L Serine Brain Supplement (60 Capsules) Extra Strength Natural Nootropic for Focus, Energy, Memory, Clarity, Mental

10 customer reviews

About the product

- POWERFUL, NATURAL BRAIN BOOSTER – A nootropic supplement packed with 500mg of L-Serine, our Effective Nutra provides the right support to reduce brain fog while enhancing focus, clarity, and cognitive function.
- SUPPORT HEALTHY MEMORY – Ideal for those looking to optimize their mental and physical performance, this is more than a focus energy supplement. It helps you stay alert with greater concentration for work, school, or on-the-go travels.
- NO CAFFEINE JITTERS – Superior to other nootropics, energy drinks, or brain supplements that can leave you feeling overloaded with caffeine, our L-serine is safe, natural, and effective without all the harsh side effects.
- NON-GMO, VEGAN-FRIENDLY FORMULA – Simple and effective our L-serine capsules offer healthy brain function and all-day focus with no additives, chemicals, or impurities making it perfect for all diets and vitamin regimens.
- TRUSTED BRAND SUPPORT – Here at Effective Nutra we take pride in the purity, quality, and reliability of our supplements for men and women. As such, every bottle is backed by responsive customer service to ensure your total satisfaction.
When 2 o'clock rolls around and that afternoon lunch sets in it can be hard to stay focused and alert when you're listening to your coworkers talk during their presentation or a teacher lecture about your next assignment.

That's why we created an all-natural way to boost your mental acuity, focus, and energy levels with **Effective Nutra L-Serine**, a powerful brain supplement that supplements your cognitive function, revitalizes your energy levels, and gives you the positive performance you need to be at your best!

**All-Day Focus and Clarity**

Taken along with regular vitamin regimen our Effective Nutra brain supplement can help you continually wake up ready to take on the day without relying on unhealthy stimulants, sodas, or energy drinks for reliable and consistent support you can trust.

All Effective Nutra supplements are carefully tested in accredited labs under strict conditions to ensure they maintain purity, effectiveness, and total safety. What's more, you can enjoy improved mental focus and clarity that transition far beyond work or school. It can also help you be more physically ready at the gym and enhance runs, workouts, or exercise.

**Boost Mood and Cognitive Function**
L-Serine provides the same level of energy boost that you'd get from an energy shot or a cup of coffee, but without all the side effects or afternoon crash. In fact, it can help support your memory, mental clarity, cognitive responsiveness, and physical energy.

Product Details:
- L-Serine Brain Supplement (500 mg)
- Natural Nootropic for Mental Performance
- Promotes Focus, Clarity, Memory
- Non-GMO and Vegan Friendly
- Supports Men and Women (Adults)
- Easy-to-Swallow
- Volume: 60 Capsules

Product details
- **Shipping Weight:** 2.4 ounces (View shipping rates and policies)
- **ASIN:** B07R6P8QW5
- **UPC:** 309272904048
- **Average Customer Review:** 10 customer reviews
- **Amazon Best Sellers Rank:** #255,278 in Health & Household (See Top 100 in Health & Household)
  #286 in Ginkgo Biloba Herbal Supplements
- **Product Warranty:** For warranty information about this product, please [click here](#)

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Important information

**Legal Disclaimer**

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

**Ingredients**

L-Serine, Rice Flour, Hypromellose (Capsule), Magnesium Stearate, Silicon Dioxide

Sponsored products related to this item
I'm alert and focused! No horrible smell or taste

June 4, 2019
Verified Purchase

After doing a lot of changes, I still felt groggy and forgetful lately. Searching for a supplement that was natural, safe, not gross to swallow, and actually worked was hard to find. I tried samples but some had a weird smell and others made me sick. This supplant was actually my last try before I gave up.

I couldn't be happier with it. So this arrived and I immediately examined it and then took it. I took this pill religiously on top of my normal routine. I did eat a little first. The pill is smaller then others I tried. The best part is that there was no weird smell or after taste. It did have a little minty like taste. It wasn't so noticeable though. On a scale of 1-10 it would be a 2 where 1 being no taste and 10 being horrible gross flavor.

I been on this almost a month and will need to reorder. I feel like more of myself. Things are clearer and I'm able to get things done without forgetting where I put my keys or my phone etc. I used to have to drink coffee to give me that alertness again. Now with this in my system, I don't need the caffeine. I can focus and actually Remember what I did and I feel great!

Helpful Comment Report abuse

Rooth

Great add on supplement

June 11, 2019
Verified Purchase

It is my first time trying L Serine, I have used other supplements to help with calmness and brain function. I have enjoyed adding L serine to my list of supplements, it's been great so far!

Helpful Comment Report abuse

Juan

Vitamin

June 6, 2019
Verified Purchase

I bought this pills for my aunt she said they different love them she takes them every morning when she wakes she said they are helping her remember things cause before she will forget a lot things and now it helping her out

Helpful Comment Report abuse

tom migene tackett

Defog my brain

June 12, 2019
Verified Purchase

I stay scatter brain for the most part. I've been taking these for a week now and I seem so focused and my mind clear.

Helpful Comment Report abuse

Rea Rollins

Easy swallow pills

June 11, 2019
Verified Purchase

Pills are easy to swallow with no nasty taste. I see a difference I remeber stuff throughout my day better

Helpful Comment Report abuse

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