



All brain supplement

Shop Deals of the Day

Deliver to Guilford 06437

Today's Deals Your Amazon.com Gift Cards

EN Hello, Sign in Account & Lists Orders Try Prime 0 Cart



Back to results

L Serine Brain Supplement (60 Capsules) Extra Strength Natural Nootropic for Focus, Energy, Memory, Clarity, Mental

10 customer reviews



Price: **\$18.45** (\$0.31 / Count) **FREE Shipping** on orders over \$25 shipped by Amazon or get **Fast, Free Shipping** with Amazon Prime

In Stock. Sold by Effective Nutra and Fulfilled by Amazon.

Want it tomorrow, June 20? Order within **1 hr 19 mins** and choose **One-Day Shipping** at checkout. [Details](#)



Enjoy fast, FREE delivery, exclusive deals and Award-Winning movies & TV shows with Prime [Click here](#) and start saving today with Fast, FREE Delivery

Deliver to Guilford 06437

Qty: 1

[Turn on 1-click ordering](#)

Add to Cart

Buy Now

Add to List

[Share](#)

About the product

- **POWERFUL, NATURAL BRAIN BOOSTER** – A nootropic supplement packed with 500mg of L-Serine, our Effective Nutra provides the right support to reduce brain fog while enhancing focus, clarity, and cognitive function.
- **SUPPORT HEALTHY MEMORY** – Ideal for those looking to optimize their mental and physical performance, this is more than a focus energy supplement. It helps you stay alert with greater concentration for work, school, or on-the-go travels.
- **NO CAFFEINE JITTERS** – Superior to other nootropics, energy drinks, or brain supplements that can leave you feeling overloaded with caffeine, our L-serine is safe, natural, and effective without all the harsh side effects.
- **NON-GMO, VEGAN-FRIENDLY FORMULA** – Simple and effective our L-serine capsules offer healthy brain function and all-day focus with no additives, chemicals, or impurities making it perfect for all diets and vitamin regimens.
- **TRUSTED BRAND SUPPORT** – Here at Effective Nutra we take pride in the purity, quality, and reliability of our supplements for men and women. As such, every bottle is backed by responsive customer service to ensure your total satisfaction.

Frequently bought together



Total price: **\$36.44**

[Add both to Cart](#)

[Add both to List](#)

- ✓ **This item:** L Serine Brain Supplement (60 Capsules) Extra Strength Natural Nootropic for Focus, Energy, Memory... **\$18.45** (\$0.31 / Count)
- ✓ **Keto Collagen Peptides Capsules (60-Count) Grass-Fed Hydrolyzed Protein Supplement for Joint, Tendon...** **\$17.99** (\$0.30 / Count)

Check Out the New Garlic Softgel Everyone is Using

BRI Nutrition Odorless Garlic - 240 Softgels - 1000mg Pure and Potent ...

1,560

\$21.87 ✓prime

[Ad feedback](#)

INTRACHAMPS

Try Our Favorite Liver Support Supplement

[Shop now](#)

[Premium Detox & Repair](#)

[Ad feedback](#)

Sponsored products related to this item



(3 Pack) Brain Support Nootropic Supplement, Memory, Alertness, Brain Health, Brain...

72
\$29.99



Brain Support Nootropic Supplement, Memory, Alertness, Brain Health, Brain Function...

108
\$19.99



Organic Lions Mane Mushroom Capsules - 2100 mg Max Capsule Dose + Absorption...

142
\$21.95



Ascent Cognitive Enhancement Nootropic Supplement for Memory, Focus, Concentration,...

14
\$39.99



Organic Lions Mane Mushroom Capsules - 1800mg Strongest Lion's Mane Mushroom Supple...

133
\$17.95



Geniu Mood Relief Suppi

\$55.1

[Ad feedback](#)

What other items do customers buy after viewing this item?



L-Serine Capsules (Third Party Tested) - 2,000mg Servings Used In Clinical Study, 180 Count, 500mg per Capsule (Amino Acid for Serotonin Production and Brain Support) by Double Wood Supplements

30
\$16.95



Mediwel L-Serine -Pharma-Grade Purity and Bioavailability- Made in USA Ensuring Safety and Efficacy -120 Capsules 500mg

3
\$29.98



Pure L-Serine 500 mg - 50 Capsules by Montiff

22
\$21.60



Pure L-Serine Powder, 500 Grams (250 Serving), Powerfully Supports Production of L-Cystine, L-Tryptophan and Serotonin for Happier and Healthier Brain, US Pharmaceutical Grade, Non-GMO and Gluten Free

92
\$30.95

Special offers and product promotions

- Your cost could be **\$0.00** instead of **\$18.45!** Get a **\$50 Amazon.com Gift Card** instantly upon approval for the **Amazon Rewards Visa Card** [Apply now](#)

Have a question?

Find answers in product info, Q&As, reviews

Product description

When 2 o'clock rolls around and that afternoon lunch sets in it can be hard to stay focused and alert when you're listening to your coworkers talk during their presentation or a teacher lecture about your next assignment.

That's why we created an all-natural way to boost your mental acuity, focus, and energy levels with **Effective Nutra L-Serine**, a powerful brain supplement that supplements your cognitive function, revitalizes your energy levels, and gives you the positive performance you need to be at your best!

All-Day Focus and Clarity

Taken along with regular vitamin regimen our Effective Nutra brain supplement can help you continually wake up ready to take on the day without relying on unhealthy stimulants, sodas, or energy drinks for reliable and consistent support you can trust.

All Effective Nutra supplements are carefully tested in accredited labs under strict conditions to ensure they maintain purity, effectiveness, and total safety. What's more, you can enjoy improved mental focus and clarity that transition far beyond work or school. It can also help you be more physically ready at the gym and enhance runs, workouts, or exercise.

Boost Mood and Cognitive Function

L-Serine provides the same level of energy boost that you'd get from an energy shot or a cup of coffee, but without all the side effects or afternoon crash. In fact, it can help support your memory, mental clarity, cognitive responsiveness, and physical energy.

Product Details:

- L-Serine Brain Supplement (500 mg)
- Natural Nootropic for Mental Performance
- Promotes Focus, Clarity, Memory
- Non-GMO and Vegan Friendly
- Supports Men and Women (Adults)
- Easy-to-Swallow
- Volume: 60 Capsules

Product details

Shipping Weight: 2.4 ounces (View shipping rates and policies)

ASIN: B07R6P8QW5

UPC: 309272904048


Average Customer Review: 10 customer reviews

Amazon Best Sellers Rank: #255,278 in Health & Household (See Top 100 in Health & Household)
#286 in Ginkgo Biloba Herbal Supplements

Product Warranty: For warranty information about this product, please click here

Would you like to **tell us about a lower price?**

Related Video Shorts (0) Upload your video



Be the first video
Your name here

Important information

Legal Disclaimer

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

Ingredients

L-Serine, Rice Flour, Hypromessose (Capsule), Magnesium Stearate, Silicon Dioxide

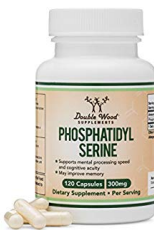
Sponsored products related to this item



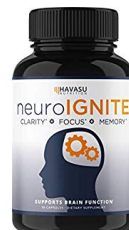
BulkSupplements L-Serine Powder (500 grams)
287
\$31.96



Relentless Improvement L-Serine
54
\$29.95



PhosphatidylSerine 300mg Per Serving, Made in The USA, 120 Capsules (Phosphatidyl S...
499
\$19.95



Extra Strength Brain Supplement for Focus, Energy, Memory & Clarity - Mental Perfor...
3,265
\$20.94



Klaire Labs CDP Choline - 250 mg Hypoallergenic Citicoline to Support Memory, Atten...
1
\$39.95



Next ' Ginkgo GINSE PHENY
\$12.9
Ad feedback

 **Your medication, delivered**  [Learn more >](#)



[Ad feedback](#)

Customer Questions & Answers

[See questions and answers](#)

10 customer reviews

5.0 out of 5 stars



Review this product

Share your thoughts with other customers

[Write a customer review](#)

1,531

[Add to Cart](#)

[Ad feedback](#)

Showing 1-8 of 10 reviews

[Top Reviews](#)

Ge R.

Read the instructions 1st

June 9, 2019

Verified Purchase

After my Two operation . I've become forgetful. So I decided to order this . So far so good but Do not mix with coffee... you will be hanging from the ceiling, upside down, in a leotard.

[Helpful](#)

[Comment](#)

[Report abuse](#)

david

Amazing!!!!

June 16, 2019

Verified Purchase

I was compelled to take a walk about 20 minutes after my first capsule, felt very empathic and more connected with nature. This is a great product that could be very powerful in the right hands.

[Helpful](#)

[Comment](#)

[Report abuse](#)

Client d'Amazon

Five Stars

June 16, 2019

Verified Purchase

Best product ever, my friend told me this was incredible and I had to try it myself.

[Helpful](#)

[Comment](#)

[Report abuse](#)



Mary

I'm alert and focused! No horrible smell or taste

June 4, 2019

Verified Purchase

After doing a lot of changes , I still felt groggy and forgetful lately. Searching for a supplement that was natural, safe, not gross to swallow, and actually worked was hard to find. I tried samples but some had a weird smell and others made me sick. This supplant was actually my last try before I gave up. I couldn't be happier with it. So this arrived and I immediately examined it and then took it. I took this pill religiously on top of my normal routine. I did eat a little first. The pill is smaller then others I tried. The best part is that there was no weird smell or after taste. It did have a little minty like taste . It wasn't so noticeable though. On a scale of 1-10 it would be a 2 where 1 being no taste and 10 being horrible gross flavor.

I been on this almost a month and will need to reorder. I feel like more of myself. Things are clearer and I'm able to get things done without forgetting where I put my keys or my phone etc. I used to have to drink coffee to give me that alertness again. Now with this in my system, I don't need the caffeine.. I can focus and actually Remember what I did and I feel great!

Helpful

Comment

Report abuse



Rooth

Great add on supplement

June 11, 2019

Verified Purchase

It is my first time trying L Serine, I have used other supplements to help with calmness and brain function. I have enjoyed adding L serine to my list of supplements, It's been great so far!

Helpful

Comment

Report abuse



Juan

Vitamin

June 6, 2019

Verified Purchase

I bought this pills for my aunt she said they different love them she takes them every morning when she wakes she said they are helping her remember things cause before she will forget a lot things and now it helping her out

Helpful

Comment

Report abuse



tommigene tackett

Defog my brain

June 12, 2019

Verified Purchase

I stay scatter brain for the most part. I've been taking these for a week now and I seem so focused and my mind clear.

Helpful

Comment

Report abuse



Rea Rollins

Easy swallow pills

June 11, 2019

Verified Purchase

Pills are easy to swallow with no nasty taste. I see a difference I remeber stuff throughout my day better

Helpful

Comment

Report abuse

[See all 10 reviews](#)

Write a customer review

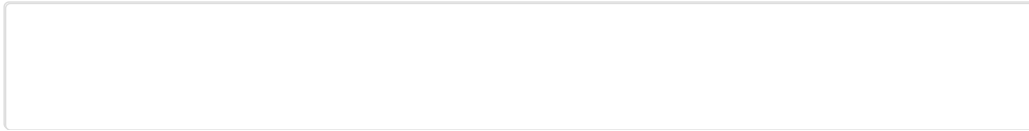
Customers who bought this item also bought



Keto Collagen Peptides Capsules (60-Count) Grass-Fed Hydrolyzed Protein Supplement for Joint,...

9

\$17.99



[Ad feedback](#)

Disclaimer: While we work to ensure that product information is correct, on occasion manufacturers may alter their ingredient lists. Actual product packaging and materials may contain more and/or different information than that shown on our Web site. We recommend that you do not solely rely on the information presented and that you always read labels, warnings, and directions before using or consuming a product. For additional information about a product, please contact the manufacturer. Content on this site is for reference purposes and is not intended to substitute for advice given by a physician, pharmacist, or other licensed health-care professional. You should not use this information as self-diagnosis or for treating a health problem or disease. Contact your health-care provider immediately if you suspect that you have a medical problem. Information and statements regarding dietary supplements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure, or prevent any disease or health condition. Amazon.com assumes no liability for inaccuracies or misstatements about products.

[Back to top](#)

Get to Know Us

- [Careers](#)
- [Blog](#)
- [About Amazon](#)
- [Press Center](#)
- [Investor Relations](#)
- [Amazon Devices](#)
- [Tour an Amazon Fulfillment Center](#)

Make Money with Us

- [Sell on Amazon](#)
- [Sell Under Private Brands](#)
- [Sell on Amazon Handmade](#)
- [Sell Your Services on Amazon](#)
- [Sell on Amazon Business](#)
- [Sell Your Apps on Amazon](#)
- [Become an Affiliate](#)
- [Advertise Your Products](#)
- [Self-Publish with Us](#)
- [› See More](#)

Amazon Payment Products

- [Amazon Rewards Visa Signature Cards](#)
- [Amazon.com Store Card](#)
- [Amazon Business Card](#)
- [Amazon.com Corporate Credit Line](#)
- [Shop with Points](#)
- [Credit Card Marketplace](#)
- [Reload Your Balance](#)
- [Amazon Currency Converter](#)

Let Us Help You

- [Your Account](#)
- [Your Orders](#)
- [Shipping Rates & Policies](#)
- [Amazon Prime](#)
- [Returns & Replacements](#)
- [Manage Your Content and Devices](#)
- [Amazon Assistant](#)
- [Help](#)

English

United States

Amazon Music
Stream millions of songs

Amazon Advertising
Find, attract, and engage customers

Amazon Drive
Cloud storage from Amazon

6pm
Score deals on fashion brands

AbeBooks
Books, art & collectibles

ACX
Audiobook Publishing Made Easy

Alexa
Actionable Analytics for the Web

Sell on Amazon
Start a Selling Account

Amazon Business
Everything For Your Business

AmazonFresh
Groceries & More Right To Your Door

AmazonGlobal
Ship Orders Internationally

Home Services
Handpicked Pros Happiness Guarantee

Amazon Inspire
Digital Educational Resources

Amazon Rapids
Fun stories for kids on the go

Amazon Restaurants
Food delivery from local restaurants

Amazon Web Services
Scalable Cloud Computing Services

Audible
Listen to Books & Original Audio Performances

Book Depository
Books With Free Delivery Worldwide

Box Office Mojo
Find Movie Box Office Data

ComiXology
Thousands of Digital Comics

CreateSpace
Indie Print Publishing Made Easy

DPReview
Digital Photography

East Dane
Designer Men's Fashion

Fabric
Sewing, Quilting & Knitting

Goodreads
Book reviews & recommendations

IMDb
Movies, TV & Celebrities

IMDbPro
Get Info Entertainment Professionals Need

Kindle Direct Publishing
Indie Digital Publishing Made Easy

Prime Now

Amazon Photos

Prime Video Direct

Shopbop

Amazon Warehouse

Whole Foods Market

Woot!

FREE 2-hour Delivery on Everyday Items

Unlimited Photo Storage Free With Prime

Video Distribution Made Easy

Designer Fashion Brands

Great Deals on Quality Used Products

America's Healthiest Grocery Store

Deals and Shenanigans

Zappos Shoes & Clothing

Ring Smart Home Security Systems

eero WiFi Stream 4K Video in Every Room

Neighbors App Real-Time Crime & Safety Alerts

Subscribe with Amazon Discover & try subscription services

PillPack Pharmacy Simplified

Amazon Renewed Refurbished products with a warranty

Amazon Second Chance Pass it on, trade it in, give it a second life