Douglas Laboratories - Brain Memory - Combination of Nutrients Designed to Help Keep The Mind Sharp* - 60 Capsules

9 customer reviews

About the product

- **COGNITIVE FUNCTION**: Huperzine A may help maintain cognitive function by supporting the brain's functional levels of the neurotransmitter acetylcholine.*
- **HEALTHY BLOOD FLOW**: Ginkgo biloba may facilitate the flow of blood and oxygen through capillaries to support brain health.*
- **COGNITIVE & MOOD**: Dietary supplement developed to provide nutritional support during many of the normal, age-related changes observed in brain function and cognitive health.*
- **DOUGLAS LABORATORIES** researches, develops and manufactures the right suite of rigorously designed, science-based, healthy aging supplements. With a 60-year heritage of innovating and designing nutritional products, we push the potential of active individuals to continually perform at their personal best. | *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Frequently bought together

- Total price: $101.40
  - Add all three to Cart
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**This Item:** Douglas Laboratories - Brain Memory - Combination of Nutrients Designed to Help Keep The Mind Sharp* - 60 Capsules

Price: $44.60 ($0.74 / Count) & FREE Shipping. Details

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Ad feedback

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https://www.amazon.com/Douglas-Laboratories-Combination-Nutrients-Designed/dp/B00G22W43G/ref=sr_1_180?keywords=brain+supplement&qid=1560970389...
Brain Memory, provided by Douglas Laboratories, is a synergistic combination of nutrients, specially designed to help produce the acetylcholine needed to help keep the mind stay sharp.
As we age, changes occur in many areas of our brain, notably in the prefrontal cortex and hippocampus, that can affect brain volume, neurotransmitter levels, protein and glucose metabolism, blood flow and blood vessel structure. These changes may impact our memory recall, ability to perform tasks and emotional well-being, and compromise overall quality of life. Factors such as genetics, diet, exercise and the environment can all influence cognitive health during later years. Emerging research continues to focus on how we may be able to provide nutritional support during many of the normal, age-related changes we observe in brain function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
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<th>EMOTIONAL WELLNESS*</th>
<th>RELAXATION/SLEEP*</th>
<th>COGNITIVE/MEMORY*</th>
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**Product details**

**Product Packaging:** Standard Packaging

**Product Dimensions:** 3.1 x 1.5 x 1.2 inches ; 5.1 ounces

**Shipping Weight:** 0.3 ounces (View shipping rates and policies)

**ASIN:** B00G22W43G

**UPC:** 784922825018 310539026908 764442398599 794271044152 754748021239

**California residents:** Click here for Proposition 65 warning.

**Average Customer Review:** 9 customer reviews

**Amazon Best Sellers Rank:** #104,840 in Health & Household (See Top 100 in Health & Household)

#9461 in Nutritional Supplements

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- Healthy Aging and Active Lifestyles | 0:52 | iServe Products
- Douglas Laboratories – A 60 Year Legacy | 1:12 | Seller Videos

**Important information**

**Safety Information**

**WARNING:** This product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

**Legal Disclaimer**

*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Please contact your healthcare professional immediately if you experience any unwanted side effects. The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

**Ingredients**

Amount Per Serving: GPC Choline 100 mg (Yielding 50 mg Glyceryl-phosphorylcholine), Acetyl L-Carnitine 100 mg, Ginkgo biloba extract (leaf) 25 mg (standardized to 24% ginkgo flavone glycosides and 6% terpene lactones), Huperzia serrata extract 5 mg *, (entire plant, standardized to 1% Huperzine A). Other ingredients: Cellulose, vegetable stearate and silica.
Directions
As a dietary supplement, adults take 2 capsules daily with meals or as directed by healthcare professional.

Sponsored products related to this item

Customer Questions & Answers

See questions and answers

9 customer reviews
4.7 out of 5 stars

| 5 star | 67% |
| 4 star | 33% |
| 3 star | 0%  |
| 2 star | 0%  |

Showing 1-8 of 9 reviews

Top Reviews

SUSAN LEE

After about 2 months of taking this I am starting ...

July 27, 2016
After about 2 months of taking this I am starting to feel much more alert and experience less forgetful times!

Works great
March 21, 2019
Package Type: Standard Packaging
Verified Purchase
Seems to work great

Five stars
September 3, 2017
Package Type: Standard Packaging
Verified Purchase
I have taken these for over a year and I really think it has helped my memory.

I'm going to look for a cheaper version.
June 8, 2017
Package Type: Standard Packaging
Verified Purchase

Five Stars
January 19, 2015
Verified Purchase
good!

Very good product
September 17, 2017
Package Type: Standard Packaging
My dad had Parkinson's disease which affected his memory and cognitive functioning pretty severely. The difference once he started were amazing and immediate. He went off a couple of times and we noticed a decline within a few weeks so he went back on. Hy husband uses it as well for his short term memory and to help him focus. He loves it!

it really works !
October 27, 2018
Package Type: Standard Packaging
Verified Purchase
I am 59 years old and I start at least 10 years ago having problems to remember information like names or material that I studied a couple days before. ( I am still forgetting where I put the car's key ) I have been...
taking Brain Memory for the last 6 month and I surprise myself when the information pops up in my head without effort which I really appreciate because it make my life easier and I am getting better grades in college.

4 people found this helpful

Rachel

So far so good
April 6, 2016
Verified Purchase

After a few weeks of taking these pills, I can notice a slight improvement in my memory and focus. I would probably have better results if I remembered to take them twice a day every day. Go figure! I keep forgetting to take the pills that will help with memory! I'm not sure at this point if the pills have actually made a difference, so I will try to continue adding results with time.

As for the pills themselves, they are a small caplet that is about the size of a Mike & Ike (candy). I really like the size of the pill because it is easy to swallow. Also it does not have an after taste or cause burping like some vitamins do. It does not feel like a stimulant either, and I don't feel a boost of energy after taking these.

The bottle suggests to take one before breakfast and one before dinner. I have not had any adverse effects with taking these pills alone. I have also taken them along with a colon cleanse pill from CVS (2 large supplements) and did not have any side effects then either. However, when I took these pills in combination with a thermogenic diet pill, I got sick and didn't keep the pills down. The diet pill warned that mixing certain other vitamins and supplements could have that effect, so just be careful how you mix these.

3 people found this helpful

See all 9 reviews

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$29.80
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