recalling things better and with ease. Both the bone marrow and beef brain have already helped me in noticeable ways a week in. I highly recommend Ancestral.

102 people found this helpful

John

Improved Body AND Mental Focus

January 24, 2018
Verified Purchase

It worked... it worked... it worked!

Pursuing a graduate degree, studying abroad and managing a career tends to take its toll on one's health; mine included. My energy, digestion, heart resilience, sleep, joints and focus are not what they used to be. I chalked it up to stress, busy life, poor nutrition and the inevitable father time.

My brother, who is a Primal Certified Health Coach and total nutrition addict, convinced me to just try the Ancestral Supplements line. We started with the Pancreas and Spleen to support my digestive health... it worked! We added the Heart to support my palpitations... it worked (not perfect but 80% better; I'll take it)! We added the Trachea for the nagging joint issues... it worked! Finally, we added Brain for the sleep and focus... it worked too! In full transparency, I've also started wearing the UVEX glasses 2 hours before going to bed as well as taking 400 mg of magnesium per evening. Couldn't be happier!

Let food by thy medicine!

116 people found this helpful

Rachel

Glandular therapy works!!!

February 14, 2018
Verified Purchase

I treat hundreds of patients (human, canine & feline) through a holistic/homeopathic protocol. All healing starts with diet... PURE glandular is food! Pure glandular works along the same thought process as homeopathy “like cures like” ...science proves herbs are significantly more taxing on the system to all species/patients I treat. Science also proves that when you (or your pet) have a compromised organ, consuming that same organ from another species naturally heals (detox, regeneration, supplemental support) ...the proteins & nutrients from the consumed organ find their way to same identifying organ in our bodies. PURE GLANDULAR WORKS!!! It’s so simple & so easy that it’s almost too good to be true!

I buy AS brain & heart for my mom. She had a TIA/stroke last year. We started her in half dose of each. She increased faster than I told her to & dealt with detox symptoms such as increased itching. (She's also a type 2 diabetic who does not manage her diabetes & on synthroid for her thyroid) says to self: baby steps, baby steps, lol

Anyways, once we got over that hurdle and she finally started seeing memory/cognitive/multitasking ability improvement! Glandular therapy takes 6 weeks on full dosing to see diagnostic improvement. The

Read more

100 people found this helpful

TJ Lee Williams

Seems pricey, but it's worth it to have your mind back.

June 20, 2018
Verified Purchase

I think it works. My wife, and I have noticed a difference in how much more clear headed we both are. Well, it was either this or the fact that we stopped smoking PCP, but who knows!! GIVE IT A SHOT! Okay, listen I'm just kidding about the PCP. But seriously, this product will work for you. If I could shift gears, and just describe how much of an impact this has had on our lives, my wife is shooting quips at people all the time now, and she used to complain about how she could only think of stuff after the fact. I'm writing again, and it's going better than it probably ever has. At least I don't get frustrated, or need to grab the thesaurus every 5 minutes. We were both pretty skeptical. Even after we'd been taking it for a week or so,
but after about two weeks the difference was obvious. I'm telling all my friends about it, and they say it's the first time they've ever heard me actually like something. I don't know what they're talking about. I guess they're all rotten friends, but this stuff helps, man. My brain feels twentysomething, and in a good way.

55 people found this helpful

See all 335 reviews

Customers who bought this item also bought

Ancestral Supplements Grass Fed Bone Marrow — Whole Bone Extract (Bone, Marrow, Cartilage &…

$46.00

Disclaimer: While we work to ensure that product information is correct, on occasion manufacturers may alter their ingredient lists. Actual product packaging and materials may contain more and/or different information than that shown on our Web site. We recommend that you do not solely rely on the information presented and that you always read labels, warnings, and directions before using or consuming a product. For additional information about a product, please contact the manufacturer. Content on this site is for reference purposes and is not intended to substitute for advice given by a physician, pharmacist, or other licensed health-care professional. You should not use this information as self-diagnosis or for treating a health problem or disease. Contact your health-care provider immediately if you suspect that you have a medical problem. Information and statements regarding dietary supplements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Amazon.com assumes no liability for inaccuracies or misstatements about products.
| Amazon Music  | Stream millions of songs | Amazon Advertising  | Find, attract, and engage customers | Amazon Drive  | Cloud storage from Amazon | 6pm  | Score deals on fashion brands | Abzlibooks  | Books, art & collectibles | ACX  | Audible Publishing Made Easy | Alexa  | Actionable Analytics for the Web |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Sell on Amazon  | Start a Selling Account | Amazon Business  | Everything For Your Business | AmazonFresh  | Groceries & More Right To Your Door | AmazonGlobal  | Ship Orders Internationally | Home Services  | Handpicked Pros Happiness Guarantee | Amazon Inspire  | Digital Educational Resources | Amazon Rapids  | Fun stories for kids on the go |
| DPReview  | Digital Photography | East Dane  | Designer Men's Fashion | Fabric  | Sewing, Quilting & Knitting | Goodreads  | Book reviews & recommendations | IMDb  | Movies, TV & Celebrities | IMDbPro  | Get Info Entertainment Professionals Need |
| Prime Now  | FREE 2-hour Delivery on Everyday Items | Amazon Photos  | Unlimited Photo Storage Free With Prime | Prime Video Direct  | Video Distribution Made Easy | Shopbop  | Designer Fashion Brands | Amazon Warehouse  | Great Deals on Quality Used Products | Whole Foods Market  | America's Healthiest Grocery Store |
| Zappos  | Shoes & Clothing | Ring  | Smart Home Security Systems | eero WiFi  | Stream 4K Video in Every Room | Neighbors App  | Real-Time Crime & Safety Alerts | Subscribe with Amazon  | Discover & Try subscription services | PillPack  | Pharmacy Simplified | Amazon Renewed  | Refurbished products with a warranty |
| **Amazon Second Chance**  | Pass it on, trade it in, give it a second life | **Conditions of Use**  | **Privacy Notice**  | **Interest-Based Ads**  | © 1996-2019, Amazon.com, Inc. or its affiliates |